Phospholipase A₂ Levels in Acute Chest Syndrome of Sickle Cell Disease

By Lori A. Styles, Casper G. Schalkwijk, Anton J. Aarman, Elliott P. Vichinsky, Bertram H. Lubin, and Frans A. Kuypers

Acute chest syndrome (ACS) is associated with significant morbidity and is the leading cause of death in patients with sickle cell disease (SCD). Recent reports suggest that bone marrow fat embolism can be detected in many cases of severe ACS. Secretory phospholipase A₂ (sPLA₂) is an important inflammatory mediator and liberates free fatty acids, which are felt to be responsible for the acute lung injury of the fat embolism syndrome. We measured sPLA₂ levels in 35 SCD patients during 20 admissions for ACS, 10 admissions for vaso-occlusive crisis, and during 12 clinic visits when patients were at the steady state. Eleven non-SCD patients with pneumonia were also evaluated. To determine if there was a relationship between sPLA₂ and the severity of ACS we correlated sPLA₂ levels with the clinical course of the patient. In comparison with normal controls (mean = 3.1 ± 1.1 ng/mL), the non-SCD patients with pneumonia (mean = 68.6 ± 82.9 ng/mL) and all three SCD patient groups had an elevation of sPLA₂ (steady state mean = 10.0 ± 8.4 ng/mL; vaso-occlusive crisis mean = 23.7 ± 40.5 ng/mL; ACS mean = 336 ± 209 ng/mL). In patients with ACS sPLA₂ levels were 100-fold greater than normal control values, 35 times greater than values in SCD patients at baseline, and five times greater than non-SCD patients with pneumonia. The degree of sPLA₂ elevation in ACS correlated with three different measures of clinical severity and, in patients followed sequentially, the rise in sPLA₂ coincided with the onset of ACS. The dramatic elevation of sPLA₂ in patients with ACS but not in patients with vaso-occlusive crisis or non-SCD patients with pneumonia and the correlation between levels of sPLA₂ and clinical severity suggest a role for sPLA₂ in the diagnosis and, perhaps, in the pathophysiology of patients with ACS.

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with 150 PL PBS containing 30 mg/mL bovine serum albumin
Foundation, Oklahoma City) were used as coating and detecting
MaxiSorbTM; A/S Nunc, Roskilde, Denmark) were coated with the
to the following formula: (A - a) PO2 = (713 X FiO2) - (PaCO2
in 0.2 mol/L Tris/HCL (pH 8.5), 10 mmol/L Ca2+ and 5 PL
mmol/L radioactive substrate (specific radioactivity 3,000 dpm/
mmol) in 0.2 mol/L Tris/HCL (pH 8.5), 10 mmol/L Ca2+ and 5 PL
plasma in a final volume of 200 PL. After 30 minutes at 37°C.
for the non-SCD patients admitted with pneumonia, diagnosis
determined if individual group medians were
significantly different.

**RESULTS**

Compared with values obtained from control patients, mean sPLA2 concentrations were elevated in all three SCD patient groups studied (ACS, VOC, and steady state) and in the non-SCD group with pneumonia (Table 1). Steady state SCD patients had a mean sPLA2 level of 10.0 ± 8.4 ng/mL (median = 9 ng/mL), which was three times higher than values in normal controls (mean = 3.1 ± 1.1 ng/mL, median = 3.1 ng/mL). Sickle cell disease patients with VOC had a similar threefold to fivefold elevation above normal controls. The sPLA2 concentration of patients with VOC (mean = 23.7

<table>
<thead>
<tr>
<th>sPLA2 activity (AU)</th>
<th>sPLA2 protein (ng/mL)</th>
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<tbody>
<tr>
<td>0</td>
<td>200</td>
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**Fig 1.** Correlation of sPLA2 activity and protein concentration. Correlation between sPLA2 activity as measured by hydrolysis of radio-labeled phosphotidylethanolamine, and sPLA2 protein concentration as measured by ELISA in 28 plasma samples of SCD patients (r² = 0.953). AU, arbitrary units.

**Table 1. Secretory PLA2 Levels in Sickle Cell Disease**

<table>
<thead>
<tr>
<th>Patient Groups</th>
<th>Mean (median) (ng/mL)</th>
<th>Range (ng/mL)</th>
<th>P Value*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Steady state SCD (n = 11)</td>
<td>10.0 ± 8.4 (9)</td>
<td>1.1-28.5</td>
<td>&lt;.05</td>
</tr>
<tr>
<td>VOC (n = 10)</td>
<td>23.7 ± 40.5 (8.7)</td>
<td>1.8-134.6</td>
<td>&lt;.05</td>
</tr>
<tr>
<td>ACS (n = 20)</td>
<td>336 ± 209 (289)</td>
<td>12-725</td>
<td>—</td>
</tr>
<tr>
<td>Pneumonia (n = 11) (non-SCD)</td>
<td>68.6 ± 82.9 (38)</td>
<td>6-267</td>
<td>&lt;.05</td>
</tr>
</tbody>
</table>

*P values are for differences between ACS and the other patient groups using analysis of variance techniques (see the Materials and Methods section). All other comparisons are not significant.
Acute chest syndrome patients had a mean sPLA2 level of 336 ± 209 ng/mL (median = 289 ng/mL), which was 100 times greater than normal controls and 35 times greater than in samples from SCD patients in the steady state. Four of the ten patients with VOC had fever during hospitalization. Comparison of the febrile and afebrile groups showed no difference in sPLA2 concentration (P = .45).

In the 15 SCD patients followed with serial sPLA2 measurements, sPLA2 levels seemed to parallel their clinical course. Seven patients with VOC were followed with sequential sPLA2 levels and four of these went on to develop ACS. In all four of these patients, sPLA2 levels rose abruptly with the development of ACS and then decreased as the patient clinically improved (Fig 3). In the three patients who did not develop ACS, sPLA2 levels remained low. The remaining eight patients were admitted with a diagnosis of ACS. Sequential evaluation of sPLA2 concentration in these patients documented that sPLA2 levels were highest with the onset of ACS and declined as the patient recovered.

Secretory PLA2 levels were highest in patients with clinically more severe lung disease as assessed by arterial blood gas results and the need for transfusion. Arterial blood gas measurements in room air were performed on 15 ACS patients. Comparisons of ACS patients with and without significant hypoxia (PaO2 < 70 and ≥ 70 mm Hg) and with and without increased alveolar-arterial O2 gradients (>30 and ≤ 30 mm Hg) revealed an excellent correlation between elevated sPLA2 clinical severity (Fig 4).

Secretory PLA2 concentration was also compared in the transfused versus untransfused patient groups. One patient from the transfused group was removed from the analysis because he was transfused secondary to aplastic crisis and not due to pulmonary disease. Also, one severely alloimmunized patient was removed from the analysis because, despite

![Fig 2. sPLA2 levels in different SCD patient groups. Comparison of mean sPLA2 levels in three different groups of SCD patients and in non-SCD patients with pneumonia. ACS, n = 20; VOC, vaso-occlusive crisis, n = 10; steady state SCD patients at the time of routine comprehensive health care visit, n = 11; non-SCD pneumonia patients, n = 11.](image)

![Fig 3. Sequential sPLA2 levels in four SCD patients admitted with VOC. Four patients admitted with VOC were followed with sequential sPLA2 levels and went on to develop ACS. Their levels are shown here. Three patients admitted with VOC and monitored in time did not develop ACS, and sPLA2 levels remained low. Hospital day 0 is the day the diagnosis of ACS was made. Hospital days before and after the day ACS was diagnosed are designated by negative or positive numbers, respectively.](image)

![Fig 4. Correlation of sPLA2 levels with measures of severity. Comparison of sPLA2 levels in ACS patients with and without hypoxia (PaO2 < 70 and > 70 mm Hg, respectively), with and without increased alveolar-arterial O2 gradient [(A - a)O2 > 30 and ≤ 30 mm Hg, respectively] and in those who did (+) and did not (-) need transfusion (TXN). Error bars indicate ± 1 SD. N = 15 for all three comparisons.](image)
severe hypoxia, he could not be transfused secondary due to a lack of compatible blood. Secretory PLA2 levels were significantly higher in the group needing transfusion, suggesting a relationship between sPLA2 concentration and clinical severity (Fig 4).

DISCUSSION

Elevated levels of sPLA2 have been reported in ARDS,28,30 sepsis,30,55-57 multi-organ dysfunction,58-59 and arthritis.55,60 Secretory PLA2 is felt to be an important mediator of inflammation in these conditions as it can hydrolyze arachidonic acid from the sn-2 position of phospholipids providing the essential substrate for a number of eicosanoids.30 Secretory PLA2 is upregulated in response to proinflammatory cytokines such as tumor necrosis factor and interleukin-1.20,27,41-43 In animal models, PLA2 administered intravenously or instilled intratracheally, produces diffuse ARDS-like changes including diffuse alveolar edema and an inflammatory cell influx.44,45 This same lung injury can be prevented by pretreatment with inhibitors of PLA2.65-67 In humans, sPLA2 is increased in patients with ARDS and has been shown to correlate with outcome, severity of lung injury, and alveolar-arterial oxygen gradient.29,29,49

We found dramatically elevated levels of sPLA2 in SCD patients with ACS. Similar elevations were not seen in SCD patients with VOC alone and the presence or absence of fever with pain crisis did not alter this result. Despite the fact that most of these ACS patients were not seriously ill, their sPLA2 levels were similar to that found in critically ill patients with ARDS and sepsis.28,30 Additionally, sPLA2 levels in the ACS group were nearly five times greater than levels in non-SCD patients with pneumonia and suggest that sPLA2 elevation is not just a secondary marker for lung damage.

As in ARDS, sPLA2 concentration in patients with ACS correlated with several measures of clinical severity. The correlation between sPLA2 and arterial-alveolar gradient is particularly relevant as Emre et al recently reported this to be the strongest predictor of clinical severity in ACS. In the ACS patients followed sequentially, the increase in sPLA2 coincided with the onset of ACS and levels declined as the patient improved. In total, these results suggest that there is a relationship between sPLA2 and ACS.

The detection of fat embolism and elevated levels of sPLA2 in ACS suggests a causal relationship between free fatty acids, fatty acid-derived lipid mediators, and ACS. Since vaso-occlusive crisis can result in the intravascular release of bone marrow fat and lead to pulmonary fat embolism, this may trigger the upregulation of sPLA2 and generate more free fatty acids, either systemically or locally in the lung. While the pulmonary toxicity of increased free fatty acids in an in vitro setting, as well as in animal models, is well established,12,13 documenting the toxic effects of free fatty acids in vivo has been more difficult. A recent report, however, indicates that both palmitic and oleic acid levels as well as total free fatty acids are elevated in ACS but not in vaso-occlusive crisis14 and further supports the above hypothesis. Bronchoalveolar lavage (BAL) has recently been demonstrated to be a safe and effective means to detect pulmonary fat embolism. The ACS patients in this study did not undergo BAL but correlating sPLA2 levels with the results of BAL in the future, could also help document a relationship between sPLA2 and fat embolism. Implicating sPLA2 in the pathophysiology of ACS and fat embolism has clinical importance in that sPLA2 may be useful as an early marker for ACS. In the vaso-occlusive crisis patients followed sequentially, sPLA2 levels seemed to increase in the 2 to 3 days before ACS. These data are preliminary, however, and sequential sPLA2 levels on a large number of SCD patients admitted with pain will be necessary to further evaluate sPLA2 usefulness as a predictor for ACS. If sPLA2 proves accurate in predicting ACS, therapies such as transfusion or sPLA2 inhibitors could be considered earlier in disease. Because of the association of sPLA2 with rheumatoid arthritis and sepsis, there is already considerable interest in the development of sPLA2 inhibitors.55,57

Our study also demonstrated elevated sPLA2 levels in SCD patients at baseline compared with normal controls. If bone marrow fat embolism is a stimulus for sPLA2, increased baseline sPLA2 levels may reflect ongoing or intermittent leakage of marrow fat intravascularly. Alternatively, higher levels of sPLA2 at baseline may reflect a disturbed balance of inflammatory mediators. In support of this latter hypothesis, reports in SCD patients have documented elevations of endotoxin,54 tumor necrosis factor and interleukin-1,9 all known to upregulate sPLA2. Other studies have also reported that SCD patients often have altered levels of lipid mediators related to the action of sPLA2, including prostaglandins, leukotrienes, and thromboxanes.60,64

In summary, we documented dramatically elevated levels of sPLA2 in association with ACS. The rise in sPLA2 coincided with the onset of ACS and the degree of sPLA2 elevation correlated with several measures of clinical severity. In addition to documenting high levels of sPLA2 in ACS, we found that SCD patients have elevated levels at baseline compared with normal controls. The significance of this is unknown at present but may reflect an altered regulation of the inflammatory system. Secretory PLA2 may be useful in identifying patients at risk for ACS and provide justification for the evaluation of additional therapies to treat this complication.

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