A Promoter Mutation in the Erythroid–Specific 5-Aminolevulinate Synthase (ALAS2) Gene Causes X-Linked Sideroblastic Anemia

Running Head: An ALAS2 Promoter Mutation Causing XLSA

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Soumeya Bekri, Alison May, Philip D. Cotter, A.I. Al-Sabah, Xiaojun Guo, Gillian S. Masters, and David F. Bishop

From the Department of Human Genetics, Mount Sinai School of Medicine, New York 10029 (SB, PDC, XJG, DFB); Laboratoire d’Hépato-Gastroentérologie et Nutrition -Faculté de Médecine de Nice, Universitaire de Nice, France (SB); Department of Haematology, University of Wales College of Medicine, Cardiff, CF14 4XN, UK (AM, AIA, GSM)

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Correspondence to: David F. Bishop, Ph.D.
Department of Human Genetics, Box 1498
Mount Sinai School of Medicine
New York, NY 10029, U.S.A.

Tel: (212) 659-6795

Fax: (212) 849-2508

Email: david.bishop@mssm.edu
Abstract

X-linked sideroblastic anemia (XLSA) is caused by mutations in the erythroid-specific 5-aminolevulinate synthase gene (ALAS2). XLSA was diagnosed in a 32 year old female with a mild phenotype and moderately late onset. Pyridoxine therapy had no effect in the proband, but in her affected son engendered a modest increase in hemoglobin concentration and a four-fold reduction in ferritin iron. Molecular analysis identified a C to G transversion at nucleotide (-)206 from the transcription start site, as defined by primer extension, in the proximal promoter region of ALAS2. No other mutations were found in the promoter region, the flanking intronic sequences, the exons, or the 3’ genomic region. The same mutation was found in her affected son but not in any other of her unaffected relatives. The mutation resulted in a 94% loss of activity relative to the wild-type sequence for a luciferase reporter construct containing the proximal 293 nt of the ALAS2 promoter when transfected into human erythroid K562 cells. Confirming the mutation’s deleterious effect, ALAS2 mRNA level in the proband’s erythroid precursors was reduced 87%. The mutation occurred in or near three different putative transcription factor binding sites of unknown erythroid importance. The dramatic decreases in reporter activity and mRNA level suggest that the region of the mutation may bind a novel and important erythroid regulatory element.
INTRODUCTION

X-linked sideroblastic anemia (XLSA; OMIM 301300)\(^a\) is caused by the deficient activity of the erythroid-specific form of the mitochondrial enzyme, 5-aminolevulinate synthase [E.C. 2.3.1.37; ALAS2].\(^1\)-\(^3\) Over 25 different mutations in the erythroid ALAS2 gene have been identified in XLSA patients.\(^4\),\(^5\) All of these mutations have been single base substitutions within the region of the enzyme conserved in prokaryotes (encoded by exons 5-11), leading to either an altered amino acid and reduced ALAS2 activity and/or stability or in one case, to an early stop codon resulting in a truncated protein with little or no enzymatic activity.\(^4\),\(^6\)

The clinical phenotype for XLSA is microcytic, hypochromic anemia with iron accumulation. Severity varies widely depending on the amount of residual enzymatic activity with onset of anemia typically during youth but ranging from birth\(^2\),\(^7\) to the ninth decade of life.\(^8\),\(^9\) While probands are frequently males, due to hemizygosity of the X-linked defect, females are occasionally affected, most likely due to skewed X-chromosome inactivation in favor of sparing the mutant allele.\(^8\)

The enzymatic reaction catalyzed by ALAS2 requires pyridoxal 5'-phosphate as a cofactor, and most published ALAS2 mutations have resulted in pyridoxine-responsive phenotypes as measured by consistent, even if slight, increases in hemoglobin concentration following vitamin supplementation.\(^4\),\(^6\) This is particularly apparent if iron overload has been ameliorated by phlebotomy or chelation therapy.\(^5\)

In this report, we describe a female proband with XLSA who had a mutation in the proximal promoter region of the \textit{ALAS2} gene. Her affected son also had this mutation and was mildly pyridoxine-responsive. This mutation is the first promoter mutation identified in XLSA patients and occurred in a potential transcription factor binding site, dramatically reducing the activity of a luciferase reporter construct in erythroid K562 cells and the level of \textit{ALAS2} mRNA in the proband’s erythroid precursors.

**CASE REPORTS AND METHODS**

\textit{Case report Family 10} (Families 1 to 9 were identified in this laboratory as previously described\textsuperscript{5}). The proband of Family 10 (II-4; Fig 1) was a female of Welsh descent (d.o.b. 16 May, 1944) who presented at the University Hospital of Wales at age 32 with a long-standing history of tiredness that had worsened over the previous year, breathlessness with physical exertion such as climbing stairs, and excessive perspiration.

The blood film showed anisocytosis, hypochromia and microcytosis. Laboratory analyses revealed hypochromic anemia with a hemoglobin (Hb) concentration of 10.6 g/dL (nl = 11.5 to 15.5) and MCH of 26.0 pg (nl = 27 to 34). There was slight microcytosis (MCV 80 fl; nl = 80 to 99). The size distribution of the red cells (Coulter Z-B1 counter and the C2000 Channelyzer, Beckman Coulter, Fullerton, CA) was broad, with a shift towards microcytic cells. The hemoglobin concentration distribution was also broad and strongly shifted towards hypochromic cells. Hemoglobin electrophoresis profile and globin chain synthesis ratio were normal. Her platelet count was low and her white cell count was at the lower limit of normal. Her hematologic picture was essentially unchanged from records at age 26 (Hb 10.1 g/dL, MCH 25.9
pg, MCV 82 fl) after which time she had received at least 20 administrations of oral iron. Analysis of iron at presentation (age 32 yr) showed increased stores (serum ferritin 982 µg/L, nl = 15 to 200; serum iron 46 µmol/L, nl=5 to 25; TIBC 60 µmol/L, nl = 49 to 78; transferrin saturation 78%, nl mean = 30%), possibly related to the prior iron supplementation.

The bone marrow was hypererythroid with dyserythropoiesis and 70% ringed sideroblasts. Myelopoiesis and thrombopoiesis were normal. Ferrokinetics showed increased marrow iron turnover (MIT; 369 µmol/L blood/d; nl = 70 to 140) with 84% ineffective erythropoiesis (nl = 20 to 30%) and a red cell lifespan of 95 days (nl = 65 to 145)\textsuperscript{10}. A putative diagnosis of hereditary sideroblastic anemia was made (based on her relatively young age, her persistently low MCH and her borderline normal/low MCV) and was confirmed by the presence of ringed sideroblasts in her son at age 8. She was placed on a regimen of folic acid and 150 to 300 mg/d pyridoxine with no change in hemoglobin concentration. Perhaps the response was attenuated due to inhibition by her excess iron. In previous studies, it has been noted that pyridoxine responsiveness can be recovered after removing excess iron stores.\textsuperscript{5}

When seen again around age 49, her anemia was unchanged. Representative distribution profiles for her (II-4) and selected relatives are shown in Figure 1. The broadened and shifted values are clear in comparison with her unaffected cousins (II-1 & II-2). Her iron stores were somewhat reduced from their previously elevated levels (serum iron 14.2 µmol/L, TIBC 46.2 µmol/L,

![Fig. 1](Image)
serum ferritin 370 µg/L, and transferrin saturation, 31%). The total erythrocyte protoporphyrin was raised (4.7 µmol/L RBC; nl = 0.4 to 1.7). Zinc erythrocyte protoporphyrin was approximately 1.9 µmol/L RBC. Thyroid function, liver function, urea and electrolytes were normal.

The proband's son (III-1) was born with cleft lip and palate but was hematologically normal (d.o.b. 16 December, 1973). At 11 years his hemoglobin (12.2 g/dL), MCH (26.0 pg) and MCV (75 fl) were borderline normal/low for his age, while his iron stores were normal [serum iron = 20 µmol/L, serum ferritin = 42 µg/L (nl=7 to 150), and transferrin saturation = 33%]. However, fifty percent of his erythroblasts were ringed sideroblasts, indicating some excess iron in the marrow. By age 19 his transferrin saturation had increased slightly to about 48% and his serum ferritin was about 193 µg/L (nl=15 to 300 µg/L). During a subsequent one-year period of pyridoxine supplementation, his serum ferritin decreased (53 µg/L) while his hemoglobin increased slightly from 11.4 to 12.9 g/dL (Figure 2). This is within the range of response seen in numerous XLSA patients (1.5 to 9 µg/L)⁶. The presence of a fraction of apo-ALAS2 in his reduced level of normal enzyme would be responsive to B6 supplementation. His red cells now show broad size and hemoglobin distributions (Figure 1). Total erythrocyte protoporphyrin was found increased at ages 7 (3 µmol/L blood cells) and 19 (9.0 µmol/L). Zn erythrocyte protoporphyrin at age 19 was approximately 2.3 µmol/L.

The proband's mother had been anemic (possibly aggravated by a gastric ulcer) and took iron supplements. Her red cell size distribution was broad also – somewhat similar to, but not as
marked as, her daughter's. She died at 83 years of age. No other relative had any clinical evidence of XLSA.

**Characterization of Red Cells.** MCV and MCHC histograms were determined using the H3 blood cell analyzer (Bayer-Technicon, Tarrytown, NY). Total erythrocyte protoporphyrin was analyzed by the method of Piomelli. Zinc protoporphyrin/heme ratios were measured using the ProtoFlour-Z (Helena Laboratories, Gateshead, UK) and the mean intracellular zinc protoporphyrin concentration was calculated from the MCHC.

**Determination of the ALAS2 Transcription Initiation Site by Primer Extension.** A genomic clone (λ5X-E0) was isolated from an un-amplified human lymphoid genomic library (designated λ5X; by hybridization to the human ALAS2 cDNA and the 12 kb insert was subcloned into pGEM9Z. Portions of the clone were sequenced in both orientations by the dideoxynucleotide chain termination method.

The human erythroleukemic cell line, K562, was obtained from the American Type Culture Collection (ATCC CCL 243; Manassas, VA) and subcloned on semi-soft agar. Individual clones were isolated and assayed for butyrate induction of hemoglobin. A subclone (JC2) was selected which gave 40-50% induced cells after 4 days of treatment (data not shown). Cells were maintained at a density of 2-5 x 10^5 cells/ml in Glasgow MEM with 10% fetal calf serum, 2 mM glutamine, 100 U/ml sodium penicillin G and 100 μg/ml streptomycin sulfate (all media components were from Life Technologies, Rockville, MD). Induction was carried out for 3 days in roller bottles with 1.5 mM sodium butyrate. For purification of poly (A)^+ RNA, the harvested cells were washed with saline/10 mM EDTA and 2.5 x 10^8 cells were homogenized with 7 ml of
4 M guanidine thiocyanate, 0.5% N-lauroyl sarcosine, 25 mM sodium citrate, pH 7.0, 0.7% 2-mercaptoethanol and 0.1% antifoam A (Dow-Corning, Midland, MI) in a Potter-Elvehem homogenizer.\textsuperscript{15} The solution was overlaid on 4 ml of 5.7 M cesium chloride in 25 mM sodium citrate, pH 5.0, and centrifuged at 35,000 rpm in an SW41 rotor (Beckman, Palo Alto, CA) for 20 hr at 20 °C. The RNA pellets were washed once with 400 µl of EtOH and air-dried. Following solution in 3 ml of H₂O, 10 ml of TE was added and the RNA extracted twice with phenol/chloroform and once with chloroform. The RNA was precipitated at -20 °C overnight after addition of 1/10 volume of 3 N NaOAc and 2 volume EtOH. The precipitate was collected at 10,000 x g for 20 min, washed with 70% EtOH, air-dried and redissolved in 2 ml of TE. Poly (A)\textsuperscript{+} RNA was selected from 4-10 mg of total RNA with oligo dT cellulose (Type 3, Collaborative Research, Bedford, MA) as described except for the omission of the 0.1 M NaCl wash.\textsuperscript{16}

For each primer extension annealing reaction, 20 µg of poly (A)\textsuperscript{+} RNA was precipitated with EtOH and then dissolved in 30 µl of hybridization buffer containing 10 mM Tris-HCl, pH 7.4, 0.4 M NaCl, 1 mM EDTA and 5-7 pmoles of end-labeled ([γ\textsuperscript{32}P]ATP) ALAS2 primer #2060 (Table 1). After incubation at 90 °C for 3 min, the sample was annealed at t\textsubscript{m}-12 °C for 2 hr and then quickly chilled in ice-water. The primer-annealed RNA was precipitated for 1 hr at 4 °C after the addition of 170 µl H₂O and 400 µl of EtOH. The pellet was washed with 70% EtOH and air-dried. For primer extension, the pellet was dissolved in 20 µl of reverse transcriptase reaction buffer (50 mM Tris-HCl, pH 8.0, 50 mM KCl, 10 mM MgCl\textsubscript{2}, 5 mM DTT, 1 mM each dNTP, 1 U/µl RNasin and 50 µg/ml actinomycin D). The reaction was initiated with the addition of 50 units of Super AMV reverse transcriptase (Molecular Genetic Resources, Tampa, FL) and
incubated at 42 °C for 2 hr. The reaction mixture was then precipitated for 1 hr with 2 vol EtOH at 4 °C. The precipitated pellet was resuspended in 4 µl TE, pH 7.4 and 6 µl loading buffer (95% formamide containing 20 mM EDTA, 0.05% bromophenol blue and 0.05% xylene cyanol) was added. The primer extension products were analyzed on a 0.4 mm x 40 cm 8% polyacrylamide sequencing gel. The size standard consisted of a sequencing reaction using the identical end-labeled primer as sequencing primer and an ALAS2 genomic clone template (3.3 kb Xba I fragment in pGEM4Z). Sequencing was conducted according to the manufacturer’s protocol for Sequenase (USB, Cleveland, OH) with the following modifications: Plasmid DNA (5 µg) was denatured in 20 µl of 0.2 N NaOH. All four dNTP’s were added and the radioisotope was supplied by 3 pmoles of the 5’-end labeled primer. Autoradiography was for 36 hr with one Cronex Lightening Plus (Dow Chemical Co, Midland, MI) intensifying screen, or for 5 days with no screen.

Mutation analysis in the Proband’s ALAS2 Gene. Genomic DNA was isolated by standard techniques from peripheral blood of the proband and other family members. Amplification and sequencing of each ALAS2 gene exon with 50 to 100 nt of flanking intronic sequences, 1 kb of 5’ flanking sequence and 350 bp of 3’ flanking sequence were accomplished as previously described. For confirmation of the promoter mutation by restriction analysis, mismatch PCR was designed using primers listed in Table 1 and the Expand High Fidelity System (Roche Molecular Biochemicals, Indianapolis, IN). The mismatch in the sense primer (#432) in the presence of the mutation created a Dde I site. The restriction digests were electrophoresed in 3.5% MetaPhor agarose (FMC Bioproducts, Rockland, ME). For polymorphism analysis, 120
alleles from normal unrelated Caucasian females were assessed by mismatch PCR and digestion with \textit{Dde} I.

\textit{Molecular analysis of the \textit{HFE} gene.} The C282Y and H63D mutations of \textit{HFE} gene were studied as previously described\textsuperscript{5} using HotSTaR\textsuperscript{TM} DNA polymerase (Qiagen, Valencia, CA). The C282Y mutation created an additional \textit{Rsa} I site while H63D mutation resulted in the deletion of a \textit{Sau3A} I site. The restriction digests were electrophoresed in 2.5% Ultrapure agarose (Life Technologies).

\textit{Promoter-Reporter Gene Expression Construct with the \textit{ALAS2} -206G Mutation.} In order to study the effect of the promoter point mutation, constructs were generated using the promoterless pGL3 Basic luciferase reporter vector (Promega, Madison, WI). DNA from a normal individual and the proband’s son were used as templates to obtain the normal and the mutant promoter sequences respectively. A GC clamp and a \textit{Hind} III site were added to the sense primer, while a GC clamp, an \textit{Nco} I site and the pGL3-Basic sequence from the \textit{Nco} I site to the \textit{Hind} III site were added to the antisense primer \#769 (Table 1). The most proximal 293 bp of the \textit{ALAS2} promoter sequence including 28 bp of exon 1 was PCR amplified and the product was digested by \textit{Hind} III and \textit{Nco} I and ligated to the \textit{Hind} III-\textit{Nco} I digested pGL3 Basic vector to generate the normal erythroid promoter (Nl-EPr293) and mutant (Mu-EPr293) reporter constructs. The insert and junction sequences in the construct were confirmed in both orientations.

\textit{Cell Lines, DNA Transfections and Reporter Assays.} The human erythroleukemia cell line K562 (subclone JM; selected on semisof agar for maximum inducibility by butyrate, Jayati and
Bishop, unpublished) was maintained in suspension in Glasgow Eagle’s media (MEM; Life Technologies) with 10% Fetal Bovine Serum (FBS) 1% penicillin-streptomycin and 2 mM glutamine. The 293T human embryonic kidney epithelial cells (ATCC CRL 11268) were grown attached in Dulbecco's modified Eagle's medium (DMEM; Life Technologies) with 10% (FBS) 1% penicillin-streptomycin and 2 mM glutamine.

The cell lines were cotransfected with the firefly (Photinus) luciferase promoter-reporter gene constructs described above and with a Renilla luciferase tyrosine kinase promoter gene construct (RL-TK; Promega) as an internal transfection control. The pGL3 Control vector (Promega) containing the firefly luciferase gene with a tyrosine kinase promoter was used as a positive control. Plasmid DNA was purified using the Qiagen maxi-prep procedure. For K562 cells, transient transfection was performed with the DMRIE-C reagent (Life Technologies) according to the manufacturer's instructions. Two million cells were resuspended in 100 µl of serum-free media with 2 µg of firefly luciferase reporter plasmid and 50 ng of Renilla luciferase vector. Lipofectamine reagent (Life Technologies) was used for transient transfection of 293T cells according to the manufacturer’s recommendations. Six-well plates were seeded with 2x10^5 cells/well in antibiotic-free DMEM 24 h before transfection such that they were ~70% confluent at the time of transfection. Firefly and Renilla luciferase vector cDNAs were used at concentrations of 1 µg/well and 10 ng/well respectively.

Reporter gene expression was quantitated according to the instructions for the Dual Luciferase Reporter Assay System (Promega). Following transfection, cells were grown for 4.5 h. After addition of 1 ml of complete media, the plates were further incubated for a period of 48 h. Cells were harvested, washed, lysed in a volume of 200 µl and frozen at -95°C prior to assay. Aliquots (20 µl) were quantitated in 96-well microtiter plates in a DYNEX Model MLX
luminometer (Thermo Labsystems, Chantilly, VA) with a 10 sec integration time for each luciferase reaction. Firefly luciferase activity was normalized to the activity of the *Renilla* luciferase transfection control and expressed as the fold-change from the normal promoter activity. Extracts from each transfection were assayed in triplicate for at least three independent transfection experiments. The results were expressed as means ± SD.

**Quantitation of ALAS2 and FECH mRNA in Cultured Peripheral Erythroid Precursors.** Mononuclear cells were isolated from 20 ml of platelet-depleted peripheral blood obtained from the proband and normal individuals by Histopaque™ (Sigma-Aldrich, Ltd., Dorset, UK) density centrifugation. After 2 hr incubation in 200 ml plastic flasks, non-adherent mononuclear cells were cultured at a density of 5x10^5/ml in 0.5 ml volumes of serum-free medium containing 0.83% methylcellulose, 1.9 ng/ml interleukin 3 and 2 units/ml recombinant erythropoietin. After 12 days, erythroid bursts from 8 to 16 wells were harvested into ice-cold phosphate buffered saline (PBS), washed twice with PBS and counted. Cells were deposited onto slides by cytocentrifugation for morphological examination and the remainder (approximately 500,000 cells) were resuspended in 10 volumes of ice-cold RNALater™ (Ambion Inc., Austin, Texas), left on ice for 1-4 hr and stored at ambient temperature. RNA isolation was performed using Trizol reagent (Invitrogen) following the manufacturer’s instructions. K562 RNA for optimization of real-time PCR was isolated using 10^7 cells.

The RT-PCR primers were designed using mRNA sequences for the *ALAS2*, ferrochelatase (*FECH*) and glyceraldehyde-3-phosphate dehydrogenase (*GAPDH*) genes obtained from the National Center for Biological Information website (http://www.ncbi.nlm.nih.gov), and Primer Express™ software. The primer sets crossed intron/exon boundaries of genomic sequences
ensuring amplification of mRNA only. The respective forward and reverse primers for ALAS2 were CTGCCAGGGTGCGAGATT and TTGGCTGCTCCACTGTACG, for FECH they were TTGTTCCTCAAGGCCCTGGC and GCGGACAGCTCAGGGTCA and for GAPDH, they were TCATGGGTGTGAACCATGAGA and GCTTAAGCAGTTGGTGTTGCA. cDNA was synthesized from 500 ng to 1 µg of total RNA in 100 µl using random hexamers and TaqMan Reverse Transcription Reagents (Applied Biosystems). Quantitative PCR was performed using 5 µl of cDNA with 400 nM of both sense and antisense primers (Invitrogen, Groningen, the Netherlands) in a final volume of 25 µl using the Sybr Green PCR core reagents in an ABI PRISM 7000 Sequence Detection System instrument (Applied Biosystems). Fluorescence was generated by laser excitation of Sybr Green bound to double-stranded DNA. Single transition dissociation curves for all three amplicons indicated the absence of non-specific side reactions and primer dimer artifacts. PCR conditions were: 2 min (50°C), 10 min (95°C), and 40 cycles of 15 s (95°C) and 1 min (60°C). Measurements were carried out in triplicate for each sample. GAPDH cDNA amplifications were used to control for variability in the initial quantities of cDNA.

To evaluate PCR efficiency for each set of primers, serial dilutions of reverse transcribed K562 RNA (1/10 ; 1/100 ; 1/1000) were amplified, and the slopes of plots of \( \Delta C_T \) (test sample cycle threshold \( C_T \) minus control sample \( C_T \)) versus log cDNA input were found to be \( \leq 0.1 \), indicating that amplification efficiency was similar and that relative quantitation of ALAS2, FECH and GAPDH was valid. The ALAS2-to-GAPDH and the FECH-to-GAPDH ratios in each sample were calculated using the formula \( 2^{-\Delta C_T} \) as defined in Applied Biosystems User Bulletin #2: ABI PRISM 7700 Sequence Detection System.
RESULTS

Confirmation of the Transcription Initiation Site for Human ALAS2. Previously, Cox et al. had identified two ALAS2 initiation sites of equal usage 52 and 53 nt upstream from the translation initiation site in mRNA from human fetal liver. To confirm this result, we performed primer extension analyses using poly(A)⁺ RNA isolated from butyrate-induced K562 cells (see Methods). A high degree of accuracy in the determination of the extension size was achieved by using the identical end-labeled extension primer (hybridizing to ALAS2 exon 1) to generate a sequencing ladder from an ALAS2 genomic clone. Hence, the identity of the terminal nucleotides of the extension products could be read directly from the antisense sequence of the genomic ladder. Major and minor extension products were observed corresponding to 5’ UTRs of 52 and 51 nt, respectively (Figure 3). These results establish the cytosine 52 nt upstream from the translation initiation site as the transcription start site in K562 mRNA. Although the previous study differed from these results in that signals of equal intensity were observed corresponding to 5’ UTRs of 53 and 52 in fetal liver mRNA, there too, the same nucleotide was designated as the transcription start site.

Characterization of Genomic ALAS2 and Identification of a Point Mutation in the ALAS2 Promoter. Sequence analysis of a genomic ALAS2 clone (λ5X-E0) demonstrated that 899 bases 5’ of the transcription start site and 109 bases 3’ were identical to nucleotides 17289 to 18297 of GenBank Accession number Z83821. The analysis of the 11 exons, the intron-exon junctions
and the 5' and 3' flanking sequences of the ALAS2 genomic DNA from the proband's son led to the identification of a single point mutation, a C to G transversion in the ALAS2 promoter (Figure 4). This mutation was 206 bp upstream from the transcription start site (−206C→G, Figure 5). Mismatch PCR analysis of DNA from the proband and additional family members was used to confirm the presence of the mutation. One of the PCR primers (#432, Table 1) contained a mismatch near the 3’ end such that in combination with the -206 C→G mutation, a Dde I site was created. This analysis showed that the proband was heterozygous and her affected son was hemizygous for the mutation while the other unaffected family members were normal (Figure 6A). This mutation was not found in any of 120 alleles in unrelated Caucasian females, indicating that this mutation was not a polymorphism (data not shown).

Hemochromatosis (HFE) Gene Mutation Analysis. The proband, son, and 3 family members were screened for HFE mutations C282Y and H63D by PCR and restriction site analysis. No C282Y mutation was found (data not shown), while the DNA from the proband, her half-sister
and a male cousin showed a heterozygous pattern for the H63D mutation (208, 138 and 70 bp, Figure 6B). Her son and female cousin were normal (138 and 70 bp). Thus, genetic hemochromatosis was absent in this family.

**Functional Analyses of the Promoter Point Mutation.** To investigate the effect of the -206C→G point mutation on the function of the ALAS2 promoter, reporter constructs Nl-EPr293 and Mu-EPr293 were used in transient transfections of butyrate-induced human erythroid (K562) cells and untreated human embryonic kidney (293T) cells. For human erythroid K562 cells in the presence of the -206C→G mutation, ALAS2 promoter activity was dramatically decreased to 6.2% of the activity of the normal promoter construct (Figure 7A). In contrast, in non-erythroid 293T cells the -206C→G mutation was associated with a slight increase (34%, but with overlapping standard deviations) in promoter activity relative to the normal promoter construct (Figure 7B).

The levels of ALAS2 and FECH mRNA relative to endogeneous control GAPDH mRNA were determined by real-time quantitative PCR as described in Methods. ALAS2 mRNA from erythroblasts obtained from the proband’s peripheral blood BFU-E which had been differentiated in culture for 12 days was reduced, on average, 87±8% (n=3) from that in cells from two normal individuals. Of interest, FECH mRNA in erythroblasts derived from the proband was reduced 61±28% (n=3) from that in the cells from two normal individuals.
Motif Analysis of the ALAS2 Proximal Promoter Region. The sequence of the region including the promoter point mutation was analyzed for putative transcription factor binding motifs using the MatInspector program version 5 and the Transfac version 5 database based on perfect matches to the core sequences and optimized overall homology. Alignments of putative transcription factor binding sites with the sequence surrounding the -206 mutation (core similarity=0.75) were identified for three factors including Cdx2, the mammalian caudal-related intestinal transcription factor; MEF2, the myocyte enhancer factor; and a half-site for RORE, a hormone response element (Figure 5B). Additional putative and known sites in the sequence are noted which may play a role in the regulation of ALAS2 transcription, possibly in relationship with the -206 site.

DISCUSSION

It is not common for point mutations in the promoter region to cause human disease. As of February, 2002, the statistical tables of the Human Gene Mutation Database indicated they accounted for 246 (0.8%) of 30,641 known mutations. Presumably, because multiple factors support the optimal transcriptional complex, a defect in a single transcription factor's binding may not substantially affect the enzymatic activity of the gene product. On the other hand, increasing attention is being focused on regulatory mutations that cause disease. For example, point mutations in five different sites in or adjacent to the EKLF binding motif, CACCC, and in all positions of the TATA motif have been found in patients with β-thalassemia. Mutations in
the erythroid-specific GATA1 binding motif, WGATAR, in gene promoters have been shown to cause δ-thalassemia\textsuperscript{23} and congenital erythropoietic porphyria.\textsuperscript{24}

In this report, the first regulatory mutation in the \textit{ALAS2} gene to cause XLSA was identified. Position -206 in the proximal promoter region of a sideroblastic anemia proband contained a C to G transversion that resulted in moderately late onset of a classical XLSA clinical phenotype in the proband. The proband and her son were the only individuals in this family to have the -206 mutation and to display clinical phenotypes consistent with a defect in heme biosynthesis.

To characterize the mutation’s effect with respect to cellular regulation, pGL3 reporter constructs were made containing -293 to +28 of \textit{ALAS2} genomic sequence with and without the G to C transversion. Transfection of these constructs in butyrate-induced erythroid K562 cells resulted in a strong (94\%) decrease of the activity of the mutated proximal promoter with respect to the wild-type construct. In contrast, this mutation did not lower the luciferase expression in the 293T embryonic kidney cells, indicating that the un-mutated site bound (or failed to bind) an erythroid-specific factor. Confirming the functional relevance of the mutation, real-time quantitative PCR demonstrated that the proband’s \textit{ALAS2} mRNA level in peripheral erythroblasts was reduced 87\% relative to two normal control patients.

Thus, the coincidence of the disease phenotype with the presence of the -206 mutation, the lack of detection of any other mutations in the \textit{ALAS2} gene, the absence of this mutation in 120 normal alleles, the functional deficit of promoter activity caused by this mutation in luciferase reporter assays, and the 87\% reduction in erythroblast \textit{ALAS2} mRNA levels all support the -206C\textsuperscript{→}G mutation as the cause of XLSA in this family.

Whereas red cells from female heterozygotes with pyridoxine-responsive XLSA can frequently be separated into two distinct populations of red cells of different size and/or cell
density (i.e. intracellular hemoglobin concentration), the red cell size and hemoglobin density histograms for both the proband and her son showed similar broad distributions (Figure 1). This is consistent with a nearly complete Lyonization of the proband’s marrow erythrocytes to the mutant genotype, the finding of an 87% reduction in \textit{ALAS2} mRNA and the clinical expression of the XLSA phenotype.

The modest elevation of free erythrocyte protoporphyrin observed in both the proband and her affected son may be due to the observed 61% reduction in \textit{FECH} mRNA in peripheral erythroblasts cultivated from the proband. The cause of this reduction is unexplained. It is interesting that total protoporphyrin is also somewhat elevated in the homozygous porphyrias\textsuperscript{25} where, as in this case of promoter down-regulated \textit{ALAS2}, heme pathway intermediates would be expected to be in low concentration. Nonetheless, most studies have found that free erythrocyte protoporphyrin is low in pyridoxine-responsive anemias (e.g. Horrigan and Harris\textsuperscript{26}).

The promoter mutation described in this report altered a region of the human \textit{ALAS2} gene in which transcription factor binding sites had not previously been identified. Analysis of the mutation site and nearby sequences using motif search programs such as MatInspector Professional and SIGSCAN identified three candidate transcription factor motifs including Cdx2, MEF2, and RORE (Fig 5B).

Cdx2 is intestine-specific and a member of the \textit{caudal}-related homeobox gene family. It participates in the development and differentiation of the intestinal epithelium\textsuperscript{27-29} With the exception of -206C, the surrounding bases were a perfect match to the matrix consensus (Figure 5B1). Although there are no reports showing erythroid expression of Cdx2, one could speculate that some related protein plays a permissive role in \textit{ALAS2} expression.
The RORE binding protein (Fig 5B2) is a member of a subgroup of the nuclear hormone receptor superfamily for which no ligands have been identified. It can bind to RORE half-sites as a monomer due to the increased specificity of adjacent AT-rich sequences.\textsuperscript{30,31} Adjacent ROREs similar to those shown in Figure 5B have been shown to serve as binding sites for retinoic acid receptor and retinoid X receptor heterodimers.\textsuperscript{32} The expression of nuclear orphan receptor TR4 in hematopoietic cells\textsuperscript{33} suggests that some nuclear hormone receptor may be important for ALAS2 transcription.

Members of the MEF2 family were originally shown to regulate the transcriptional activity of most muscle-specific genes in myogenesis.\textsuperscript{34} Subsequently, MEF2 was found to play roles in proliferation and apoptosis in additional cell types.\textsuperscript{35} The -206G mutation created a nearly perfect match to the MEF2 consensus, (Fig. 5B), suggesting that an erythroid analogue of MEF2 might be a negative regulatory factor.

It had previously been demonstrated that the region between -124 and -293 bp of the human ALAS2 promoter increased reporter gene expression three-fold in MEL cells and 1.5 fold in K562 cells.\textsuperscript{36} Thus, some as yet unidentified transcription factor could be binding to a response element at the -206C site and activating ALAS2. Further studies of the promoter mutation region will require specific binding assays such as electrophoretic shift and footprinting in erythroid cells, to uncover the mechanism by which this mutation disrupts the transcription of ALAS2 gene, perhaps revealing important new functions of the ALAS2 promoter and potentially those of other erythroid-specific genes.

ACKNOWLEDGMENTS
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Table 1. PCR Primers and Conditions for Amplification of ALAS2 from Genomic DNA.

<table>
<thead>
<tr>
<th>Amplified Region</th>
<th>Primer Coordinates&lt;sup&gt;1&lt;/sup&gt;</th>
<th>Primer No.</th>
<th>Temp (°C)</th>
<th>Size (bp)</th>
<th>Oligonucleotides&lt;sup&gt;2&lt;/sup&gt;</th>
</tr>
</thead>
<tbody>
<tr>
<td>Proximal promoter</td>
<td>UP17888</td>
<td>768</td>
<td>55</td>
<td>367</td>
<td>5'-GCCGCCAAGCTT[TTGAGGAGATCTATAGTCAGAGGAGG-3’</td>
</tr>
<tr>
<td>(-)293 to (+)28</td>
<td>LP18203</td>
<td>769</td>
<td></td>
<td></td>
<td>5'-GCCGCCCCATGGTGTTTACCAACAGTACCGGAATGCC</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mismatch PCR</td>
<td>UP17956</td>
<td>432</td>
<td>60</td>
<td>327</td>
<td>5'-TCCAAAGCCCCAATGAGCTAATCTTT-3’</td>
</tr>
<tr>
<td>Promoter Mutation</td>
<td>LP17980</td>
<td>128</td>
<td></td>
<td></td>
<td>5'-GCCGCCGAATTCAGCTGGCAGACCAGAGATA-3’</td>
</tr>
<tr>
<td>Primer Extension</td>
<td>2060</td>
<td></td>
<td></td>
<td></td>
<td>5'-CTGTTGCCCTGCACTGAGGACG-3’</td>
</tr>
</tbody>
</table>

<sup>1</sup>Coordinates corresponding to the 5’ ends of the primers are taken from the GenBank genomic clone Z83821. UP=upper strand primer; LP=lower strand primer.

<sup>2</sup>The vertical bar indicates the beginning of the ALAS2 genomic sequence. The annealing temperatures are for the regions to the right of the vertical bar. Hind III, Nco I and Eco R I sites introduced for cloning purposes are underlined in primers No. 768, 769, and 128, respectively. The mismatched cytosine in primer #432 is indicated in bold.
FIGURE LEGENDS

Figure 1. **Hematologic profiles of family 10.** Red blood cell hemoglobin concentration and red cell volume histograms for members of the Proband’s (II-4) family.

Figure 2. **Effect of pyridoxine supplementation on hemoglobin and iron stores of the proband’s son.** In the upper panel, blood hemoglobin concentrations are indicated by closed circles and serum ferritin concentrations by closed squares. In the lower panel, the bar indicates a one year period of supplementation with 100 mg per day oral pyridoxine.

Figure 3. **Primer extension of ALAS2 poly (A)$^+$ RNA.** Electrophoretic separation of primer extension products was carried out in denaturing polyacrylamide gel electrophoresis as described in Methods. Lanes 1 and 6 are primer extension products of poly (A)$^+$ RNA by an ALAS2 exon 1 primer. Lane 7 is an extension control with no template. Lanes 2 to 5 and 8 to 11 are sequencing extension products from a genomic ALAS2 clone.

Figure 4. **Fluorescent dideoxy sequence analysis of the ALAS2 gene promoter.** The bases are distinguished by heavy solid lines - G, light solid lines - A, dashed lines - T and dotted lines - C. Top panel: normal female control; middle panel: heterozygous female (proband), and bottom panel: hemizygous son of the proband. The mutated base is indicated by an arrow.

Figure 5. **Transcription factor motif analysis of the ALAS2 promoter.** (A) Sequence of the ALAS2 promoter, exon 1 and part of intron 1. Putative transcription factor binding sites are boxed.
with the factor identified above and an arrow indicating the orientation relative to the normal convention. The mutation -206C→G is boxed. Hpa II sites are underlined. (B) Alignments of consensus sequences (MatInspector matrices) for 1. Cdx2, 2. RORE, and 3. MEF2. Dots indicate bases in the normal ALAS2 promoter aligning with the motif consensus. A vertical arrow marks the C that is mutated to a G in the proband.

Figure 6. Restriction analysis of the proband and family members. (A) The presence of the -206C→G mutation was detected by mismatch PCR and restriction analysis with Dde I as described in Methods. The PCR product in the presence of the mutation had an additional Dde I restriction site. Lanes 1, 2, and 3 showed the restriction fragments from normal individuals (128, 75, 66 and 58 bp). Lane 4 shows the restricted PCR products of the heterozygous proband (128, 105, 75, 66, 58 and 23 bp), while Lane 5 shows the restriction fragments from her hemizygous son were (105, 75, 66, 58 and 23 bp). The 23 base pair fragment is not resolved on this gel. (B) Lanes 1 and 5 show a normal pattern for Sau3A I digestion of the PCR-amplified region of the H63D mutation of the HFE gene (138, and 70 bp; the weak 208 bp band is due to incomplete digestion). Lanes 2 to 4 demonstrate that three family members are heterozygous for the H63D mutation (208, 138 and 70 bp).

Figure 7. Transient expression of luciferase reporter constructs for the ALAS2 promoter. Firefly luciferase activity was normalized to the activity of the Renilla luciferase as described in Methods and expressed as the fold-change from the normal promoter activity in the same assay. (A) Expression in K562 cells. (B) Expression in 293T cells. Results are the average of two
independent experiments with each sample assayed in triplicate. Error bars indicate one standard deviation from the mean.
REFERENCES


A promoter mutation in the erythroid-specific 5-aminolevulinate synthase (ALAS2) gene causes X-linked sideroblastic anemia

Soumeya Bekri, Alison May, Philip D Cotter, A I Al-Sabah, Xaiojun Guo, Gillian S Masters and David F Bishop