Selection of Donor Platelets for Alloimmunized Patients Using a Platelet-Associated IgG Assay

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A quantitative immunofluorescence platelet-associated immunoglobulin-G (PA-IgG) assay was used to detect alloimmunity to platelets in 8/12 multitransfused patients and to perform platelet crossmatching in the 8 alloimmunized patients. The correct separation of multitransfused patients into alloimmune and nonalloimmune groups was substantiated with chromium-51-labeled platelet survival studies. For 5 alloimmunized patients, compatible and incompatible donor platelets were demonstrated by PA-IgG crossmatching and were confirmed by platelet survival studies. With the other 3 alloimmunized patients, only PA-IgG incompatible donor platelets were found. Survival studies with 5 of these incompatible donor platelets showed markedly reduced survival times on 4 occasions.

Repeated blood or platelet transfusions produce alloimmunization of the recipients and unresponsiveness to further random donor platelet transfusions.1-4 HLA-compatible donor platelets from related and unrelated individuals initially produce an adequate platelet transfusion response in most of these alloimmunized recipients.5-10 Therefore, it has been suggested that HLA typing of a large section of the population would provide a sufficient number of compatible platelet donors to circumvent the problem of alloimmunization and resistance to platelet transfusions. However, three major reasons are against this ambitious plan: (1) HLA typing is very expensive, time-consuming, and complex; (2) it would require a very large file of HLA-typed prospective donors to satisfy the increasing demand for platelets; and (3) with continued use of HLA-matched platelets, some 30%-35% of transfusions ultimately fail to produce a satisfactory response.11-19 This unexpected unresponsiveness has been variously attributed to white cell contamination11 or to antibodies against platelet-specific antigens or currently unidentified HLA antigens.15-17,19-23 In spite of much progress, the problem of alloimmunization and resistance to platelet transfusions is still with us. It, therefore, seems logical that a predictive platelet crossmatching technique to select the best compatible donor platelets for alloimmunized recipients would be of paramount importance. It could be used as an adjunct to HLA typing or, if effective enough, it could possibly replace the need for HLA typing.

Various platelet crossmatching assays have been proposed, including platelet aggregation,20-24 platelet serotonin release,25 platelet factor 3 release,26 platelet complement fixation,27 platelet migration inhibition,28 and lymphocytotoxic antibody screening.29-32 The multiplicity of these assays attests to the difficulty in finding an ideal technique. In addition, further evaluation of these assays has often shown their insensitivity, inconsistency of results, and at times, unusual technical complexities.11,15,20,23,29,30,32 False negative and false positive crossmatch predictions have also been especially troublesome with these methods.15,29,30,32

An immunofluorescence test measuring platelet surface IgG was introduced a few years ago15,33 based on the qualitative measurement of fluorescence. When combined with lymphocytotoxicity testing, it correctly predicted 93% of platelet transfusion responses in alloimmunized patients as judged by posttransfusion platelet increments.15 However, one knows by experience that platelet survival as measured by circulating platelet increments is often subject to error unless the increments are of a significant magnitude or are followed repeatedly for at least 24 hr.

We recently developed a quantitative immunofluorescence platelet-associated IgG (PA-IgG) assay that provided a sensitive method to detect an immune IgG antibody on the platelet surface and in the serum of patients with immune thrombocytopenic purpura (ITP).34 In the present study, this new PA-IgG assay was used first to detect alloimmunity to platelets in multitransfused patients and then to perform platelet crossmatching of donor platelets for these patients.
PLATELET IgG TEST FOR DONOR PLATELETS

Survival of $^{51}$Cr-labeled donor platelets in the sensitized recipients was used as proof of the predictive results.

MATERIALS AND METHODS

Human Subjects

Twelve multitransfused patients ranging in age from 16 to 75 yr were studied (Fig. 1, Table I). Four patients had acute myelocytic leukemia, four refractory anemia, and one each Fanconi’s anemia, sideroblastic anemia, non-Hodgkin’s lymphoma, and double heterozygosity for $\beta$-thalassemia and a high oxygen affinity hemoglobin variant. The patients received 0-137 U of platelet and 4-261 U of red cell transfusions over 1 mo to 9 yr. Only 5 patients (nos. 1, 5, 6, 10, 12) had previously received more than 10 U of transfused platelets. Three of these patients (nos. 1, 5, 6) had demonstrated refractoriness to random donor platelets as indicated by $I$ refractoriness to random donor platelets as indicated by $I$- and 24-hr posttransfusion platelet increments less than 10% of the predicted value on 2 or more occasions. No patient had splenomegaly, infection, or disorders associated with accelerated platelet consumption at the time of the study. Normal volunteers ranging in age from 23 to 62 yr were obtained from the medical and laboratory personnel of the Division of Hematologic Research or from the family members of the patients. Informed consent was obtained from all patients and volunteers according to the principles of the Declaration of Helsinki.

Platelet-Associated IgG (PA-IgG) Assay

The direct and indirect PA-IgG tests were performed as previously described with a modification of the indirect test. The direct test measures the amount of IgG on the platelet surface, while the indirect test determines the quantity of PA-IgG on the platelet surface after preincubation of platelets with test serum. The quantity of PA-IgG in the test serum, termed the indirect PA-IgG level, was calculated as the difference between the PA-IgG value in the indirect test minus that in the direct test. In the present study for the indirect test, washed platelets were suspended in phosphate-buffered saline containing 15% acid citrate dextrose (pH 5.2) to prevent platelet clumping. With this modified indirect PA-IgG test, a new normal range was established for the indirect (serum) PA-IgG level using 63 normal volunteers: 0.45 fg/platelet (mean $\pm$ 2 SD, 0.14 $\pm$ 0.30 fg/platelet). Reproducibility of the indirect test was assessed by performing 12 assays with a single normal serum sample. The results showed a mean $\pm$ 2 SD of 0.21 $\pm$ 0.08 fg/platelet. All tests were performed in duplicate. In each experiment, control assays using known positive and negative sera were tested.

Platelet Aggregation

Detection of platelet alloantibodies in test sera using platelet aggregation was performed by the method of Wu et al. Blood was obtained from patients and normal controls who had stopped for at least 1 wk all medications known to affect platelet function. After incubation of platelet-rich plasma with $^{14}C$-5-hydroxytryptamine creatine sulfate ($^{14}C$-serotonin, Amersham Corp., Arlington Heights, Ill.) for 45 min at 37°C, Imipramine (Sigma Chemical Co., St. Louis, Mo.) at a final concentration of 2 $\mu$M was added to prevent platelet serotonin reuptake. The control range of serotonin release determined from 24 normal sera was 12.4% $\pm$ 6.7% (mean $\pm$ 2 SD). A positive serotonin release was defined as a test result greater than the upper limit of the control range (i.e., $\geq$19%).

$^{51}$Cr-Sodium Chromate Platelet Survival Studies

Platelet chromium-51 survival studies were performed according to Morrison and Baldini with minor modifications. Whole blood (450 ml) was collected in phlebotomy bags containing 67.5 ml of citrate phosphate dextrose solution (Fenwal Labs, Deerfield, Ill.). Contaminating erythrocytes and leukocytes were eliminated from the platelet-rich plasma by centrifugation at 370 mm, 2 hr. and 4 hr postinfusion on the first day and daily thereafter for up to 10 days. The normal range of allogeneic platelet survival was determined from 12 studies performed in nonthrombocytopenic, nonalloimmune volunteers. The normal ranges of maximum recovery and survival time were 39%-$71\%$ (mean $\pm$ SD, 55% $\pm$ 16%) and 7.2-9.8 days (8.5 $\pm$ 1.3 days), respectively.

Alloimmunity and Crossmatch Testing Data Analysis

An elevated indirect PA-IgG level (>0.45 fg/platelet) or a positive platelet aggregation (>5%), serotonin release (>19%), or lymphocytotoxicity test indicated platelet alloimmunity and an
incompatible crossmatch result. Normal results for these assays represented a compatible crossmatch test. Alloimmunization was substantiated by a reduced platelet survival study without another cause for the reduction. The prediction of a crossmatch test was judged against platelet survival studies. A correct prediction was defined as (1) a negative crossmatch test associated with a normal platelet survival or (2) a positive crossmatch test associated with a reduced platelet survival. An incorrect prediction was (1) a negative crossmatch test and a reduced platelet survival ("false negative" prediction) or (2) a positive crossmatch test and a normal platelet survival ("false positive" prediction). An equivocal prediction included a negative crossmatch test and mildly reduced platelet survival with an explanation for the reduction other than alloimmunity.

### RESULTS

**Demonstration of Alloimmunity**

Sera from the 12 patients were tested against a donor panel of 8 normal volunteers and family members of individual patients using the indirect platelet-associated IgG (PA-IgG), platelet aggregation, and platelet serotonin release assays. Patients 1–8 showed elevated indirect PA-IgG levels in 2–10 tests (Fig. 1), indicating alloimmunity to the donor platelets. The direct PA-IgG levels were normal for all patients. Table 1 shows the relationship between platelet survival, platelet crossmatching tests, and HLA matching.

#### Table 1: Relationship Between Platelet Survival, Platelet Crossmatching Tests, and HLA Matching

<table>
<thead>
<tr>
<th>Patient</th>
<th>Diagnosis*</th>
<th>Platelet (IU)</th>
<th>RBC (IU)</th>
<th>Last Platelet (MOS)</th>
<th>Patient - Donor</th>
<th>Platelet Count† (× 10⁷/µl)</th>
<th>Indirect PA-IgG (fg/plt)</th>
<th>Platelet Aggregation (%)</th>
<th>Serotonin Release (%)</th>
<th>Lymphocytotoxity</th>
<th>Platelet Survival Max.</th>
<th>Recovery† (%)</th>
<th>Days‡</th>
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*Abbreviations: AML, acute myeloid leukemia; RA, refractory anemia; FA, Fanconi’s anemia; β-thal, double heterozygosity for beta-thalassemia and high-affinity oxygen hemoglobin; SA, sideroblastic anemia.
†At time of platelet survival study.
‡The total platelet survival was the time at which 10% of the maximum recovery value was reached. The maximum platelet recovery value was determined at 5 min after infusion, which may explain the apparently "high" incremental recovery values compared with reported 30-min recoveries for alloimmunity.
§No compatible donor platelets by PA-IgG testing.
¶Patients 11 and 12 died before platelet survival studies could be performed.
||Donors were family members as follows: B2UX, mother; D, father; C, daughter; all other donors were from the panel of volunteers.
patients, thus excluding an autoantibody in their sera as the cause of the elevated indirect PA-IgG levels. All the indirect PA-IgG levels were normal with sera from patients 9–12 (Fig. 1). Therefore, the 12 patients were clearly separated into alloimmune (group I) and nonalloimmune (group II) groups based on the PA-IgG assay.

When tested against the donor panel, the sera of only 3 alloimmune patients (nos. 1, 3, 8) produced positive platelet aggregation results, implying allostimmunity in these patients. Similarly, a positive serotonin release was observed with the sera of just 2 patients (nos. 6 and 8). A positive lymphocytotoxicity antibody test, indicating allostimmunity, was found with the sera from 5 of 8 alloimmune patients (Table I).

**ABO, Rh, and HLA Matching**

ABO and Rh mismatches did not influence the results of the indirect PA-IgG levels or platelet survival studies, similar to previous findings. For the PA-IgG crossmatches shown in Fig. 1, all donor–recipient pairs were HLA-C and D matches except for 6 pairs, of which 5 were used for survival studies (see Table 1).

**Relationship Between Platelet-Crossmatch Testing, \(^{51}\text{Cr}-\text{Platelet Survival Studies, and HLA Typing**}

Both compatible and incompatible PA-IgG crossmatch tests were found for patients 1–5 (Fig. 1). Two platelet survival studies using PA-IgG compatible and incompatible donor platelets were then performed for each of these 5 patients. Nine of the 10 survival studies confirmed the PA-IgG crossmatch predictions (Table 1). For these 9 studies, PA-IgG compatible platelets survived normal times of 6.5–8.7 days, while incompatible donor platelets demonstrated reduced survival times of 0.1–2.4 days. The survival that did not confirm that the PA-IgG crossmatch was equivocal. The survival time was 3.5 days using PA-IgG compatible donor platelets in a severely thrombocytopenic (30,000/\(\mu\)l) patient (no. 5) during relapse of acute leukemia. This study was considered equivocal since a reduced survival time may be seen with very severe thrombocytopenia. For patients 6–8, only incompatible PA-IgG platelet crossmatches were found with the donor panel (Fig. 1). With these 3 patients, 5 survival studies were then performed using donor platelets with the lowest indirect PA-IgG levels or with HLA-A or B matches (Table 1). Four of the 5 studies showed markedly reduced survival times of 0.1–0.9 days. The only incorrect PA-IgG prediction was a false positive crossmatch with patient 8 (Table 1), a result we cannot currently explain. As illustrated in Fig. 2, an elevated indirect PA-IgG level indicated a reduced survival time of 0.1–2.4 days on 9/10 occasions, whereas a normal PA-IgG level was associated with a platelet survival of 3.5–8.7 days.

Platelet aggregation and platelet serotonin release crossmatch tests were performed for the 8 alloimmu-
nized patients with the same donor platelets used in the survival studies (Table 1). These crossmatch assays were negative for all but 3 and 2, respectively, of the 15 studies performed. The positive crossmatches predicted incompatible donor platelets with shortened survival times on only 2 and 1 occasions, respectively. An additional positive crossmatch for each assay was a false positive result for patient 8, similar to the prediction with the PA-IgG assay. The positive crossmatches with these assays were found with the donor-recipient pairs showing the most elevated indirect PA-IgG levels.

Lymphocytotoxicity testing showed only positive or negative crossmatch results for each donor pair tested (Table 1). This assay also provided a false positive crossmatch result for patient 8.

Indirect PA-IgG, platelet aggregation, platelet serotonin release, and lymphocytotoxicity antibody tests showed compatible crossmatches with all donor platelets for the 4 nonalloimmunized patients (nos. 9–12, Fig. 1, Table 1). These crossmatch predictions were confirmed by normal platelet survival times (Table 1, Fig. 2).

Table 2 summarizes the overall crossmatch prediction results of the 4 assays for the 12 patients. The PA-IgG assay correctly indicated the platelet survival results on 15/17 occasions (88%), platelet aggregation 8/17 (47%), serotonin release 7/17 (41%), and lymphocytotoxicity 10/17 (59%). False negative results were seen in 29%–53% of the studies with the latter 3 assays. Also, these 3 assays did not discriminate compatible from incompatible donor platelets in patients 1–5, since only positive or negative crossmatches were seen with these tests for each donor pair.

Finally, the PA-IgG assay predicted the survival of donor platelets in the 8 alloimmunized patients independent of HLA typing. HLA-C and D matched platelets, which were PA-IgG compatible, survived normally in the alloimmunized recipients (Table 1). Recipient HLA-A2 antigen status did not influence the response to these C- and D-matched platelets, as has been shown to be possible. HLA-A- and B-matched platelets showed two normal, one intermediate, and two markedly reduced platelet survivals (Table 1). The PA-IgG assay correctly predicted 4 of these 5 survival outcomes, including the two reduced survivals.

### DISCUSSION

Our quantitative immunofluorescence PA-IgG assay provided a rapid, sensitive, and reproducible method to detect platelet alloimmunity and to crossmatch donor platelets for alloimmunized patients. In this study, the correct separation of 12 multitransfused patients into alloimmunized and nonalloimmunized groups based on PA-IgG testing was confirmed for all patients by 51Cr-labeled platelet survival studies. Moreover, when used to crossmatch donor platelets for alloimmunized patients, the PA-IgG assay correctly predicted the in vivo survival of these platelets on 15/17 occasions (88%) with one additional equivocal result. As predicted by PA-IgG crossmatching, platelet incompatibility was associated with survival times of less than 2.5 days, whereas in vitro compatible platelets had survival times of 6.5–8.7 days. The reduced platelet survival seen in one case with an equivocal PA-IgG crossmatch may be explained by the patient’s very severe thrombocytopenia, a situation reported to produce a modest reduction in platelet survival. Importantly, the PA-IgG assay could differentiate compatible and incompatible donor platelets for individual alloimmunized patients and could indicate patients showing incompatibility to all donor platelets tested, even HLA-A- and B-matched platelets.

This indirect PA-IgG assay provided a quantitative measurement of platelet-associated IgG, thus avoiding the subjective interpretation necessary with previously reported qualitative immunofluorescence assays. These qualitative PA-IgG assays detected platelet alloimmunity in 13/16 multitransfused patients and correctly predicted platelet crossmatches in 76/82 cases (93%) when combined with lymphocytotoxicity testing. However, assessment of crossmatch predictions in the latter study was based only on posttransfusion platelet increments and the alloimmune status of the patients in the former report was not substantiated. The present study combines a quantitative PA-IgG assay with platelet survival measurements to confirm these previous findings and to provide more
solid substantiation of the correctness of PA-IgG crossmatching. Also, this study indicates that platelet crossmatching for alloimmunized patients is feasible using a PA-IgG technique.

The control measurements with platelet aggregation, platelet serotonin release, and lymphocytotoxicity testing in this study found these assays to be inadequate crossmatching techniques, as previously reported by others.11,19,30,32 These assays provided correct crossmatch predictions for only 41%-59% of the platelet survival studies. Our results are consistent with those of Filip et al.,32 who found predictive rates of only 59% with platelet aggregation, 57% with serotonin release, and 70% with lymphocytotoxicity. Pogliani et al. showed platelet aggregation to be a correct predictor of only 13/102 crossmatches.39 Similar to the present study, Brand et al.15 and Herzig et al.30 also found a high false negative prediction rate (35%-40%) with lymphocytotoxicity testing. Thus, despite the limited number of patients in the present study, the results with these three techniques are completely compatible with previous reports and give credence to the superior crossmatching capability of the PA-IgG assay.

In this study, the PA-IgG assay selected compatible donor platelets independent of HLA typing. It predicted incompatible transfusion responses for A- and B-matched donor platelets and normal platelet survivals for C- and D-matched platelets in alloimmunized patients. Therefore, when HLA typing is not available or HLA-A- and B-matched donor platelets cannot be found, the PA-IgG crossmatching technique could possibly select compatible donors among C- and D-matched platelets. Alternatively, in alloimmunized patients refractory to pooled random donor platelets, compatible single donor platelets could be found by PA-IgG crossmatching before resorting to laborious and expensive HLA typing. Moreover, in this study, the PA-IgG assay correctly indicated which HLA-A- and B-matched platelets would be associated with poor survival results in alloimmunized recipients. It is known that inadequate responses to HLA-A- and B-matched donor platelets can occur in as many as 30%-35% of transfusions in alloimmunized patients.11-19 The indirect PA-IgG assay detected the presence of non-HLA alloantibodies in these situations and indicated which HLA-A- and B-matched donor platelets would not produce an adequate transfusion response.

This is certainly a preliminary study in the utilization of a PA-IgG assay for platelet crossmatching. The practical application of PA-IgG testing to platelet crossmatching awaits further large-scale studies. At that time, a combination of PA-IgG testing and HLA typing may prove to be the most satisfactory means of selecting compatible platelets for refractory alloimmunized patients.

### ADDENDUM

Recently, an additional report has appeared that showed the effectiveness of a qualitative, indirect platelet immunofluorescence test in selecting donor platelets for alloimmunized patients.32

### ACKNOWLEDGMENT

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Selection of donor platelets for alloimmunized patients using a platelet-associated IgG assay

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