Interleukin-4 Promotes the Development of Tryptase and Chymase Double-Positive Human Mast Cells Accompanied by Cell Maturation

By Hano Toru, Mitsuoki Eguchi, Ryoji Matsumoto, Makoto Yanagida, Junichi Yata, and Tatsutoshi Nakahata

Human cultured mast cells (HCMCs) grown from cord blood mononuclear cells in the presence of stem cell factor (SCF) and interleukin-6 (IL-6) expressed tryptase but no or low chymase in their cytoplasm. The addition of IL-4 to these cells strikingly increased chymase expression. Consequently, the activity of chymase was significantly higher in IL-4-treated mast cells than in IL-4-nontreated mast cells, whereas the activity of tryptase and histamine content were comparable in both cells. Electron microscopic immunocytochemistry also showed that secretory granules containing chymase increased in IL-4-treated mast cells. Interestingly, the IL-4-induced increase of chymase expression in HCMCs was accompanied by morphological maturation of the cells. Cytoplasmic projections were few in IL-4-nontreated HCMCs, and a small number of secretory granules were observed, most of which were empty or partially filled with discrete scrolls with rough particles showing immaturity. In contrast, IL-4-treated HCMCs had extremely abundant cytoplasmic projections and had many secretory granules filled with electron-dense crystal materials. Taken together, immature HCMCs grown only with SCF and IL-6 expressed tryptase with no or a low amount of chymase, and addition of IL-4 promoted cell maturation together with the expression of both tryptase and a high amount of chymase. Our findings will raise a possibility of a linear pathway of human mast cell development from tryptase single positive mast cells into tryptase and chymase double positive mast cells as the cells mature and will suggest that this maturation process is promoted by IL-4.

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functional maturation of the cells. Our finding will lead to the strongly promoted by IL-4.

Remarkably, along with the increase of chymase expression, IL-4 promoted morphological maturation of HCMCs. Consequently, significantly higher chymase expression was observed in HCMCs cultured with IL-4 than those cultured without IL-4. Electron microscopic immunocytochemistry showed that both tryptase and chymase were detected in the granules of IL-4–treated HCMCs, whereas tryptase but little chymase was detected in their granules in IL-4–nontreated HCMCs. This data suggests that IL-4 promotes the development of MC\textsubscript{TC} accompanied by morphological maturation as well as functional maturation of the cells. Our finding will lead to the proposal that there is a linear pathway of MC\textsubscript{TC} via MC\textsubscript{C} along with maturation of the cells and that this maturation process is strongly promoted by IL-4.

**MATERIALS AND METHODS**

HCMCs. HCMCs were obtained as previously described\textsuperscript{10} with some modification. Briefly, cord blood mononuclear cells were grown in tissue culture flasks (Becton Dickinson, Lincoln Park, NJ) in α-MEM (GIBCO-BRL, Life Technologies Inc, Gaithersburg, MD) supplemented with 20% fetal calf serum (HyClone Sterile Systems, Inc, Logan, UT) in the presence of SCF (100 ng/mL; Amgen, Thousand Oaks, CA) and IL-6 (80 ng/mL; Ajinomoto Co, Ltd, Tokyo, Japan) for 10 weeks. Adhesive cells like macrophages were eliminated by transferring nonadhesive cells to fresh culture flasks. Then the 10-week cultured HCMCs were divided into two aliquots. One aliquot was cultured with IL-4 (10 ng/mL; a generous gift from DNAX, Palo Alto, Oaks, CA) and IL-6 (80 ng/mL; Ajinomoto Co, Ltd, Tokyo, Japan) for 10 weeks. Adhesive cells like macrophages were eliminated by transferring nonadhesive cells to fresh culture flasks. Then the 10-week cultured HCMCs were divided into two aliquots. One aliquot was cultured with IL-4 (10 ng/mL; a generous gift from DNAX, Palo Alto, CA) in the presence of SCF (100 ng/mL) and IL-6 (80 ng/mL), and the other aliquot was cultured without IL-4 in the presence of SCF (100 ng/mL) and IL-6 (80 ng/mL). Both aliquots were cultured in 24-well flat-bottomed plates (Becton Dickinson; 5 × 10\textsuperscript{5} cells/mL/well), and half of the media was changed weekly for fresh media supplemented with cytokines.

**Immunocytochemical assays.** HCMCs cultured with or without IL-4 in the presence of SCF and IL-6 for indicated periods were cytcenrifuged onto each glass slide, after the total cell number was counted, and fixed with the fixing solution (Muto Pure Chemicals Ltd, Tokyo, Japan) consisting of formaldehyde (8.75%) and acetone (45%) for 1 minute, and the samples were washed three times with Tris-buffered saline. Then the samples were blocked with rabbit serum for 10 minutes followed by incubation with mouse antihuman tryptase or mouse antihuman chymase monoclonal antibodies (MoAbs; 10 µg/mL; Chemicon International, Inc, Temecula, CA) at room temperature (RT) for 1 hour. After washing three times with Tris-buffered saline, the samples were reacted 1:50 with rabbit antimouse IgG (MBL, Nagoya, Japan) at RT for 1 hour and then washed three times. The samples were further reacted 1:50 with soluble complexes of alkaline phosphatase and mouse monoclonal antialkaline phosphatase (DAKO Co Ltd, Glostrup, Denmark) at RT for 1 hour and washed three times. Finally, they were developed with chromogenic substrate at 37°C for 30 minutes.

**Assay for histamine content.** HCMCs (2 × 10\textsuperscript{5} cells in 200 µL) cultured with or without IL-4 (10 ng/mL) for 21 days were lysed with Triton X (1%; Sigma Chemical Co). The histamine content in the supernatant was measured by an automated fluorometric histamine analyzer (Auto Analyzer II; BRAN & LUEBBE Co Ltd, Tokyo, Japan).

**Electron microscopic analysis.** HCMCs grown for 10 weeks in the presence of SCF and IL-6 were divided into two aliquots and cultured with or without IL-4 (10 ng/mL), respectively, in the presence of SCF and IL-6 for 28 days. Then the cells were fixed with 2.5% glutaraldehyde at 4°C for 30 minutes and postfixed in 1% osmium tetroxide in cacodylated buffer at 4°C for 1 hour. After that, the samples were dehydrated in ethanol and embedded in epoxy resin. Thin sections, 60 to 100 nm, were cut on an ultramicrotome from tissue blocks. These sections were collected on mesh copper grids, stained with uranyl acetate and lead citrate, and then examined under an electron microscope (JEOL100B; JEOL, Tokyo, Japan).

**Electron microscopic immunocytochemistry.** Electron microscopic immunocytochemistry of tryptase and chymase in HCMCs was performed as previously described.\textsuperscript{40} HCMCs grown for 10 weeks in the presence of SCF and IL-6 were divided into two aliquots and cultured with or without IL-4 (10 ng/mL), respectively, in the presence of SCF and IL-6 for 28 days. Then, the cells were fixed with 2.5% glutaraldehyde at 4°C for 30 minutes. HCMCs fixed with glutaraldehyde were dehydrated without postfixation with osmium and embedded in LR White resin (London Resin Co, London, UK). The ultrathin sections mounted on the nickel grids were immersed in 1% bovine serum albumin (Sigma Chemical Co) in phosphate buffered saline (PBS) for 5 minutes. The sections were then reacted with primary antibodies (mouse antihuman tryptase or mouse antihuman chymase; Chemicon International, Inc; 2 µg/mL in PBS) for 2 hours, washed twice with PBS, and immersed further in 0.1% bovine serum albumin in PBS for 30 minutes. The sections were then placed in protein A-gold solution (10 nm in diameter; Sigma Chemical Co), diluted 20-fold with PBS for 1 hour, washed with PBS and distilled water, stained with uranyl acetate and lead citrate, and examined under an electron microscope. For an immunocytochemical control, the above procedure was performed using subtype-matched mouse IgG1 instead of mouse antihuman tryptase or antihuman chymase.

**Statistical analysis.** Statistical analysis was performed by a paired two-way Student’s t-test. Data were expressed as the mean ± standard deviation (SD). A P value of <0.05 was considered statistically significant.

**RESULTS**

IL-4 increased the chymase expression in HCMCs. HCMCs were obtained by culturing cord blood mononuclear cells in the presence of SCF (100 ng/mL) and IL-6 (80 ng/mL) for 10 weeks. The cultured cells expressed c-kit (>/99%), contained histamine,\textsuperscript{33} and over half of the cells had polylobed nuclei and the rest had single-lobed nuclei (Fig 1). More than 99% of the cells also expressed high amounts of tryptase determined by immunocytochemical staining using MoAb specific for human tryptase (Fig 1a). In contrast, most of the HCMCs expressed no or an extremely low amount of chymase (MC\textsubscript{C} or MC\textsubscript{C}\textsubscript{low}) when stained with antihuman chymase MoAb and classified based on Table 1 (Fig 1b). We examined whether IL-4 affected chymase expression in HCMCs. Whereas HCMCs cultured without IL-4 stayed predominantly MC\textsubscript{C} or MC\textsubscript{C}\textsubscript{low} (Fig 1d and f), addition of IL-4 (10 ng/mL) in the presence of SCF and IL-6...
Fig 1. Immunocytochemical staining of tryptase and chymase in HCMCs cultured with or without IL-4. HCMCs grown in the presence of SCF (100 ng/mL) and IL-6 (80 ng/mL) for 10 weeks (defined as day 0 mast cells) were further cultured with or without IL-4 (10 ng/mL) in the presence of SCF and IL-6 for 56 days. Day 0 mast cells were stained with antitryptase (a), antichymase (b), subclass-matched control mouse IgG1 (c). Day 5 and day 56 mast cells cultured without IL-4 (d and f) or with IL-4 (e and g) stained with antichymase are shown. Typical chymase high positive mast cells (MC\(_{TCH}\); arrow head) and chymase low positive mast cells (MC\(_{TC}\); arrow) are indicated (e). This experiment was repeated three times with similar results.
increased HCMCs expressing a high amount of chymase (MC_{TC}^{bipb}) (Fig 1e and g). The increase of MC_{TC}^{bipb} was observed as early as 5 days after addition of IL-4 (Fig 1e), and a significantly increased number of MC_{TC}^{bipb} was observed on day 56 (Fig 1g).

To confirm the effect of IL-4 on the development of MC_{TC}^{bipb}, the percentage of MC_{TC}^{bipb} was determined at various culture periods after the addition of IL-4 (10 ng/mL; Fig 2a). Before IL-4 was added, only 2.5% ± 0.7% (mean ± SD of three independent experiments) of the cells was MC_{TC}^{bipb} (Day 0 in Fig 2a) and 27.2% ± 1.2% was MC_{TC}^{bip}, and more than 70% of the mast cells was MC_{T}. Although in the absence of IL-4, the percentage of MC_{TC}^{bipb} and MC_{TC}^{bip} increased slightly, and on day 56 they reached 14.3% ± 3.5% (Fig 2a) and 45.6% ± 3.6%, respectively. In contrast, addition of IL-4 significantly resulted in the predominance of MC_{TC}^{bipb} as shown in Fig 1e and g and Fig 2a. The increase of the percentage of MC_{TC}^{bipb} could be observed on day 5 after IL-4 was added to the culture (12.5% ± 3.5%). The percentage of MC_{TC}^{bipb} constantly increased and reached 81.5% ± 7.4% on day 28 and 93.5% ± 5.7% on day 56, respectively, and most of the rest of the cells were MC_{TC}^{bip}. When IL-4 was withdrawn on day 21, the increase of the percentage of MC_{TC}^{bipb} stopped; however, the percentage of MC_{T}^{bip} stayed 64.8% ± 5.1%, even on day 56 (Fig 2a). The minimum concentration of IL-4 to induce maximum chymase expression in HCMCs was 10 ng/mL (Fig 2b). The presence of IL-4 did not affect expression of tryptase, and more than 99% of both IL-4–treated and IL-4–nontreated cells in each observation period expressed tryptase. No significant increase or decrease of the total cell number was observed in either IL-4–treated or IL-4–nontreated HCMCs through the observation period, although a slight increase in the cell number in IL-4–treated cells was observed on day 7 (5.5 ± 0.2 × 10^5 cells/mL±well), which was the peak cell number through the culture period, and by day 28 the cell number gradually returned to the starting cell number (5.0 × 10^5 cells/mL±well). No remarkable increase or decrease of the cell number may indicate that the increase of the percentage of MC_{TC}^{bipb} in IL-4–added HCMCs is not caused by induction of selective proliferation of the few MC_{TC}^{bipb} observed on day 0 or selective death of a large population of MC_{T}. These data suggested that IL-4 strongly promoted the phenotypic change of MC_{T} and MC_{TC}^{bip} into MC_{TC}^{bipb}.

**IL-4 increased the activity of chymase in HCMCs.** Next, we examined the activity of chymase and tryptase and the histamine content in HCMCs cultured with or without IL-4 (Table 2). The activity of tryptase and the histamine content did not differ between IL-4–treated and IL-4–nontreated cells, whereas the activity of chymase in IL-4–treated mast cells was significantly higher than that in IL-4–nontreated cells. High chymase activity observed in IL-4–treated mast cells is consistent with the data obtained by immunocytochemical assay in which MC_{TC}^{bipb} cells predominated when cultured with IL-4.

**IL-4 promoted morphological maturation and increased chymase positive granules in HCMCs.** We then performed ultrastructural analysis to examine whether IL-4 induced morphological changes in HCMCs, because MC_{T} and MC_{TC} have been reported to be also distinguishable ultrastructurally, mainly...
by the pattern of contents in their granules. In both IL-4--treated and IL-4--nontreated HCMCs, the cells were round or oval shaped, the nuclei were indented or lobulated, and nuclear chromatin was finely condensed at the margin of nuclear membrane (Fig 3a and d). HCMCs cultured without IL-4 had a large and bright nucleolus, suggesting immaturity (Fig 3a). Remarkable morphological differences were noted in cytoplasmic projections and cytoplasmic organelles between HCMCs cultured with IL-4 and those cultured without IL-4. Fewer cytoplasmic projections were observed in HCMCs cultured without IL-4 (Fig 3a). They contained many large empty granules and partially filled granules with discrete scrolls and lamellar structures, and the latter may have been longitudinal sections of discrete scrolls (Fig 3a, b, and c). Granules containing a few rough particles together with discrete scrolls could be observed (Fig 3c). Dense crystal granules were extremely rare in HCMCs cultured without IL-4 (Fig 3a, b, and c). The Golgi apparatus was poorly developed in these mast cells (Fig 3a). The morphology observed in the granules of HCMCs cultured without IL-4 corresponded to the previously reported features of MC TC and MC T as well as to those of immature mast cells containing numerous empty or partly full granules which have particles at an early stage, scrolls later, and rarely contain crystals. In contrast, HCMCs cultured with IL-4 had more abundant cytoplasmic projections, had a remarkably developed Golgi apparatus, and the secretary granules were increased in number (Fig 3d). Most granules in HCMCs cultured with IL-4 were filled with dense, crystal materials as well as compact electron-dense nondiscrete scrolls (Fig 3e and f). Granules containing discrete scrolls were rarely observed in HCMCs cultured with IL-4. Thus, the morphology of the IL-4--treated mast cells corresponded to the ultrastructure of previously reported MC TC and to the ultrastructure observed in mature mast cells, which have numerous small, dense, crystal granules. Therefore, these morphological analyses suggested that IL-4 promotes maturation of human mast cells.

Table 2. Histamine Content, and Tryptase and Chymase Activities in Human Mast Cells Cultured With or Without IL-4 in Addition to SCF and IL-6

<table>
<thead>
<tr>
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<th>SCF + IL-6</th>
<th>SCF + IL-6 + IL-4</th>
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<tr>
<td>Histamine μg/10^6 mast cells</td>
<td>3.69 ± 0.06</td>
<td>3.53 ± 0.18</td>
</tr>
<tr>
<td>Tryptase U/10^6 mast cells</td>
<td>0.33 ± 0.06</td>
<td>0.31 ± 0.03</td>
</tr>
<tr>
<td>Chymase U/10^6 mast cells</td>
<td>0.17 ± 0.02</td>
<td>0.35 ± 0.02*</td>
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Measurement of total histamine content and activity assay for tryptase and chymase was performed as described in the Materials and Methods using mast cells cultured with or without IL-4 (10 ng/mL) in the presence of SCF (100 ng/mL) and IL-6 (80 ng/mL) for 21 days. Each value represents the mean ± SD of triplicate assays.

*P < 0.005.

DISCUSSION

In this report, we showed that IL-4 promoted the development of MC TC in HCMCs accompanied by morphological maturation of the cells. Immunocytochemical staining showed that IL-4 increased the percentage of MC TC in HCMCs from 2.5% to 93.5%. Electron microscopic immunocytochemistry also confirmed this result. Consistently, activity of chymase was significantly higher in IL-4--treated mast cells than in IL-4--nontreated mast cells, whereas the activity of tryptase and histamine content in both cells were comparable. Remarkably, along with the increase of chymase expression in HCMCs by IL-4, these cells achieved morphological maturity.

It has remained unknown whether two phenotypes of human mast cells, MC T and MC TC, develop from common precursor cells or whether they are derived from two different precommitted cells. K. Tsuji (Department of Clinical Oncology, The Institute of Medical Science, The University of Tokyo) and T. Nakahara (unpublished data) have observed that both MC T and MC TC were found in the same colony derived from a single cord blood CD34+ cell, suggesting that MC T and MC TC develop from common precursor cells. In the murine system, it is known that there are two phenotypes of murine mast cells (mucosal-type mast cells and connective tissue-type mast cells) expressing different sets of protease are derived from common precursor cells, and that final stages of mast cell differentiation are regulated by cytokines in the tissue microenvironment. Although it has been currently unknown whether MC T can differentiate into MC TC, or vice versa, development of MC TC via MC T is possible by the observation that tryptase single positive cells first appeared at week 2 of the culture and tryptase chymase double positive cells at week 7 of the culture by weekly analysis of cultured mast cells grown from cord blood CD34+ cells. Consistently, there is a report that tissue mast cells in neonates and fetus contain a less amount, if any, of chymase than the mast cells in adults, instead of comparable levels of histamine and tryptase content with those in adult mast cells. Thus, although the possibility that the divergent pathways of differentiation of MC TC and MC T cannot be thoroughly excluded, these observations may suggest a linear pathway of development of MC TC cells through the MC T stage.

Consistent with this hypothesis, we showed here that IL-4--induced development of MC TC in HCMCs was accompanied by morphological maturation of the cells. Previously, Dvorak et al reported by sequential ultrastructural studies of human cord--blood--derived mast cells cultured with 3T3 fibroblasts that immature cultured mast cells contained fewer granules, which were empty or partially filled with particles in the earliest mast cells and later with scrolls, like immature mast cells in situ. While maturing, these cultured mast cells have numerous small, dense granules like those most frequently present in human skin mast cells. Based on this granule-filling criteria, Mitui et al...
Ultrastructure of human mast cells cultured in the presence or absence of IL-4. HCMCs grown in the presence of SCF (100 ng/mL) and IL-6 (80 ng/mL) for 10 weeks were further cultured with (d, e, and f) or without IL-4 (a, b, and c; 10 ng/mL) in the presence of SCF and IL-6 for 28 days. HCMCs cultured without IL-4 has few cytoplasmic projections and has an immature nucleus with a large, bright nucleolus (a). Discrete scrolls and lamellar structures with a few rough particles (P in c) are found in the same granules (a and c), and some granules have irregular lamellar structure (b). HCMCs cultured with IL-4 has abundant cytoplasmic projections, well-developed Golgi apparatus (G in d) and numerous granules, which contain dense, crystal materials (d and e), as well as compact electron-dense nondiscrete scrolls (f). Representative results are shown. (Original magnifications: a, ×9,000; b, ×20,000; c, ×20,000; d, ×6,000; e, ×16,000; f, ×22,000.)
showed that human mast cells developed from cord blood cells by SCF did not reach full maturity even after a 14-week culture, and furthermore, the majority of them expressed tryptase but not chymase. Consistently, in our observation, the morphology of the HCMCs cultured only with SCF and IL-6, which predominated MC_τ and MC_{Te}^{low} and contained many empty or partially filled granules, corresponded to the morphology of immature type mast cells, whereas the morphology of the HCMCs cultured with IL-4, which predominated MC_{Te}^{high} and contained numerous crystal granules, corresponded to that of mature mast cells. Thus, these results indicated that immature mast cells expressed tryptase alone, and as the cells matured, they produced both tryptase and chymase. In this context, it is suggested that IL-4 promotes maturation of human mast cells that produce both tryptase and chymase.

Mast cell chymase is a serine protease, which has important
proinflammatory effects. Chymase has been shown to rapidly convert angiotensin I to angiotensin II four times more efficiently than angiotensin-converting enzyme.41-43 Angiotensin II has an important effect on regulation of microcirculation including contraction of smooth muscle and enhancement of vascular permeability in vitro.45 Chymase also attacks the lamina lucida of the basement membrane at the dermal-epidermal junction of human skin causing recruitment of inflammatory cells into epidermis. The importance of mast cell chymase for allergic disorder was further shown by the genetic association between variants of mast-cell chymase gene and onset of eczema.47 Thus, increased production and release of such an active protease from activated mast cells with other vasoactive mediators may efficiently contribute to amplification of allergic reaction. Because IL-4 is known to play an important role in the onset of allergic disorder by increasing IgE production by T cells and because increased IL-4 production by T cells from allergic patients has been reported,48,49 our observation that IL-4 increases the content of chymase in human mast cells may have a significant meaning in the enhancement of allergic inflammation.

As shown in this report and others,7,33,35,50 HCMCs grown from cord blood mononuclear cells in the presence of SCF have been shown to have many immature features including low expression of FceRI, low histamine releasing activity, and the immature morphology shown by the ultrastructural analysis, although they express c-kit and contain a significant amount of tryptase and histamine. We and others have previously shown that IL-4 promotes maturation and differentiation of human mast cells in several aspects. IL-4 induces FceRI expression in HCMCs as well as in murine mast cells, resulting in high histamine-releasing activity on crosslinking of FceRI,33,51 IL-4 suppresses c-kit expression15,17 and also strongly induces LFA-1 and ICAM-1 expression.35,36 In this report, we have shown that IL-4 promotes morphological maturation of HCMCs in accordance with the increase of chymase expression. Taken together, all these observations would suggest that IL-4 is a key factor for human mast cell differentiation and maturation.

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