

**CONCISE REPORT**

**Somatostatin Suppresses Growth of Murine Myeloid Leukemia In Vivo**

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Daily injections of somatostatin into mice with myeloid leukemia retarded the tumor growth. This myeloid leukemia is an insulin-dependent tumor (in that it grows more slowly in hypoinsulinemic diabetic mice than in nondiabetic animals). Since somatostatin decreased the

level of immunoreactive insulin in mice with myeloid leukemia, and since the treatment with insulin abrogated the antileukemic effect of somatostatin, we attribute retarded growth of this leukemia to decreased secretion of insulin, caused by somatostatin.

**M**ANY TUMORS are insulin-dependent in that they grow slowly in hypoinsulinemic hosts.<sup>1-4</sup> Since one of the effects of somatostatin is suppression of insulin secretion,<sup>5,9</sup> it would be of interest to test whether the treatment of hosts bearing insulin-dependent tumors with somatostatin would cause retardation of growth of the tumor.

Experiments presented in this article show that somatostatin significantly suppressed growth of an insulin-dependent murine myeloid leukemia.

**MATERIALS AND METHODS**

**Animals.** Male RF/O inbred mice from our conventional colony were used. They were 12 wk of age at the initiation of experiments. The animals were kept in groups of five or less in plastic cages and were provided with standard pelleted food and tap water ad libitum.

**Leukemia.** Strain-specific, transplantable myeloid leukemia of RF/O mice was induced by irradiation at the Radiobiological Institute TNO in Rijswijk in 1963 and brought to Zagreb in 1968. The tumor invades spleen, bone marrow, and liver. Injection of 10<sup>6</sup>

tumor cells causes death after 10 days with multiple thromboemboli in the lungs and brain (due to the massive numbers of circulating leukocytes). Characteristics of this leukemia have been outlined elsewhere.<sup>10</sup>

**Cell suspensions.** These were prepared aseptically from spleens of moribund leukemic mice. The spleens were minced and passed through nylon gauze, and the resulting cell suspension was washed 1-3 times in Hanks' solution. Number of viable cells was determined by using Trypanblue exclusion test.

**Somatostatin.** Synthetic somatostatin used in these experiments was a linear peptide obtained from Biodata S.P.A., Italy. It was injected intraperitoneally in 3 daily portions.

**Insulin.** Following transplantation of leukemia, diabetic mice were daily given subcutaneous injection(s) of insulin (Pliva, Zagreb, Yugoslavia).

**Diabetes.** Diabetes was induced by an intravenous injection of alloxan (Merck, Darmstadt, F.R. Germany), 100 mg/kg, 7 days before tumor transplantation, as described by Pavelić.<sup>4</sup> This dose induces diabetes in all mice. The diabetic state of alloxan-diabetic mice was checked by determination of immunoreactive insulin (IRI) and glucose levels. IRI level was significantly decreased (from 20.0 μU/ml ± 4.0 to 4.7 μU/ml ± 2.0), and the glucose level was significantly increased (from 104 ± 30 mg/dl to 380 ± 95).

**Biochemical analysis.** The sera for biochemical analysis were obtained from axillar vessels at various times after tumor transplantation. Immunologically reactive insulin (IRI) in the sera was determined by the method of Morgan and Lazarow<sup>11</sup> using <sup>125</sup>I-insulin and the crystalline rat insulin standards (Sorin, Saluggia, Italy). The blood glucose level was determined by the O-toluidine method of Hyvarinen and Nikkila.<sup>12</sup>

**Therapeutic parameters.** Criteria for estimation of leukemia growth were the survival time and the spleen weight of the animals.

**Statistics.** The results were statistically evaluated by Student's t test. Differences between groups were considered significant if p values were below 0.001.

**RESULTS**

**Evidence for Insulin Dependence of Murine Myeloid Leukemia**

This leukemia is strongly insulin-dependent as judged by our standard model of tumor transplanta-

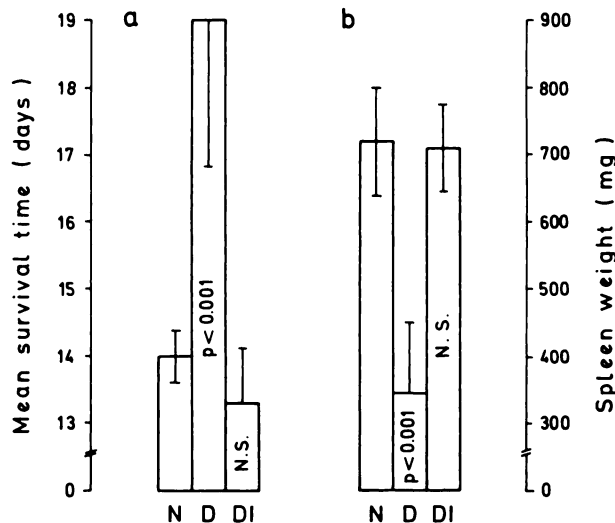


Fig. 1. Survival times (A) and spleen weight (B) of mice inoculated with 10<sup>3</sup> leukemia cells: N, nondiabetic; D, diabetic; DI, diabetic treated with insulin (2 IU/mouse/day, each day after tumor transplantation). Spleen weights were determined in mice sacrificed 13 days after inoculation of leukemia. The data are expressed as means ± standard deviation (7-10 mice per group). Groups D and DI were compared with the control group N.

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tion in alloxan-diabetic mice.<sup>4</sup> The survival time was significantly prolonged (for 5 days) and the spleen weight was markedly decreased (50%) in diabetic mice in comparison with normal nondiabetic mice with leukemia (Fig. 1). Daily injections of insulin into diabetic mice accelerated the tumor growth to the level seen in nondiabetic mice (Fig. 1).

#### Antileukemic Effect of Somatostatin

The effect of daily injections of somatostatin (2.0  $\mu\text{g}/\text{mouse}/\text{day}$  in 3 portions) on the survival time was assessed in mice injected with decreasing numbers of leukemia cells. Somatostatin significantly prolonged mean survival time in all experimental groups, but the effect was most pronounced in mice injected with the lowest dose of leukemia cells (Fig. 2A). The dose of

2.0  $\mu\text{g}$  somatostatin was chosen because in preliminary experiments it was the minimal one causing significant decrease of IRI.

In the next set of experiments, dose-response effect of somatostatin was tested in mice that received inocula of  $10^3$  leukemia cells. Retardation of leukemia growth was observed with all doses, except for the lowest one (0.5  $\mu\text{g}$ ; Fig. 2B).

#### The Mechanism of Antileukemic Effect

The observed inhibitory effect of somatostatin on the leukemia growth could be due to *direct* cytotoxicity of somatostatin for tumor cells. In order to test this possibility, leukemia cells were incubated with somatostatin over a broad range of its concentrations (8192–32 ng/ml), and the number of dead cells was

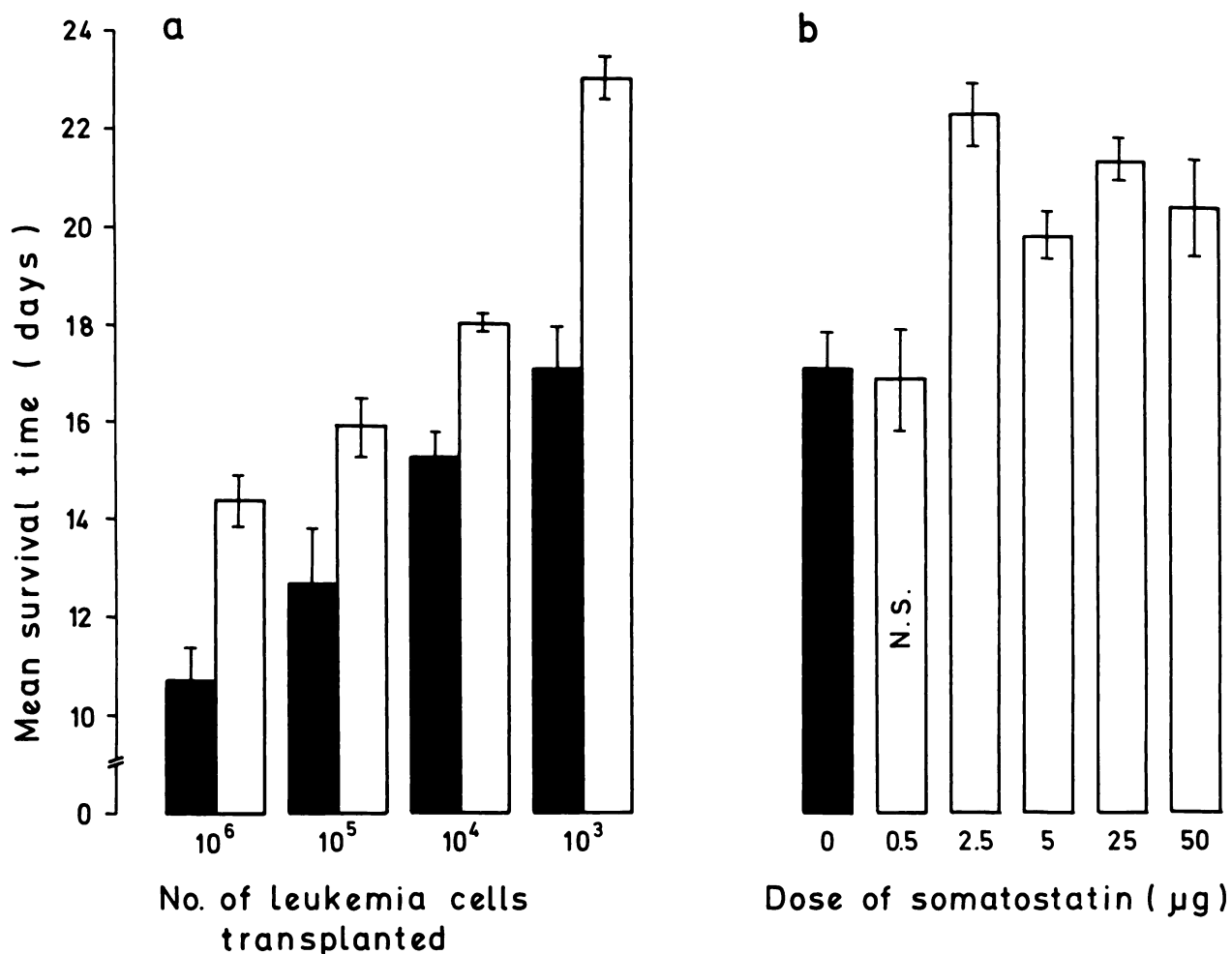


Fig. 2. The effect of somatostatin on the survival of mice inoculated with myeloid leukemia. (A) Dependence on the number of transplanted leukemia cells, applying a fixed dose of somatostatin (2.0  $\mu\text{g}/\text{day}/\text{mouse}$ ); (B) dependence on the dose of somatostatin in mice inoculated with a fixed number leukemia cells ( $10^3$ ). Seven to ten mice per column. The results are expressed as means  $\pm$  standard deviation. Full columns indicate control, i.e., nontreated mice. All values, except for that indicated "N.S.," are significantly different from their respective controls at the level of  $p < 0.001$ .

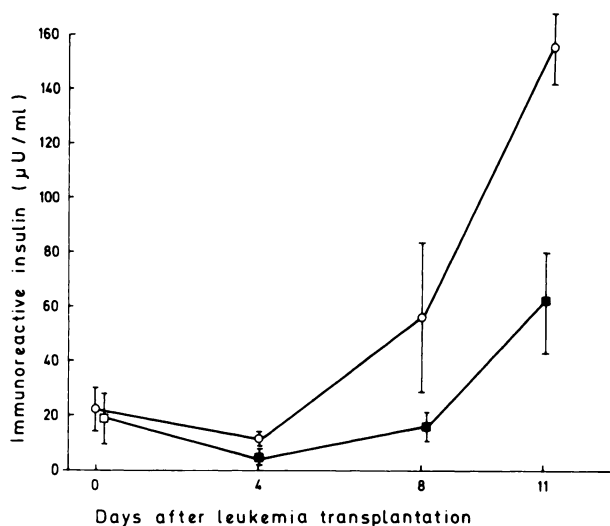


Fig. 3. The effect of somatostatin (2.0 µg/mouse/day) on the IRI level in serum of mice bearing myeloid leukemia. Nine to 12 mice per group. The results are expressed as mean ± standard deviation. ○, nontreated mice; □, mice treated with somatostatin. Full symbols represent values significantly different from those in nontreated leukemic animals.

estimated at various intervals thereafter (5–120 min). No cytotoxic effect of somatostatin was observed by any of the concentrations used (data not shown). Thus, the action of somatostatin on tumor cells seems to be *indirect*.

Injection of somatostatin into leukemic mice suppressed secretion of insulin (Fig. 3). Therefore, we supposed that somatostatin acts *indirectly* on leukemia cells by decreasing the level of insulin, which is necessary for leukemia growth. Indeed, when the decreased level of (endogenous) insulin, caused by somatostatin, was restored to normal values by injections of (exogenous) insulin, the antileukemic effect of somatostatin was abrogated (Fig. 4).

#### DISCUSSION

Daily treatment of mice bearing leukemia with somatostatin significantly suppressed growth of leukemia. This leukemia was shown to be an insulin-dependent tumor. As somatostatin decreased the level of insulin, retardation of leukemia growth might be due to the shortage of insulin. In fact, restoration of insulin level to normal values by exogenous insulin resulted in "normalization" of leukemia growth.

There is little evidence about antitumor effects of somatostatin. It is known that somatostatin suppresses growth of insulinomas in human and experimental animals<sup>9,13,14</sup> and decreases insulin secretion from these tumors.<sup>13,14</sup> On the other hand, insulin is important for growth of tumors in experimental animals<sup>1,4,17,18</sup> and

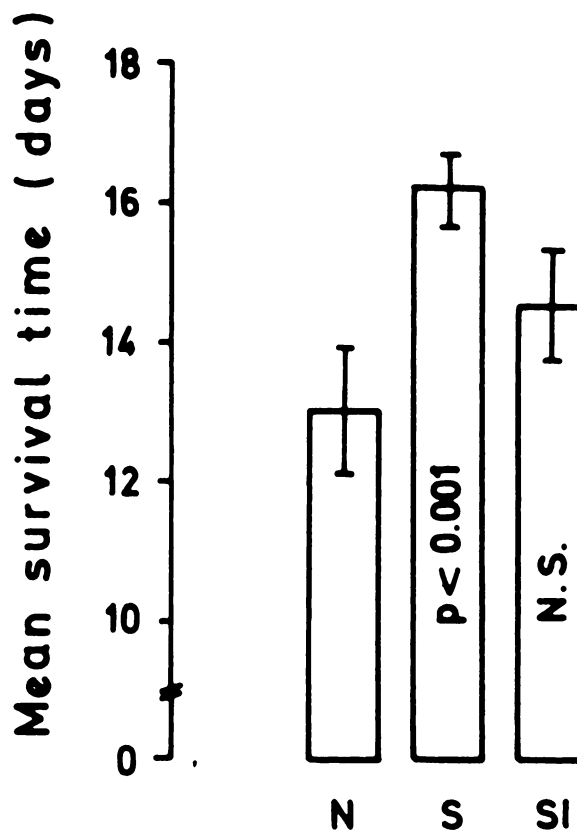


Fig. 4. Survival times of mice with myeloid leukemia: N, nontreated; S, somatostatin-treated; SI, somatostatin- and insulin-treated. Seven mice per group. The data are expressed as means ± standard deviations. Hormone-treated groups (S and SI) were compared with the nontreated control (N).

human beings.<sup>15,16</sup> For example, there is positive correlation between the stage of development of Hodgkin's disease and the level of insulin.<sup>16</sup> Inhibition of insulin secretion (alloxan or streptozotocin injection, pancreatectomy) suppressed tumor growth.<sup>1,15,18</sup> Thus, inhibition of insulin secretion induced by somatostatin could explain described retardation of leukemia development.

Another possible mechanism of antileukemic effect of somatostatin might be suppression of secretion of the growth hormone,<sup>19</sup> which, like insulin, is needed for growth of some human and animal leukemias.<sup>20,21</sup> Addition of growth hormone into the culture of leukemia cells accelerates their proliferation,<sup>21</sup> while hypophysectomy slows down development of experimental leukemias.<sup>22,23</sup>

Thus, somatostatin might have abated progression of this murine leukemia through endocrine mechanisms—either via insulin or via the growth hormone. Together with our previous data,<sup>2,4,17,18</sup> this stresses the importance of hormonal regulatory mechanisms for the growth of malignant cells.

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