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<tr>
<th>Vitamin</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vitamin B₁</td>
<td>25 mg.</td>
</tr>
<tr>
<td>Vitamin B₂</td>
<td>15 mg.</td>
</tr>
<tr>
<td>Nicotinamide</td>
<td>100 mg.</td>
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<tr>
<td>Folic Acid (Vitamin B₉)</td>
<td>2.5 mg.</td>
</tr>
<tr>
<td>Vitamin B₆</td>
<td>1 mg.</td>
</tr>
<tr>
<td>Pantothenic Acid (as sodium salt)</td>
<td>10 mg.</td>
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<tr>
<td>Vitamin C</td>
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