Effects of Recombinant Human Macrophage Colony-Stimulating Factor on Plasma Cholesterol Levels

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Recombinant human macrophage colony-stimulating factor (rhM-CSF) is a hematopoietic growth factor that stimulates the growth, differentiation, proliferation, and activation of cells of the monocyte/macrophage lineage. rhM-CSF was administered to rabbits and nonhuman primates to evaluate effects on cholesterol homeostasis. Decreases in plasma cholesterol concentrations were observed during rhM-CSF administration. The observed mean (±SD) decreases over a range of doses in nonhuman primates receiving rhM-CSF by continuous intravenous infusion (CIVI) or intravenous bolus (IVB) injection were approximately 16% ± 8% and 43% ± 10%, respectively. Low-density lipoprotein (LDL) cholesterol levels decreased 55% ± 9% from pretreatment baseline values in the animals receiving rhM-CSF by IVB. Normocholesterolemic New Zealand white rabbits receiving rhM-CSF over a range of doses by CIVI showed a decrease from baseline in total cholesterol of approximately 28% ± 17%, with LDL cholesterol levels decreasing by approximately 72% ± 33%, while high-density lipoprotein levels showed variable changes, including increased values. A decrease of 36% ± 26% in total plasma cholesterol was observed in Watanabe Heritable Hyperlipidemic rabbits receiving rhM-CSF by CIVI for 7 days. This decrease was attributable almost entirely to decreases in LDL cholesterol, which fell approximately 34% ± 24% from baseline. Although the mechanism of this cholesterol-lowering effect is unknown, these results strongly suggest that rhM-CSF may provide a novel treatment for hypercholesterolemia and may be useful in investigations into the mechanisms of cholesterol homeostasis and atherogenesis.

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activities have been induced by rhM-CSF. Peripheral blood monocytes obtained from rhM-CSF-treated monkeys were found to have increased expression of Ia antigen, LFA3, CD16, and CD14 antigen, and were able to mediate antibody-dependent cell-mediated cytotoxicity against melanoma and neuroblastoma targets in vitro assays.\(^{12,22}\) In preliminary studies in our laboratories, we noted a marked reduction in the plasma cholesterol of primates receiving rhM-CSF alone or in combination with rhGM-CSF.\(^{13,23}\)

In the current study we have investigated the effects of parenterally administered rhM-CSF on plasma cholesterol levels in normocholesterolemic rabbits, nonhuman primates, and Watanabe heritable hyperlipidemic (WHHL) rabbits.

**MATERIALS AND METHODS**

**Recombinant protein.** rhM-CSF was cloned and expressed in Chinese hamster ovary cells at Genetics Institute (Cambridge, MA). rhM-CSF is a 90-Kd homodimer consisting of two 25-Kd disulphide-bonded monomers of 223 amino acids, each with two N-linked glycosylation sites and numerous O-linked glycosylation sites. The specific activity was greater than 5 × 10\(^6\) U/mg as measured by an in vitro bone marrow stimulation assay. The purified protein was shown to be sterile and pyrogen and endotoxin free.

**Animals.** Female New Zealand White (NZW) and WHHL rabbits, weighing 2.5 to 3.5 kg, and male cynomolgus monkeys, weighing 3.6 to 7 kg, were used in all experiments. The animals were fasted during evaluations and fed Purina laboratory chows (Ralston Purina, St Louis, MO) and given water ad libitum. The animals were housed and cared for under the National Institutes of Health guidelines.

**Procedures.** rhM-CSF was administered as an intravenous bolus injection (IVB), subcutaneous (SC) injection, or continuous intravenous infusion (CIVI). For CIVI, a catheter was surgically implanted into the iliac vein of the nonhuman primate, or into the external jugular vein of the rabbit. A Broviac access catheter (6.6 F; Everned, Cranston, RI) was used for primates, and Micro-Renathane tubing (Braintree Scientific, Braintree, MA) was used for rabbits. The catheter was exteriorized and connected to an ambulatory infusion pump (Parker Micro-pump, Model 2004; Parker, Irvine, CA), which was held in a jacket (Alice King Chatham Medical Arts, Los Angeles, CA) worn by the animal. This setup allowed a continuous IV delivery of the protein at a selected dosage rate over specified time intervals. The protein in these studies was administered at a dose of 10 to 300 μg/kg/d, administered by a SC injection for one cycle of 7 to 14 days, followed by a break period for up to 14 days. The rabbits received a single cycle of dosing; the nonhuman primates received one to three cycles of treatment. The protein was also administered by daily IVB to primates at a dose of 100 or 1,000 μg/kg/d for 14 consecutive days, and by daily SC injections to NZW rabbits for 7 to 14 days at dose levels of 10 to 300 μg/kg/d.

Hematology parameters, including complete blood cell count, differential, platelet count, and plasma cholesterol concentrations were evaluated before dosing, and at intervals during and after the dosing period. Plasma cholesterol concentrations were measured by an automated method (Technicon Auto-Analyzer, Tarrytown, NY) in some studies and by an enzymatic method (Stanbio, San Antonio, TX) in others. In selected studies, HDL and LDL cholesterol concentrations were determined by an enzymatic method (Stanbio), following a combination of ultracentrifugal and chemical (MgCl\(_2\)-dextran sulfate) separation of the apolipoprotein B containing lipoprotein fractions. The cholesterol concentrations reported in these studies represent the peak concentrations with respect to baseline observed during the treatment period, and the baseline cholesterol concentrations after the treatment period. Acute-phase reactant proteins, including α-1 antitrypsin, transferrin, C3, fibrinogen, and orosomucoid were measured in primates receiving one to three cycles of treatment by CIVI.

**Isolation of LDL.** LDL was prepared from fresh NZW rabbit plasma by sequential ultracentrifugation at a background density of 1.025 to 1.055 g/mL. The LDL was re cen trifuged once at a density of 1.055 g/mL and dialyzed overnight at 4°C against 0.15 mol/L NaCl, 0.01% EDTA, pH 7.4. The dialyzed LDL was iodinated by the technique of Bilheimer et al.\(^{24}\) Unreacted iodine was removed by chromatography on Sephadex G-10 (Pharmacia, Uppsal, Sweden), followed by dialysis overnight at 4°C against 0.15 mol/L NaCl. Lipid labeling was uniformly less than 8%, and more than 98% of the label was protein bound as shown by precipitation with 10% trichloroacetic acid (TCA).

**LDL turnover.** The plasma clearance of LDL was evaluated in untreated NZW rabbits and treated animals receiving rhM-CSF by CIVI at a dose of 100 μg/kg/d for 7 consecutive days. The evaluations of the treated animals were performed 7 to 21 days following the treatment with rhM-CSF. In these studies, radioiodinated LDL was injected into a marginal ear vein and blood samples were collected at intervals from the opposite ear vein. Plasma was isolated and assayed for TCA precipitable radioactivity. Plasma radioactivity time curves were constructed from these data and the fractional catabolic rates (FCR) were derived from the best fit of these tracer data.

**RESULTS**

**Primate, CIVI.** In normocholesterolemic primates (n = 6) receiving rhM-CSF by CIVI at dose levels of 25 to 175 μg/kg/d for one to three cycles of treatment, dose-related decreases in plasma cholesterol concentrations were seen in five of six primates during the first cycle of treatment, in three of four of these animals in the second cycle treatment, and in two of two animals receiving a third cycle of treatment. The mean (±SD) decrease from baseline values (all cycles) was 16% ± 8% with a range of 3% to 30%. The mean (±SD) decreases were 22% ± 7%, 8% ± 4%, and 12% for cycles one, two, and three, respectively.

The pretreatment, treatment, and posttreatment plasma cholesterol values (all cycles) were 132 ± 12, 114 ± 15, and 132 ± 8 mg/dL, respectively (Fig 1).

**Primate, IVB.** In primates (n = 6) receiving rhM-CSF by IVB at a dose of 1 mg/kg/d for 14 consecutive days, the mean plasma cholesterol concentration decreased 43% from a pretreatment baseline value of 153 ± 24 mg/dL to a mean value of 89 ± 25 mg/dL during the treatment period. The LDL decreased 55% from a baseline pretreatment value of 67 ± 15 mg/dL to a treatment value of 30 ± 8 mg/dL. In this study, the HDL cholesterol also decreased 33% from a pretreatment baseline value (mean ± SD) of 85 ± 13 mg/dL to 57 ± 22 mg/dL.

**NZW Rabbit, CIVI or SC.** At dose levels of 50 to 300 μg/kg/d administered by CIVI or SC injection, 14 of 16 animals showed a decrease in plasma cholesterol concentration from a mean pretreatment value of 83 ± 26 to a nadir treatment value of 63 ± 23 mg/dL. LDL and HDL cholesterol were measured in 8 of the 16 animals. LDL...
Fig 1. Effects of rhM-CSF on plasma cholesterol levels of cynomolgus monkeys. rhM-CSF was administered by CIVI for one to three cycles of 14 days on and 14 days off at doses of 25 to 175 μg/kg/d. Plasma cholesterol concentrations were measured pretreatment, during treatment, and after treatment. (A) Mean (±SD) of plasma cholesterol levels for all cycles. (B) Individual plasma cholesterol values for animals for all cycles.

decreased in seven of the animals (72% ± 33%) and increased (6%) in one animal. HDL levels were increased (33% ± 7%) in three animals, decreased (32% ± 16%) in four animals, and were unchanged in one animal. No consistent decreases in plasma cholesterol concentrations were observed in normocholesterolemic NZW rabbits receiving rhM-CSF by CIVI or SC injection at lower dose levels of 10 to 30 μg/kg/d for 14 consecutive days.

WHHL rabbit. WHHL rabbits receiving rhM-CSF by CIVI for 14 consecutive days showed a decrease in plasma cholesterol from a pretreatment mean (±SD) value of 606 ± 166 mg/dL to a mean treatment value of 363 ± 64 mg/dL, a decrease of almost 40%. The decrease in cholesterol was attributable to a decrease in LDL cholesterol, which fell from 475 ± 147 mg/dL pretreatment to 292 ± 37 mg/dL during treatment, a decrease of approximately 39%. However, HDL cholesterol increased almost 400% from a mean pretreatment value of 6 ± 1 mg/dL to 25 ± 7 mg/dL during treatment.

LDL clearance. $^{125}$I-labeled LDL was cleared more rapidly from the plasma of NZW rabbits receiving rhM-CSF by CIVI at a dose level of 100 μg/kg/d, as compared with control NZW rabbits. The mean FCR in treated rabbits (n = 3) was 3.75 pools per day, as compared with a mean FCR of 2.07 pools per day in untreated rabbits (n = 3).

Hematologic effects. The most consistent hematologic effect noted in the animals receiving rhM-CSF was a nondose-related increase in circulating blood monocytes and large vacuolated macrophage-like cells (Fig 3). Up to 35% to 70% of the circulating white blood cell differential consisted of these macrophage-like cells. When protein was discontinued, the monocyte numbers returned to pretreatment values. A dose-related decrease in platelet count was also noted at doses greater than 100 μg/kg/d. This effect was rapidly reversible after rhM-CSF discontinuation.

Histopathologic findings. Liver and spleen biopsies were taken from primates receiving rhM-CSF by IVB at a dose of 1,000 μg/kg/d for 14 consecutive days. The most notable histopathologic finding in these tissues was an infiltration of macrophages into these organs, with evidence of extramedullary hematopoiesis.

DISCUSSION

In these studies, we have shown that the administration of rhM-CSF to normocholesterolemic rabbits and nonhuman primates and WHHL rabbits resulted in decreases in both total plasma cholesterol levels, and, in some cases,
EFFECTS rhM-CSF ON PLASMA CHOLESTEROL LEVELS

Fig 3. Peripheral blood response in NZW rabbits to rhM-CSF. rhM-CSF was administered to NZW rabbits by CIV for 7 to 14 days at dose levels of 100 µg/kg/d. This figure shows large macrophage-like cells in a peripheral blood smear. These cells can be one of the preponderant cell types in the differential.

decreases in LDL cholesterol levels. Also noted in animals receiving rhM-CSF were variable increases in the number of circulating monocytes and macrophage-like cells and an increased infiltration of macrophages into the liver and spleen. Although our observations do not clearly indicate the mechanism by which plasma cholesterol concentrations were lowered, a possible mechanism would be through an enhancement of monocyte/macrophage-mediated clearance of plasma cholesterol. Macrophages have been shown to take up LDL through receptor-mediated endocytosis using functional LDL receptors or through scavenger pathways, which include a high-affinity receptor-mediated uptake of a modified LDL, and through nonreceptor-mediated processes, including bulk pinocytosis. These pathways are not regulated by LDL uptake and could account for a continued removal of LDL cholesterol from the plasma and interstitial fluids. Therefore, rhM-CSF-mediated increases in the number and function of cells of the monocytic lineage could lead to enhanced LDL clearance. The increased fractional catabolic rate of LDL seen in these studies argues that the decrease in plasma cholesterol is mediated through increased clearance, rather than through a decrease in production of LDL.

Goldstein et al suggested that LDL cholesterol could be lowered by pharmacologic methods in the absence of LDL receptors. These methods included decreasing LDL production or stimulation of an alternative LDL receptor-independent catabolic pathway. Increasing the number of monocytes/macrophages in an animal could lead to a decreased rate of production of LDL by an increased catabolism of LDL precursors, or through increased uptake and catabolism of LDL by the scavenger pathway. There is evidence that the modified forms of LDL cleared by this pathway exist in vivo and that this modified LDL is a physiologic ligand for the scavenger receptor. However, these biologically modified forms are only thought to be present in tissue microenvironments rather than the circulation. Any circulating modified LDL would be rapidly cleared by tissue macrophages. M-CSF stimulates the activation of monocytes and macrophages. These activated cells will produce superoxide anions which, in vitro, have been shown to oxidize LDL. Increasing the number and activation of monocytes/macrophages in vivo may lead to oxidation of LDL with subsequent removal by the scavenger receptor.

In the present study, the increases in peripheral blood monocytes were variable and no direct correlation could be made between monocyte number and cholesterol lowering. However, there were increases in the spleen and liver weights of the nonhuman primates receiving rhM-CSF.
organ weights were increased as a result of an infiltration of macrophages. This observation is consistent with macrophage-mediated enhancement of LDL catabolism in these animals.

Another potential explanation for the observed decrease in plasma cholesterol concentrations could be an effect related to an acute-phase response. The acute-phase response, which accompanies infection or trauma, has been associated with decreases in total plasma cholesterol and LDL and HDL cholesterol. Evaluations of the effects of rhM-CSF on clinical laboratory parameters in primates have shown no evidence for an acute-phase response; these results argue against this effect as a mechanism of cholesterol lowering.

The monocyte/macrophage has been recognized as a progenitor of the foam cell in atherosclerotic plaques. These cells contain large amounts of cholesteryl ester.

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