In Vivo Treatment With Granulocyte Colony-Stimulating Factor Results in Divergent Effects on Neutrophil Functions Measured In Vitro

By Patrick J. Leavey, Karen S. Sellins, Gail Thurman, David Elzi, Andrew Hiester, Christopher C. Silliman, Gary Zerbe, J. John Cohen, and Daniel R. Ambruso

We have studied the effects of granulocyte colony-stimulating factor (G-CSF) administration to normal individuals on a variety of functional and biochemical neutrophil characteristics that relate to host defense. G-CSF adversely affected neutrophil (polymorphonuclear leukocyte [PMN]) chemotaxis. While this could be partially explained by reduced assembly of neutrophil F-actin, we also recognized an elevated cytosolic calcium mobilization and a normal upregulation of neutrophil CD11b. G-CSF resulted in reduced PMN killing of Staphylococcus aureus with a 10:1 (bacteria: neutrophil) ratio and normal killing with a 1:1 ratio. In association with this, we demonstrated divergent effects on the respiratory burst of intact cells and divergent effects on the content of marker proteins for neutrophil granules. While G-CSF may have resulted in increased content of cytochrome b558 in the cell membrane, it did not alter the amounts of cytosolic oxidase components. After therapy, there was normal content of the azurophilic granule marker, myeloperoxidase, decreased content of the specific granule marker, lactoferrin, and normal content of lysozyme (found in both granules classes). Finally, G-CSF therapy markedly reduced the apoptotic rate of the isolated neutrophil. Therefore, considering disparate functional and biochemical activities, the real benefit of G-CSF therapy may lie in enhanced number and survival of neutrophils.

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the study. All subjects gave informed consent for this study through a protocol, which was approved by the Colorado Multiple Institutional Review Board. As experimental controls, we studied healthy adult volunteers not receiving cytokine administration who also satisfied enrollment criteria. Each treatment volunteer [referred to as treated volunteer(s)] was paired to a sex-matched control volunteer [referred to as control(s)]. G-CSF was administered once daily by subcutaneous injection (10 μg/kg/d) for 7 consecutive days. Fourteen treated volunteers and controls were studied, nine men and five women, in each study group. The administration of G-CSF was well-tolerated. Prominent side effects included bone pain and headache in most treated volunteers (grade I and II, mild and moderate severity). These symptoms were responsive to nonnarcotic analgesics (ibuprofen and acetaminophen). In one treated volunteer, G-CSF administration was discontinued on the fifth day because of severe bone pain. All of the symptoms resolved within 24 to 48 hours of discontinuing G-CSF. All treated volunteers demonstrated a significant increase in total leukocyte count from a mean of 4.87 ± 0.28 on day 0 to a mean of 31.61 ± 1.54 on day 4 (10^6 cells/mL; mean ± standard error of mean [SEM]), a mean absolute neutrophil count of 2.64 ± 0.17 on day 0 to 24.92 ± 1.43 on day 4 (10^6 cells/mL; mean ± SEM) and a mean percent band count of 1.1 ± 0.7 on day 0 (range, 0% to 7%) to 18.6 ± 2.4 on day 4 (range, 5% to 39%). By day 1, the mean percent band cell was 15.3 ± 2; by day 2, 19.9 ± 3, and by day 3, 13.1 ± 2. Absolute neutrophil and band counts were based on manual differential counts. Cell isolation. Heparinized (1 U/mL) peripheral blood samples were obtained before cytokine administration on the first day of the protocol (day 0, D0) and on the fifth day of administration (day 4, D4) from both study groups (controls and treated volunteers). Blood samples were drawn approximately 1 hour after the administration of G-CSF on day 4. Neutrophils were isolated by dextran sedimentation, Ficoll-Hypaque centrifugation, and hypotonic cell lysis, as previously described.20 These cells were greater than 98% viable as determined by the trypan blue exclusion test. Intact cells were used immediately for functional and biochemical assays or stored at 2.5 × 10^6 cells/mL in 0.1% Triton X-100, at −70°C for granule marker enzyme measurement. Neutrophil chemotaxis, F-actin determination, and expression of CD11b. Neutrophil chemotaxis was determined by the leading front method using a modified Boyden chamber technique, as previously described.21,22 Zymosan activated serum (2% by volume) was used as the chemotactic stimulus. To determine F-actin content, isolated neutrophils (1 × 10^6 cells), loaded with NBD-phallacidin (Molecular Probes, Eugene, OR), were incubated with IMLP (10−7 mol/L) in DMSO for 10 minutes at 37°C. F-actin content was then measured by NBD-phallacidin staining, as previously published.23 Flow cytometric analysis was performed using a BD FACSscan (Becton Dickinson, Mountain View, CA) calibrated with an excitation wavelength of 488 nm. A total of 2.500 events was analyzed for each experiment. Results were displayed on a log scale for FL1 mean channel fluorescence versus cell count and were expressed as geometric mean channel fluorescence of gated cells in FL1. The mean channel fluorescence was arbitrarily set to 10 for unstimulated control CD11b and other samples were normalized accordingly. Mobilization of cytosolic-free calcium. The concentration of cytosolic calcium [Ca2+]i was determined using the calcium binding fluorometric dye indo-1-AM.24 Cells (2.5 × 10^5) were diluted to 5 × 10^6 cells/mL in KRPD and incubated with 25 μg indo-1-AM (5 μmol/L final concentration; Molecular Probes, Eugene, OR) for 10 minutes at 37°C. Cells were centrifuged for 8 minutes at 1,000g at room temperature and resuspended at 1 × 10^6 cells/mL in fresh KRPD at 37°C. Changes in the fluorescence ratio were measured at the excitation wavelength of 355 nm and emission wavelength of 485 nm and 405 nm in a Perkin-Elmer LS50B spectrofluorometer (Perkin-Elmer Corp., Norwalk, CT). For these measurements, 2 × 10^6 cells were diluted with 1 mL KRPD (final volume 3 mL) in a standard cuvette with stirring at 37°C. Stimuli of 1 μmol/L IMLP or 40 μmol/L PAF were added to the cells in the cuvette in the spectrophotometer. The Ca2+-saturated signal (r max) was determined by lysing the cells with 0.1 mMol/digitonin, and the Ca2+-free signal (r min) was measured by subsequently adding 5 mol/L EGTA. pH 7.35. [Ca2+]i was calculated using Perkin Elmer Fluorescence Data Manager software and the Grynkiewicz equation.25 Neutrophil bactericidal assay. Bactericidal activity was measured as previously described.22,26,27 Briefly, 1 × 10^6 neutrophils were incubated, at 37°C, with Staphylococcus aureus (American Type Culture Collection [ATCC], Rockville, MD; #2059) at 1:1 and, in some experiments, at 10:1 ratios (bacteria:neutrophils) in the presence of 10% (by volume) pooled normal serum. At 0, 30, 60, 90, and 120 minutes, 50-μL aliquots were removed from the reaction tube and added to sterile H2O to lyse the neutrophils. After serial dilutions appropriate to the initial bacterial colony count, 50 μL of the resultant suspension was mixed with trypticase soy agar in a sterile Petri dish. After incubation at 37°C overnight, bacterial colonies were counted and the surviving bacteria at each sample time were expressed as a percent of initial values. Analysis of the neutrophil NADPH oxidase. O2− production by intact neutrophils was measured as the maximum initial rate of the SOD-inhibitable reduction of ferrixytochrome c.28 Neutrophils were stimulated by the addition of 200 ng/mL PMA and 1 μmol/L IMLP. An additional stimulation sequence included preincubation with 2 μmol/L PAF for 3 minutes at 37°C and then stimulation with 1 μmol/L IMLP. O2− was also measured after PMN exposure to opsonized zymosan (OZ), 1 mg/mL.29 Neutrophil subcellular fractions were prepared in the presence of protease inhibitors DFP, PMSF, and leupeptin by the previously published technique of nitrogen cavitation and discontinuous sucrose centrifugation.28,29 The maximal rate of O2− production over 5 minutes was assayed in the SDS cell-free system in the presence of NADPH (200 μmol/L) and γS-GTP (10 μmol/L) by the SOD-inhibitable reduction of cytochrome c,29 and was normalized for the protein content of both the cytosol and membrane fractions. Subcellular fractions (membrane and cytosol) were added together (patient + patient) or were mixed with control fractions (patient + control) to correct for any abnormalities documented.29 Three cytosolic components of the neutrophil oxidase (p40-phox, p47-phox, and p67-phox) were analyzed by Western blot using an enhanced chemiluminescence (ECL) detection system (Amersham Corp, Buckinghamshire, UK). The total content of cytochrome b558 in specific granules was measured as the sodium dithionite reduced-minus oxidized spectrum using the absorbance coefficient of 160 mmol/L−1 cm−1 at 428 nm by spectrophotometric analysis.28,30
Granule proteins. Myeloperoxidase (MPO), lysozyme, and alkaline phosphatase were measured by previously described spectrophotometric techniques.\textsuperscript{39,31} Lactoferrin content was determined with a competitive enzyme-linked immunosorbent assay (ELISA).\textsuperscript{39,32} Whole cell and subcellular protein concentration was measured with the BCA protein assay (Pierce, Rockford, IL) and granule marker protein content and alkaline phosphatase were normalized for whole cell protein content.

Neutrophil apoptosis. Polymorphonuclear leukocytes were isolated from heparinized whole blood by centrifugation over polymorphprep gradients (GIBCO-BRL Life Technologies, Grand Island, NY). On day 4, the PMN isolated from treated volunteers tended to be less dense. After two washes in RPMI-1640 (Sigma), PMN were cultured at 3 × 10\textsuperscript{6} cells/mL in tissue culture medium containing RPMI-1640, 10% fetal bovine serum (Gemini Bioproducts, Calabasas, CA), 2 mmol/L L-glutamine (Sigma), and 50 µg/mL gentamicin (Sigma). PMN were cultured in the presence or absence of G-CSF (25 ng/mL). Apoptosis was assessed at regular intervals between 0 hours and 48 hours or until apoptosis was interpreted by logistic regression to predict the expected time to 50% apoptosis and these results were used in an analysis of variance model suitable for repeated measures data.\textsuperscript{34} The percent of apoptotic cells was determined by counting a minimum of 100 cells.

Statistical methods. Results were analyzed by analysis of variance appropriate for repeated measures data\textsuperscript{34} using the computer statistical software package SAS (SAS Institute Inc, Cary, NC). Neutrophil apoptosis was interpreted by logistic regression to predict the expected time to 50% apoptosis and these results were used in an analysis of variance model suitable for repeated measures data.\textsuperscript{34} The statistical significance reported here represents the comparison (day 0 vs day 4 for treated volunteers) unless otherwise expressed.

RESULTS

Neutrophil motility. Neutrophil directed migration measured in a modified boyden chamber was significantly reduced in treated volunteers after G-CSF administration compared with pretreatment values and controls values (\textit{P} = .0001) (Fig 1). Although nondirected migration was also decreased, this was not statistically significant. The ratio of directed to nondirected migration in treated volunteers was significantly reduced from 2.21 ± 0.14 on day 0 to 1.66 ± 0.16 on day 4 (\textit{P} = .02).

To further evaluate the basis for the chemotactic defect, stimulus-induced increase of neutrophil F-actin and expression of CD 11b were measured. F-actin assembly in response to fMLP was reduced after G-CSF administration in vivo. The content of F-actin, in response to fMLP, was 16.43 ± 0.99 on day 4 (mean channel fluorescence ± SEM, \textit{n} = 6) compared with 18.81 ± 0.60 on day 0 (\textit{P} = .04). Results for PMNs from controls on day 0 and day 4 were 19.84 ± 0.29 and 18.33 ± 0.98, respectively. In two treated volunteers, the baseline F-actin content was determined on day 4. In both, the baseline content of F-actin was increased (14.64 and 13.53; mean channel fluorescence).

Resting and stimulated expression of neutrophil CD11b were also examined. The agonists evaluated were PMA, fMLP, and PAF. No significant effect of G-CSF administration on the upregulation of this receptor was detected; the ratio of unstimulated:stimulated expression was the same after administration as before (Table 1). Thus, the impaired directed migration of neutrophils demonstrated during treatment with G-CSF was associated with diminished actin assembly, but normal \( \beta_2 \) integrin expression.

Mobilization of cytosolic-free calcium. We studied changes in \([Ca^{2+}]_{\text{c}}\), after incubation of neutrophils with fMLP and PAF to ascertain if \( Ca^{2+} \) mobilization might explain the observed chemotactic defect. Figure 2 presents a representative study of changes in cytosolic calcium \( Ca^{2+} \) in response to fMLP for one treated volunteer, before and after G-CSF administration. There is a clear increase in the maximum \([Ca^{2+}]_{\text{c}}\), reached after G-CSF administration, while the rate of increase is the same compared with results obtained before G-CSF administration began. Controls reached maximum \( Ca^{2+} \) concentrations almost identical to results obtained for the treated volunteer on day 0 (data not shown). Summary data for the study groups (Table 2) show the significant enhancing effect that treatment with G-CSF in vivo had on the mean \([Ca^{2+}]_{\text{c}}\), mobilization of isolated neutrophils compared with day 0 values (\( P \leq .0005 \)) and compared

<table>
<thead>
<tr>
<th>Condition</th>
<th>C Day 0</th>
<th>P Day 0</th>
<th>C Day 4</th>
<th>P Day 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>PMA (200 ng/mL)</td>
<td>2.72 ± 0.34</td>
<td>2.77 ± 0.35</td>
<td>2.5 ± 0.43</td>
<td>2.36 ± 0.27</td>
</tr>
<tr>
<td>fMLP (10\textsuperscript{-6} mol/L)</td>
<td>3.53 ± 0.61</td>
<td>2.61 ± 0.31</td>
<td>2.71 ± 0.33</td>
<td>2.09 ± 0.23</td>
</tr>
<tr>
<td>PAF (2 × 10\textsuperscript{-6} mol/L)</td>
<td>5.39 ± 0.77</td>
<td>4.15 ± 0.52</td>
<td>3.83 ± 0.36</td>
<td>3.58 ± 0.07</td>
</tr>
</tbody>
</table>

Neutrophil upregulation of CD11b was measured in response to PMA (200 ng/mL), fMLP (1 × 10\textsuperscript{-6} mol/L) and PAF (2 × 10\textsuperscript{-6} mol/L) as described in Materials and Methods. There appeared to be a reduced upregulation of CD11b on treated volunteer day 4, but this was not statistically significant for any stimulus. There also appeared a difference between control day 0 and control day 4 for the PAF-stimulated expression of CD11b, but this was not statistically significant. Data represent the ratio of stimulated CD11b expression to baseline CD11b expression (mean channel fluorescence); \( n = 6 \) (matched pairs); mean ± SEM.

Abbreviations: C, control; P, treated volunteer.
with control values ($P \leq .003$) for both PAF and fMLP. There was a slight change in baseline values of $[Ca^{2+}]_c$ for the PAF experiments (not statistically significant) (Table 2). No changes were observed in baseline values for fMLP, or in the rates of change for fMLP or PAF for any group at any time of study.

Neutrophil bactericidal activity. The capacity to ingest and kill $S$ aureus was studied to address whether administration with G-CSF affected bacterial microbicidal function. Bactericidal activity was assayed at a bacteria:neutrophil ratio of 1:1 in five treated volunteers and was unaffected by G-CSF administration (Fig 3A). However, on day 4 of G-CSF treatment, PMN bactericidal activity with ratios of 10:1 (bacteria:neutrophil) was reduced at all time points reaching statistical significance at 30 minutes (*$P = .0023$) and 90 minutes (**$P = .028$) (Fig 3B).

**Table 2. Cytoplasmic Free Calcium $[Ca^{2+}]_c$ Levels in Resting and Stimulated Neutrophils**

<table>
<thead>
<tr>
<th></th>
<th>C Day 0</th>
<th>P Day 0</th>
<th>C Day 4</th>
<th>P Day 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>fMLP (baseline)</td>
<td>0.03 $\pm$ 0.00</td>
<td>0.06 $\pm$ 0.01</td>
<td>0.04 $\pm$ 0.01</td>
<td>0.07 $\pm$ 0.01</td>
</tr>
<tr>
<td>fMLP (peak)</td>
<td>0.75 $\pm$ 0.06</td>
<td>0.99 $\pm$ 0.07</td>
<td>0.99 $\pm$ 0.17</td>
<td>2.35 $\pm$ 0.24$^\dagger$</td>
</tr>
<tr>
<td>PAF (baseline)</td>
<td>0.07 $\pm$ 0.03</td>
<td>0.06 $\pm$ 0.00</td>
<td>0.04 $\pm$ 0.00</td>
<td>0.11 $\pm$ 0.03</td>
</tr>
<tr>
<td>PAF (peak)</td>
<td>1.43 $\pm$ 0.32</td>
<td>1.55 $\pm$ 0.20</td>
<td>1.80 $\pm$ 0.36</td>
<td>3.03 $\pm$ 0.65$^\dagger$</td>
</tr>
</tbody>
</table>

Neutrophil $[Ca^{2+}]_c$ mobilization was assayed as described in Materials and Methods. There was a slight increase in baseline calcium in the PAF stimulus experiments. On day 4 of G-CSF administration, there was significant enhancement of both PAF and fMLP-stimulated peak mobilization compared with treated day 0 levels ($P \leq .0005$) and compared with control day 4 levels ($P \leq .003$). Results represent $\mu$mol/L concentration of cytosolic calcium and are expressed as mean $\pm$ SEM, $n = 6$ (matched pairs).

$^*P < .0005$.
$^\dagger P = .003$.

**Fig 3. Neutrophil microbicidal activity.** Neutrophil bactericidal activity was measured as described in Materials and Methods. At a 1:1 ratio (bacteria:neutrophil) (A), the PMN bactericidal capacity was normal after G-CSF therapy in vivo (normal, $n = 15$; treated volunteers, $n = 5$). At 10:1 ratio (bacteria:neutrophil), the PMN bactericidal capacity was reduced at all time points after G-CSF treatment in vivo (B). The difference reached statistical significance at 30 minutes (*$P = .002$) and at 90 minutes (**$P = .028$). Results are expressed as a percentage of the initial bacterial count and represent mean $\pm$ SEM (normal, $n = 13$; treated volunteers, $n = 3$).

**Neutrophil NADPH oxidase and granule marker proteins.** G-CSF has been shown to enhance the activity of the neutrophil NADPH oxidase. We analyzed $O_2^-$ production in intact cells, as well as in the cell free system to further define any changes induced by G-CSF. NADPH oxidase activity of intact neutrophils in response to several different stimuli is summarized in Table 3. PMA-induced superoxide anion ($O_2^-$) production was significantly reduced on day 4 of G-CSF treatment ($P \leq .0001$), as was the PAF-primed/IMLP stimulated respiratory burst ($P \leq .0001$). However, the production of $O_2^-$ after fMLP stimulation was significantly higher on day 4 of G-CSF
Table 3. Production of Superoxide Anion by Intact Neutrophils

<table>
<thead>
<tr>
<th>Condition</th>
<th>C Day 0</th>
<th>P Day 0</th>
<th>C Day 4</th>
<th>P Day 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>PMA (200 ng/mL)</td>
<td>15.2 ± 1.3</td>
<td>13.8 ± 0.8</td>
<td>13.4 ± 0.7</td>
<td>6.8 ± .5*</td>
</tr>
<tr>
<td>fMLP (10⁻⁶ mol/L)</td>
<td>3.6 ± 1.3</td>
<td>2.7 ± 0.6</td>
<td>4.8 ± 1.4</td>
<td>7.3 ± 1.1†</td>
</tr>
<tr>
<td>PAF/fMLP (2 × 10⁻⁶ mol/L PAF)</td>
<td>33.2 ± 7.4</td>
<td>31.3 ± 3.6</td>
<td>28.2 ± 3.9</td>
<td>16.5 ± 0.8*</td>
</tr>
<tr>
<td>Opsonized zymosan (1 mg/mL)</td>
<td>5.9 ± 0.7</td>
<td>5.5 ± 0.4</td>
<td>6.2 ± 0.5</td>
<td>5.5 ± 0.4</td>
</tr>
</tbody>
</table>

Intact cell superoxide anion production was measured as described in Materials and Methods. PMN on day 4 showed reduced NADPH oxidase activity in response to PMA compared with day 0 (P < .0001). PMN respiratory burst was increased on day 4 compared with day 0 in response to fMLP (P < .004), while PAF priming of the fMLP response was reduced on day 4 (P < .0001). Superoxide anion production with opsonized zymosan was unaffected by G-CSF therapy. Results represent nmol superoxide anion/min and are expressed as mean ± SEM, n = 8 (matched pairs).

Fig 4. Neutrophil cytosolic NADPH oxidase components. Neutrophil cytosolic oxidase components were examined as described in Materials and Methods. (A) Results with antibodies to p47-phox and p67-phox. (B) Results with an antibody to p40-phox. Despite an apparent decrease in p40-phox in #7 D0, there was no statistically significant effect on the quantity of any oxidase protein studied, as measured by densitometry (data not shown). These results demonstrate a representative study of two treated volunteers and a control. C, control; #7 and #8 denote treated volunteers, on day 0 and day 4.
significantly longer after G-CSF administration. The impact of G-CSF administration on the survival of PMN was apparent by 9 hours of incubation (Fig 5). Using logistic regression, as described in Materials and Methods, we predicted the time to 50% apoptosis for all study groups (Table 5). Neutrophils isolated from treated volunteers on day 4 had a time to 50% apoptosis of 30.8 ± 2.9 hours, which was nearly twice that measured before administration (P = .007; Table 5). When G-CSF was added to cultures in vitro, there was a further enhancement of survival of PMN obtained after 5 days of cytokine administration when compared with day 0 survival (P = .02) (Table 5).

**DISCUSSION**

Many clinical benefits of G-CSF have been documented. G-CSF therapy reduces the length of neutropenia after chemotherapy and bone marrow transplantation. It reduces the incidence of hospital admissions for chemotherapy-related fever and neutropenia. Its impact on the quality of life in patients with congenital neutropenias is also well described. G-CSF has specificity for polymorphonuclear neutrophils with demonstrated effects on their morphology, activities, and survival. Interpretation and correlation of currently available data regarding the effect of G-CSF on neutrophils are difficult because information gained from in vitro studies may not correlate with results obtained during administration of the drug. Interpretation of available data into routine therapeutic strategies needs to recognize the baseline function of the neutrophil population studied and the dose, timing, and route of G-CSF administration. Furthermore, many studies have focused on a limited number of evaluation parameters. This report presents a comprehensive evaluation of neutrophils from normal individuals treated with G-CSF. We describe functional and biochemical properties of the circulating neutrophil produced during G-CSF administration in vivo and suggest a rationale for some of the unique characteristics, which differentiate the neutrophil produced during exogenous G-CSF administration from the neutrophil produced under standard in vivo conditions.

In this report, one of the most significant findings was the reduction in directed migration of isolated neutrophils. Associated with this defect, we recognized a reduced ability to upregulate F-actin and an increased peak [Ca²⁺], in response to the same chemoattractant stimulus. Baseline CD11b expression has been reported as decreased after five doses of G-CSF administration. However, the data presented here demonstrate a normal ability to upregulate neutrophil CD11b after the administration of five doses of G-CSF. Overall evidence is in agreement with our motility data after G-CSF exposure in vivo, but the reason for this abnormality remains unexplained. Assembly of

### Table 4. Content of Granule Marker Proteins

<table>
<thead>
<tr>
<th>Assay</th>
<th>C Day 0</th>
<th>P Day 0</th>
<th>C Day 4</th>
<th>P Day 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lactoferrin (µg/mg protein)</td>
<td>46.4 ± 6.8</td>
<td>65.4 ± 0.7</td>
<td>60.4 ± 8.7</td>
<td>23.3 ± 3.3^a</td>
</tr>
<tr>
<td>Alkaline phosphatase (OD/min/mg protein)</td>
<td>0.2 ± 0.0</td>
<td>0.4 ± 0.1</td>
<td>0.3 ± 0.1</td>
<td>4.5 ± 1.0t</td>
</tr>
<tr>
<td>Myeloperoxidase (OD/min/mg protein)</td>
<td>4.0 ± 0.6</td>
<td>5.6 ± 0.3</td>
<td>5.8 ± 0.6</td>
<td>5.3 ± 0.6</td>
</tr>
<tr>
<td>Lysozyme (OD/min/mg protein)</td>
<td>0.9 ± 0.1</td>
<td>1.0 ± 0.1</td>
<td>0.9 ± 0.1</td>
<td>0.9 ± 0.1</td>
</tr>
</tbody>
</table>

Total protein and granule marker proteins were measured as described in Materials and Methods.

*Lactoferrin content was reduced after 5 days of G-CSF therapy compared with pretreatment levels (P = .0002). There was an increased amount of alkaline phosphatase after 5 days of G-CSF therapy (P = .0009). No alteration in the content of myeloperoxidase or lysozyme was recognized with G-CSF therapy. Neutrophil whole cell protein, in treated volunteers, was 1.8 ± 0.1 on day 0 and 1.7 ± 0.1 on day 4 (mg/mL). Results are expressed as mean ± SEM, n = 13 (matched pairs).

†P = .0002.

### Table 5. Neutrophil Apoptosis Before and During G-CSF Therapy

<table>
<thead>
<tr>
<th>Ex Vivo Addition</th>
<th>C Day 0</th>
<th>P Day 0</th>
<th>C Day 4</th>
<th>P Day 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>(-) G-CSF</td>
<td>17.3 ± 1.0</td>
<td>18.3 ± 0.8</td>
<td>17.1 ± 0.8</td>
<td>30.8 ± 2.9^a</td>
</tr>
<tr>
<td>(+) G-CSF</td>
<td>37.6 ± 1.6</td>
<td>41.4 ± 2.2</td>
<td>42.0 ± 4.7</td>
<td>55.1 ± 4.4t</td>
</tr>
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</table>

Neutrophils were isolated from controls and treated volunteers. Apoptosis was assayed as described in Materials and Methods. The predicted time to 50% apoptosis was calculated using a logistic regression model and the results represent the time (hours) to 50% apoptosis. There was a significantly prolonged time to 50% apoptosis (P = .007) after 5 days of G-CSF therapy in vivo without G-CSF added to the culture system. This effect was enhanced further when G-CSF (25 ng/mL) was added to the culture suspension in vitro at time 0 (P = .02). Results are expressed, in hours, as mean ± SEM, n = 8 (matched pairs).

*P = .007.
†P = .02.

![Fig 5. Neutrophil apoptosis. Neutrophil apoptosis was determined as described in Materials and Methods. Apoptosis of isolated neutrophils, after 5 days of G-CSF therapy, was significantly reduced by 9 hours of culture and remained lengthened throughout the assay time (30 hours). Results are expressed as percent apoptosis and represent mean ± SEM, n = 8 (matched pairs); C, control; P, treated volunteer.](https://example.com/fig5.png)
actin to filamentous form is reflective of neutrophil chemotactic potential. A neutrophil with increased F-actin may be less mobile and have less reserve for motion in response to chemotactic stimuli, as in newborn neutrophils and neutrophils from patients with severe congenital neutropenia. Thus, our demonstration of reduced assembly and increased baseline content (in only two volunteers) of F-actin, may partially account for some reduced neutrophil chemotaxis. The impact of G-CSF administration on mobilization of cytoplasmic calcium was studied because [Ca\(^{2+}\)]\(_i\) is involved in receptor-linked activation of a variety of functions, including chemotaxis. Our observation of an enhanced stimulus-induced calcium mobilization after G-CSF is in agreement with previous data in neutrophils from patients with glycogenosis Ib as described by McCawley. However, the enhanced calcium mobilization in these PMN has not been associated with any improvement in neutrophil chemotaxis. The association between an enhanced stimulus-induced calcium mobilization and reduced neutrophil chemotaxis and altered F-actin content remains unclear.

Using *S. aureus*, we examined neutrophil microbicidal activity in standard and stress conditions by varying bacteria: neutrophil ratios. Microbicidal activity remained intact at 1:1 (bacteria:neutrophil) ratio, but was mildly diminished in three neutrophil ratios. Killing of an ingested microbe results from the simultaneous and synergistic action of toxic oxygen species (O\(_2^-\), H\(_2\)O\(_2\), OH, HClO\(^-\)), with multiple oxygen independent microbicidal mechanisms supplied by the contents of the specific and azurophilic granules. Oxygen-dependent killing reflects the ability of the neutrophil NADPH oxidase to produce O\(_2^-\). G-CSF has been reported to enhance oxidase activity. In our study, however, we found divergent effects depending on the stimulus used. The response to fMLP was enhanced in cells, which developed under the influence of G-CSF. The physiological stimulus OZ produced a normal response after G-CSF therapy. We recognized diminished PAF priming for the fMLP response, while the PMA-induced respiratory burst was also reduced after G-CSF therapy, in agreement with Macey. These last two findings may relate to a reduction in overall neutrophil responsiveness after partial activation by in vivo cytokine administration, as described by Kwhaja. Furthermore, immature neutrophils have higher levels of protein kinase C (PKC) type III, an isoenzyme that is not responsible for cellular activity. If the neutrophils we described are less mature than normal, PMA, an activator of PKC, may induce a less than maximal respiratory burst. These divergent effects on oxidase activity in intact cells could, of course, be the result of alterations of NADPH oxidase constituents; and to explore this, we examined the oxidase in more detail. We demonstrated overall normal generation of O\(_2^-\) in the cell-free assay; however, in cross-mixing experiments, an increased amount of O\(_2^-\) was generated when neutrophil membrane from treated volunteers (day 4) was mixed with control cytosol (day 4). Increased cytochrome b\(_{558}\) in PMN membrane after G-CSF administration might be inferred from this finding. However, membrane content of this heterodimer was not measured. NADPH oxidase cytosolic component proteins were unaffected by G-CSF treatment. Thus, the oxidase components remain intact with G-CSF therapy, although there appears to be indirect evidence for increased membrane cytochrome b\(_{558}\). Accordingly, the differing oxidase activities in response to various agonists may be related to accessory pathways required to transform stimulus coupled signals to assembly and activation of the oxidase.

Microbicidal activity is also dependent on the integrity of neutrophil granules. We examined the status of azurophilic and specific granules indirectly by measuring several marker proteins. G-CSF is known to increase the transcription and amount of neutrophil alkaline phosphatase, an enzyme stored in secretory vesicles and membrane. This characteristic feature of G-CSF-exposed neutrophils was reconfirmed here. A reduced specific granule marker, lactoferrin, and a normal myeloperoxidase are consistent with reduced specific granules possibly due to degranulation. However, degranulation alone is unlikely to fully explain the apparent changes in lactoferrin for several reasons. We recognized equal amounts of neutrophil lysozyme before and after cytokine treatment, which would be expected to be lower in states of specific granule degranulation. Transcobalamin 2 binding protein, another indicator of secondary granule content, is reported to be normal during G-CSF therapy. Also, PMN isolated after G-CSF administration continue to recruit normal amounts of CD11b/CD18 (also stored in specific granules) to the cell surface in response to cell stimuli, as we and others have demonstrated. Lastly, if reduced cytochrome b\(_{558}\), as we described here, were the exclusive result of degranulation, then the amount of cytochrome b\(_{558}\) per mg of specific granule protein should remain the same. This is not the case in these experiments. Hence, a specific effect of G-CSF on production of neutrophil lactoferrin and possibly other proteins remains possible and merits further exploration.

Neutrophils die by apoptosis. In vitro exposure of neutrophils to inflammatory cytokines interleukin-1β (IL-1β), tumor necrosis factor (TNF), IL-6, interferon-γ, and GM-CSF, as well as lipopolysaccharide (LPS) all decrease neutrophil apoptosis. G-CSF also has significant effects on neutrophil apoptotic rates in vitro and has some documented effects on neutrophil apoptosis after in vivo administration. However, G-CSF therapy in vivo is reported not to alter the circulation half-life of neutrophils. Neutrophils, which express bcl-2, also demonstrate normal neutrophil survival kinetics, despite the inhibiting effect this proto-oncogene has on neutrophil apoptosis. We have shown here that in vivo administration of G-CSF markedly decreased the apoptotic rate of the isolated peripheral blood neutrophil, in agreement with results by Adachi et al. Also, there was an additive effect of exogenous G-CSF, reducing apoptotic rate in PMN collected after G-CSF therapy. In additional studies not reported here, we have demonstrated a protective effect of G-CSF administration on neutrophil apoptosis when neutrophils are exposed to cycloheximide. The in vivo and in vitro effects delaying apoptosis, exhibited by G-CSF, have implications for the prolonged survival of neutrophils at an inflammatory site.

Early in vitro studies describing the effects of G-CSF on the neutrophil led to the concept that G-CSF administration resulted
in cells with markedly enhanced function. Our studies demonstrate that G-CSF administration imparts only modest effects on neutrophil function and biochemistry and results in a diverse pattern of activities not always consistent with increased function. Inherent in enhancing the activity of neutrophils is a risk for tissue injury and this risk is presumably avoided by G-CSF, given the modest effects we describe. Given the diverse functional and biochemical effects on neutrophils, the clinical benefit of G-CSF most likely lies in an increased absolute number of neutrophils with enhanced survival characteristics providing improved host defense.

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In Vivo Treatment With Granulocyte Colony-Stimulating Factor Results in Divergent Effects on Neutrophil Functions Measured In Vitro

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