CONCISE REPORT

Histopathology of the Thymus of Patients With Acute Lymphoblastic Leukemia and Lymphoblastic Lymphoma in Complete Clinical Remission

By H. Rappaport, D. Machover, R. Bearman, B. Nathwani, M. G. Lemaigre, G. Santelli, J. M. Verley, C. Canon, and G. Mathe

The histologic features of thymuses from three patients who underwent thymectomy for acute lymphoblastic leukemia or lymphoblastic lymphoma in complete clinical remission are described. The thymuses from all three patients were fibrotic with a variability in the appearance of the lobules. Some of the lobules consisted predominantly of epithelial cells with small numbers of mature appearing lymphocytes, while other lobules were expanded and composed predominantly of cells having morphological features of immature lymphoid cells consistent with residual or recurrent disease.

The histologic features of the thymus in patients with acute lymphoblastic leukemia (ALL) and lymphoblastic lymphoma (LBL) in complete clinical remission have been unknown. Thymectomy has been done in a small number of patients with T-cell ALL based on (1) experimental data that have demonstrated that thymectomy done on leukemia-bearing AKR mice during chemotherapy-induced remissions “... appears to significantly prolong remission duration and increase the number of long term survivors” and (2) the hypothesis “that lymphocytes may be continuously transformed in the thymus by hormonal factors secreted by thymic epithelial cells.” We were unable, however, to find any published reports that describe the histopathologic features of thymuses removed from patients with ALL or LBL in complete clinical remission. It is our purpose to present our morphological observations on three such patients.

MATERIALS AND METHODS

Mononuclear cells from peripheral blood and bone marrow were isolated by Ficoll-metrizoate density centrifugation, washed, and resuspended in Hanks balanced salt solution (HBSS). Preparation of E-rosettes and staining for surface immunoglobulin (SIg) were done by the method of Jondal et al. for the SIg, fluorescein-conjugated rabbit anti-human IgY, IgG, IgM, IgA were obtained from Behring. Anti-T-cell globulin was prepared from rabbit anti-human thymocyte globulin by extensive absorption with B-cell chronic lymphocytic leukemia cells. Cells to be tested were incubated for 30 min at room temperature, washed 3 times in HBSS, incubated with fluoresceinated goat anti-rabbit IgG (Institut Pasteur) for 30 min, and washed 3 times.

Monoclonal J5 antibody, which detects the common ALL antigen, was kindly provided by J. Ritz and S. Schlossman. Monoclonal anti-Ia was provided by Dr. L. Nadler and Dr. S. Schlossman. Binding of antibody was measured by use of an indirect immunofluorescence assay and analyzed on a fluorescent activated cell sorter II (Becton-Dickinson). One million cells were incubated with 150 µl of antibody at a dilution of 1:400 for 30 min. The cells were then washed 3 times and incubated with 150 µl of fluoresceinated goat anti-mouse IgG. The pellet was washed 3 times and at least 4 x 10^6 cells were analyzed.

Acid phosphatase and b-glucuronidase stains were done in one of the three cases.

CASE REPORTS

Case 1

The patient was a 7-yr-old male who had supraclavicular lymph node enlargement, a mediastinal mass with the superior vena cava syndrome, and a right testicular mass. Biopsy of the supraclavicular lymph node led to a diagnosis of LBL. The peripheral blood, bone marrow, and cerebrospinal fluid were normal. No surface marker studies were done. Treatment with adriamycin, asparaginase, prednisone, and vincristine resulted in a complete clinical remission, with disappearance of the mediastinal and testicular masses. Subsequent therapy consisted of central nervous system (CNS) and testicular irradiation as well as additional chemotherapy with methotrexate, 6-mercaptopurine, and vindesine. A thymectomy was done 3.5 mo after the onset of the disease when the patient was in complete clinical remission. He is alive with no evidence of disease 16 mo after diagnosis and 12.5 mo after thymectomy.

The thymus weighed 8.5 g (normal for patient's age: 20-30 g) and was fibrotic. Microscopically, a large amount of fibrous tissue surrounded the lobules, which showed a variable cellular composition: (1) some were atrophic and consisted only of epithelial cells with Hassall's corpuscles; (2) some contained epithelial cells and mature-appearing lymphocytes; and (3) in some lobules, the mature-appearing lymphocytes were surrounded by a mixed cellular proliferation composed of both epithelial cells and lymphoid cells having the appearance of blast cells identical to those observed in the lymph node. Some of these cells had convoluted nuclei.
Fig. 1. Portions of two thymic lobules separated by a thin band of fibrous tissue. The lobule on the left is hypocellular and composed predominantly of epithelial cells (see Fig. 2). The lobule on the right is hypercellular and composed predominantly of lymphoid cells (see Fig. 3) (hematoxylin & eosin, ×50).

Fig. 2. High magnification of lobule on the left of Fig. 1 shows the abundance of epithelial cells with a scattering of small, mature-appearing lymphocytes (hematoxylin & eosin, ×730).

Fig. 3. High magnification of thymic lobule on the right of Fig. 1 shows a predominance of lymphoid cells with only few scattered epithelial cells. Mitotic figures are abundant (arrows) and the lymphoid cells are appreciably larger than the small lymphocytes in Fig. 2. The nuclei of the lymphoid cells show appreciable variations in size and shape and bear no resemblance to normal lymphoid cells. They are interpreted as indicative of involvement of this lobule by lymphoblastic lymphoma (hematoxylin & eosin ×730).
ALL, acute lymphoblastic leukemia.

Further evaluation revealed involvement of the bone marrow. The peripheral blood was normal. The patient was treated with asparaginase, prednisone, and vincristine. In addition, he received irradiation to the CNS and was maintained in complete remission with 6-mercaptopurine and methotrexate and later with immunotherapy. A complete clinical remission lasted 30 mo. At the end of this period, a routine bone marrow aspirate contained 10% lymphoblasts. Therapy with adriamycin, asparaginase, prednisone, and vincristine was instituted and resulted in a complete clinical remission which lasted for 18 mo, when a second hematologic relapse occurred with 20 x 10^9 lymphoblasts/liter in the peripheral blood. An anterior mediastinal mass was also noted at this time. Surface marker studies done on the peripheral blood revealed both spontaneous E-rosette formation and reactivity of the lymphoblasts to antithymocyte serum. The blast cells were Ia negative and common ALL antigen negative.

The thymus weighed 9.8 g (normal for patient's age: 7-30 g) and was grossly fibrotic. Microscopically, the lobules were separated by dense fibrous tissue. Many of the lobules were atrophic and were composed only of epithelial cells or of epithelial cells and small numbers of mature-appearing lymphocytes. The lymphoid population of many of the lobules, however, consisted predominantly of lymphoblasts. Mitoses were evident.

The clinical data and course of these patients are summarized in Table 1.

**DISCUSSION**

Both T-cell ALL and T-lymphoblastic lymphoma are presumed to originate from thymus-derived lymphoid cells. This hypothesis is supported by immunologic and clinical observations. In the three patients reported here, thymuses were removed during complete clinical remission containing varying proportions of neoplastic-appearing lymphoid cells. In spite of this, two patients (1 and 3) have had no relapse at 12.5 and 20 mo after thymectomy. Patient 2 however, relapsed 2 mo after thymectomy and died less than 1 mo later. It is not possible to determine whether the presence of neoplastic-appearing lymphoid cells in the thymectomy specimens represented a new site of relapse or persistence of preexisting thymic involvement in a microenvironment favorable to the proliferation of neoplastic T cells.

Both ultrastructural and combined ultrastructural-functional studies have shown that the cortex of the thymus is anatomically and antigenically isolated. Thus, it is tempting to speculate that the thymus may be a "sanctuary" for neoplastic T cells. However, unlike the testes and the CNS, the thymus is the site of origin of the neoplastic cells. If this is correct, their presence in the thymus would indicate...
LYMPHOBLASTS IN THYMUS DURING REMISSION

persistence of the disease in the primary site rather than in an organ of secondary involvement.

The significance of our observation that neoplastic-appearing lymphoid cells are present in the thymus of patients in complete clinical remission is unclear. It is our purpose here not to advocate the use of thymectomy as a means of eradicating residual disease, but merely to record that such residual disease may exist in patients who are in apparently complete clinical and hematologic remission. Although we believe that the focal clusters of lymphoblasts seen in our thymectomy specimens constitute persistent or recurrent disease, this interpretation should be confirmed in a larger series of cases, not only by morphological studies but also by newer methods. These include cytogenetic studies as well as flow microfluorometric analysis of DNA content.

REFERENCES

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