

CLINICAL TRIALS AND OBSERVATIONS

Association of polygenic risk score with the risk of chronic lymphocytic leukemia and monoclonal B-cell lymphocytosis

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KEY POINTS

- PRS, based on the known CLL loci, predicts CLL risk with high discrimination.
- This PRS predicts risk of monoclonal B-cell lymphocytosis, a precursor to CLL and a condition that has clinical impact beyond risk for CLL.

Inherited loci have been found to be associated with risk of chronic lymphocytic leukemia (CLL). A combined polygenic risk score (PRS) of representative single nucleotide polymorphisms (SNPs) from these loci may improve risk prediction over individual SNPs. Herein, we evaluated the association of a PRS with CLL risk and its precursor, monoclonal B-cell lymphocytosis (MBL). We assessed its validity and discriminative ability in an independent sample and evaluated effect modification and confounding by family history (FH) of hematological cancers. For discovery, we pooled genotype data on 41 representative SNPs from 1499 CLL and 2459 controls from the InterLymph Consortium. For validation, we used data from 1267 controls from Mayo Clinic and 201 CLL, 95 MBL, and 144 controls with a FH of CLL from the Genetic Epidemiology of CLL Consortium. We used odds ratios (ORs) to estimate disease associations with PRS and *c*-statistics to assess discriminatory accuracy. In InterLymph, the continuous PRS was strongly associated with CLL risk (OR, 2.49; $P = 4.4 \times 10^{-94}$). We replicated these findings in the Genetic Epidemiology of CLL Consortium and Mayo controls (OR, 3.02; $P = 7.8 \times 10^{-30}$) and observed high discrimination (*c*-statistic = 0.78). When jointly modeled with FH, PRS retained its significance, along with FH status. Finally, we found a highly significant association of the continuous PRS with MBL risk (OR, 2.81; $P = 9.8 \times 10^{-16}$). In conclusion, our validated PRS was strongly associated with CLL risk, adding information beyond FH. The PRS provides a means of identifying those individuals at greater risk for CLL as well as those at increased risk of MBL, a condition that has potential clinical impact beyond CLL. (*Blood*. 2018;131(23):2541-2551)

Introduction

Chronic lymphocytic leukemia (CLL) is a subtype of non-Hodgkin lymphoma (NHL) and is characterized by an absolute B-cell lymphocyte population $>5 \times 10^9/L$, with clonal cells having a characteristic immunophenotype.¹ CLL has 1 of the strongest familial risks among cancer sites,² with a sixfold to ninefold increased risk for first-degree relatives of CLL cases.^{3,4} Thus far, family studies have identified only a few rare variants that potentially explain CLL susceptibility in a handful of families.⁵⁻⁷ In contrast, genome-wide association studies (GWAS) have provided clear evidence that common inherited variants have a role in the etiology of CLL with >40 loci identified to date.⁸⁻¹⁵ Each of these loci contains common single nucleotide polymorphisms (SNPs) that are statistically associated with CLL risk. Based on the location of these SNPs, possible biological mechanisms of these SNPs may relate to B-cell development, apoptosis, and telomere length maintenance, but because the effect sizes of these SNPs are small (with odds ratios [ORs] <2.0 per variant allele) the individual SNPs are weak predictors of CLL risk. It has been shown in other cancers that when combining representative SNPs from susceptibility loci into a single summary measure, known as a polygenic risk score (PRS), one observes increased risk prediction.^{16,17}

Monoclonal B-cell lymphocytosis (MBL) is an established precursor to CLL¹⁸ and has a similar immunophenotype to that of CLL, but patients have an absolute B-cell count $<5.0 \times 10^9/L$ and no evidence of lymphadenopathy.¹ MBL increases with age, affecting $<0.5\%$ of individuals younger than age 40, 5% of those age 40 to 60, and $>10\%$ of those older than age 60.¹⁹⁻²² Studies have also shown higher prevalence of MBL among individuals with 2 or more family members with CLL compared with the general population.²³ Beyond aging and family history (FH) of CLL, little is known about factors that increase the risk of MBL. Two genetic epidemiology studies evaluated at most 10 CLL susceptibility loci with MBL risk and found evidence of association^{15,24}; 1 epidemiological study suggested that lifetime exposure to several infectious agents may be associated with MBL risk.²⁵

Herein we examine the effect of combining representative SNPs from all of the established CLL susceptibility loci into a PRS with risk of CLL. We evaluate whether this PRS is modified by family history status or other potential CLL risk factors. We demonstrate the validity and discriminative ability of this risk score in an independent set of CLL cases and 2 sets of controls and, finally, we examine the association of the PRS with MBL risk.

Methods

Study populations

InterLymph The International Lymphoma Epidemiology Consortium (InterLymph) is a scientific forum for epidemiology research in NHL, including CLL subtype (<http://epi.grants.cancer.gov/InterLymph>). Through this venue, we identified those contributing NHL case-control studies with incident CLL cases and controls. The individual level exposure data from risk factor questionnaires were pooled and harmonized through the InterLymph Subtypes Project.^{26,27}

NHL GWAS The NHL GWAS was a large international initiative to identify genetic loci associated with specific NHL subtypes, including CLL.^{10,28-30} Contributing studies with CLL cases and

controls were from 8 prospective cohort studies, 8 population-based case-control studies from InterLymph, 5 clinic or hospital based case-control studies from InterLymph, and 1 family-based study from the Genetic Epidemiology of CLL (GEC) Consortium – with a total of 2849 CLL cases and 7983 controls available (supplemental Table 1 available on the *Blood* Web site). Details about the GWAS data can be found elsewhere,^{10,13,14} but in brief, samples were genotyped using the Illumina OmniExpress, Affymetrix 6.0, or Illumina HumanCNV370-duo arrays. Each genotyping array underwent rigorous quality control metrics as previously detailed.^{10,13,14} Within the contributing studies of the NHL GWAS, we used a subset of 1499 CLL cases and 2459 controls from 8 InterLymph case-control studies who also had harmonized risk factor questionnaire data (Table 1). Six of the 8 studies were population based and the remaining 2 were clinic/hospital based case-control studies of incident CLL cases. All 1499 CLL cases and 2459 controls were non-Hispanic Caucasians.

GEC Consortium The GEC Consortium is an international collection of families from North America with 2 or more relatives with CLL.^{15,31} Families with 2 or more living members with CLL were ascertained from 9 institutions (Table 2). First-degree relatives from 7 of the 9 institutions of CLL cases were also recruited. Recruitment at each site occurred through hematology clinics, cancer registries, or the Internet. Flow cytometry for MBL screening in unaffected relatives was done on fresh or frozen blood samples as previously described.²³ MBL with CLL-like phenotype with presence of monoclonal B-lymphocytes coexpressing CD19, CD5, with weak or no expression of CD20,³² were only included because this is the most common phenotype among MBL with a similar immunophenotype to that of CLL, yet clinically different from CLL. A total of 93% of the MBL were low-count MBL, defined by clonal B-cell counts <0.5 cells/L. Independent GEC samples contributed in both the discovery (supplemental Table 1) and validation stage. For our validation set, peripheral blood DNA was genotyped on Illumina OmniExpress at the National Cancer Institute Cancer Genomics Research Laboratory. Genotypes were called using Illumina GenomeStudio software, and duplicates showed $>99\%$ concordance. Extensive quality control metrics were used, including removing monomorphic SNPs, SNPs with call rates $<95\%$, or SNPs with extreme Hardy-Weinberg disequilibrium ($P < 10^{-5}$). We also dropped samples with call rates $<90\%$, gender discordance, or had a monozygotic twin genotyped. After exclusions, 1149 samples (98%) passed quality control. We then removed patients who had other B-cell lymphoproliferative disorders (eg, Hodgkin lymphoma, multiple myeloma) and those who were included in the prior CLL GWAS studies within InterLymph. From the remaining 1031 individuals, we selected subsets of unrelated individuals for our analyses. Specifically, for validating the PRS in CLL cases and controls using GEC samples, we selected CLL cases ($n = 135$) and controls ($n = 83$) unrelated to each other. For evaluating our PRS in MBL cases and controls using GEC samples, we selected MBL ($n = 95$) and controls ($n = 58$) unrelated to each other. For our analyses using another independent set of Mayo Clinic controls ($N = 1267$; Table 2), we selected 201 unrelated CLL, 95 MBL, and 144 controls from the GEC Consortium. All GEC samples were non-Hispanic Caucasians.

Mayo Clinic controls As another set of controls to validate the PRS associations, we pooled genotype data from 1267 non-Hispanic Caucasian controls (unknown for MBL and FH status)

Table 1. Demographic characteristics for InterLymph case-control studies with exposure data by CLL/control status

Study	Location	Study design	CLL cases genotyped		Controls genotyped		Male CLL cases		Male controls		Age cases		Age controls	
			N	Column %	N	Column %	N	Row %	N	Row %	Median (range)	Median (range)		
MAYO	Iowa, Minnesota, Wisconsin	Clinic-based	580	38.7	688	28.0	404	69.7	394	57.3	62 (27-88)	60 (20-93)		
SCALE	Denmark, Sweden	Population-based	357	23.8	291	11.8	236	66.1	168	57.7	63 (30-74)	64 (20-75)		
UCSF2	San Francisco, CA	Population-based	235	15.7	673	27.4%	151	64.3	387	57.5	64 (30-84)	63 (20-84)		
EPILYMPH	Spain, France, Germany, Italy, Ireland, Czech Republic	Population-based (Italy, Germany), otherwise hospital-based	158	10.5	211	8.6	104	65.8	114	54.0	64 (30-87)	62 (19-85)		
NCI-SEER	Detroit, MI; Iowa; Los Angeles, CA; Seattle, WA	Population-based	86	5.7	270	11.0	51	59.3	146	54.1	62 (38-74)	59 (21-74)		
ENGELA	Bordeaux, Brest, Caen, Lille, Nantes, Toulouse (France)	Hospital-based	44	2.9	63	2.6	29	65.9	41	65.1	62 (37-74)	57 (20-75)		
BC	Vancouver, Victoria, British Columbia (Canada)	Population-based	26	1.7	109	4.4	20	76.9	61	56.0	65 (50-80)	62 (24-80)		
NSW	New South Wales, Australian Capital Territory (Australia)	Population-based	13	0.9	154	6.3	8	61.5	93	60.4	64 (42-73)	58 (22-73)		
Total			1499	100	2459	100	1003	66.9	1404	57.1	63 (27-88)	61 (19-93)		

BC, British Columbia Non-Hodgkin Lymphoma study; ENGELA, Environmental and Genetic Risks Factors Study in Adult Lymphoma; EPILYMPH, European multi-center case-control study; MAYO, Mayo Clinic; NSW, New South Wales non-Hodgkin Lymphoma study; SCALE, Scandinavian Lymphoma Etiology study; UCSF2, University of California San Diego Molecular Epidemiology of non-Hodgkin Lymphoma study.

Table 2. Demographic characteristics for the GEC study by CLL/MBL/controls status

	CLL		MBL		Controls	
	N = 201		N = 95		N = 144	
Male	113	57.2%	40	42.1%	60	41.7%
Age, y; median (range)	62	(39-96)	62	(38-94)	55	(30-94)
SES						
Low	55	27.4%	23	24.2%	36	25.0%
Medium	58	28.9%	25	26.3%	35	24.3%
High	81	40.3%	44	46.3%	68	47.2%
Missing	7	3.5%	3	3.2%	5	3.5%
Recruitment site						
Mayo Clinic	98	48.8%	49	51.6%	59	41.0%
NCI	42	20.8%	16	16.8%	32	22.2%
MD Anderson	26	12.9%	10	10.5%	21	14.6%
University of Utah	10	5.0%	8	8.4%	12	8.3%
Duke University	7	3.5%	8	8.4%	9	6.3%
University of Minnesota	10	5.0%	3	3.2%	8	5.6%
University of Manitoba	5	2.5%	1	1.1%	3	2.1%
University of Iowa	2	1.0%	—	—	—	—
University of California San Diego	1	0.5%	—	—	—	—

CLLs from unrelated families, MBLs from unrelated families; controls from unrelated families. NCI, National Cancer Institute; SES, socioeconomic status.

from Mayo Clinic. These controls were selected from patients seen in the general medicine practice at Mayo Clinic Rochester for a prescheduled general medical examination.^{29,33} They were genotyped on the Illumina OmniExpress. We followed the same rigorous quality control metrics as in the NHL GWAS. These samples were not previously used in the GWAS that discovered the CLL susceptibility SNPs. The mean age at consent was 56 years (standard deviation = 15) and 48% were men.

Contributing studies were approved by local ethics review committees, and all participants provided written, informed consent.

Genetic effects: PRS

To compute a PRS, we first identified representative SNPs from each of the CLL susceptibility loci. Representative SNPs are those with the most significant *P* value in the locus based on our fine mapping efforts.¹⁴ During the fine mapping stage, we included all discovered SNPs to date⁸⁻¹⁵ and excluded previous representative SNPs from 3 CLL loci (3q28, 4q26, 6p25.2) because these loci did not replicate (all SNP, *P* > 10⁻⁶) in the most recent and largest GWAS of CLL.¹⁴ Then, using these representative SNPs (N = 41), we computed a PRS for each individual. The PRS is a weighted average of the number of risk alleles across the representative CLL SNPs, with the weights being the log of the OR reported for each SNP (supplemental Table 2):¹⁴

$$PRS_j = \sum_{i=1}^{41} n_{ij} \ln(OR_i)$$

Where $n_{ij} = \{0, 1, 2\}$ is the number of risk alleles carried by the j^{th} individual at the i^{th} SNP, and OR_i is the per-allele OR from the most recent and largest GWAS of CLL.¹⁴ The weights allow one to account for the effect size of each SNP on CLL risk. Using no weights means the SNPs are equality weighted. We show the

distribution of the PRS by cases and controls in the combined study (supplemental Figures 1 and 3); for sensitivity analyses, we show the case and control PRS distributions by study (supplemental Figures 2 and 4).

FH

From the InterLymph Subtypes project, a positive FH was defined as a person self-reporting any hematological malignancy among first-degree relatives.^{26,27} Hematological malignancies were defined as any NHL, Hodgkin lymphoma, multiple myeloma, or leukemia. From InterLymph, 67% had FH data available (71% among controls, 60% among cases). From the GEC Consortium, all members were FH positive for CLL, as defined by the inclusion criteria. FH data were not available for the Mayo Clinic controls.

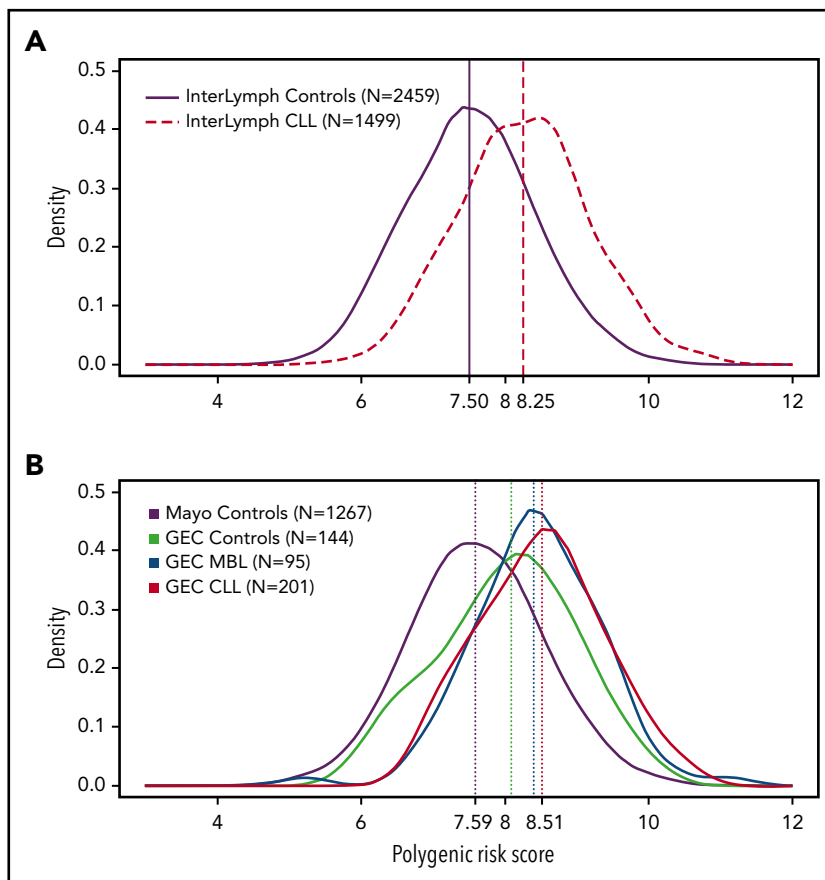
Environmental exposures

Using the exposure data from the InterLymph Consortium, we evaluated effect modification and confounding of the PRS association by exposures that have been identified to be associated with CLL risk.²⁶ These factors were harmonized in the InterLymph Subtypes Project^{26,27} and included history of total and recreational sun exposure; history of ever living or working on a farm; history of any atopy including asthma, eczema, hay fever, and allergies (allergies to plants, animals, dust, insects, mold, and food); and adult height. These exposure data were not available in the GEC Consortium or Mayo Clinic controls.

Statistical analyses

Differences in the distribution of risk factor data between CLL and controls were assessed using 2-sided χ^2 tests or Student *t* test, where appropriate. Logistic regression was used to estimate OR and 95% confidence intervals (CIs) to assess the association of

Figure 1. Polygenic risk score distribution by InterLymph CLL and controls and GEC CLL, MBL, controls, and Mayo Clinic controls. Histograms of polygenic risk scores (x-axis) and density (y-axis). (A) InterLymph CLL (dashed red line) and controls (solid purple line). (B) Mayo controls (purple), GEC controls (green), GEC MBL (blue), and GEC CLL (red). Vertical lines indicate the median for the corresponding polygenic risk score distribution.



PRS with CLL or MBL risk and to evaluate effect modification of the PRS by FH or environmental exposures by including an interaction term in the model. Likelihood ratio tests comparing models with and without the interaction effects were used to test significance. We evaluated PRS as a continuous or categorical predictor with the PRS categorized by quintiles (for simplifying the interpretation) using the cutoff points based on the distribution of all controls ($N = 7983$) used in the NHL GWAS,¹³ our largest available control sample representing the general population. The middle quintile was used as the reference category, containing the most common PRS value observed in the general population. All regression models were adjusted for age, sex, study, and socioeconomic status (if available). To evaluate model discriminatory ability, we computed a c-statistic and 95% CI³⁴ for the adjusted regression models. The c-statistic is equivalent to the area under the received operating characteristic curve and is the probability that the measure or predicted risk is higher for a case than for a control.³⁵ A c-statistic = 0.5 is equivalent to chance, c-statistic >0.7 is a good discrimination between cases and control, c-statistic >0.8 is a strong discrimination, and c-statistic = 1 indicates perfect discrimination.³⁶ We also evaluated the concordance of the observed log OR with that of the published log OR using Pearson's correlation coefficient. Two-sided $P < .05$ indicated statistical significance. Statistical analyses were performed using R 3.4.0 and SAS 9.4 (SAS Institute, Cary, NC) software programs.

Results

The median PRS in the subset of 8 case-control studies from InterLymph consisting of 1499 CLL cases and 2459 controls was

8.25 and 7.50, respectively (Figure 1A), which is similar to that of the overall 2849 CLL cases and 7983 controls from the NHL GWAS (supplemental Figure 1). For sensitivity analyses, we assessed the PRS distribution among NHL GWAS controls (supplemental Figure 2A) and cases (supplemental Figure 2B) by study. We observed consistent PRS distributions across the studies, especially for those with larger sample sizes ($N > 50$). Among all InterLymph CLL cases, almost one-half (49%) were in the upper PRS quintile (Q5), whereas only 5% were in the lowest quintile (Q1) (Table 3). The PRS was strongly associated with CLL risk (continuous PRS effect: OR, 2.49; $P = 4.4 \times 10^{-94}$) with a 3.64-fold increased risk (CI, 2.94-4.51) for upper (Q5) vs middle (Q3) quintile, and a 1.65-fold increased risk (CI, 1.31-2.08) for Q4 vs Q3 quintile. We also observed a significant inverse association (OR, 0.36; CI, 0.26-0.48) for Q1 vs Q3 quintile and for Q2 vs Q3 quintile (OR, 0.73; CI, 0.56-0.94). The PRS had high discrimination accuracy (c-statistic = 0.79; CI, 0.78-0.80).

FH of any hematological malignancy in first-degree relatives (FH⁺) was also associated with CLL risk (OR, 2.04; CI, 1.53-2.73; supplemental Table 3). The model with FH alone showed good discrimination (c-statistic = 0.70; CI, 0.68-0.72), but was significantly lower than that in models with just PRS ($P < .001$). We considered the definition of FH restricted to any leukemia and had similar results (results not shown). When we modeled FH and PRS together, they were both individually statistically significant (both $P < .0001$; supplemental Table 4), and the c-statistic increased to 0.80 (CI, 0.78-0.81). We next stratified the InterLymph cases and controls by FH status to evaluate heterogeneity of the PRS effect by FH. The median PRS in the FH⁺ CLL cases and

Table 3. PRS by case-control status and the association with CLL risk by FH status: InterLymph data

PRS, range*	Overall												FH ⁻						FH ⁺								
	Controls (N = 2459)			CLL (N = 1499)			CLL vs controls			Controls (N = 1626)			CLL (N = 783)			CLL vs controls			Controls (N = 130)			CLL (N = 112)			CLL vs controls		
	N	%		N	%		ORT†	95% CI	P	N	%		N	%		ORT†	95% CI	P	N	%		N	%		ORT†	95% CI	P
Q1 (4.32- 6.80)	543	22.1	80	5.3	0.26-0.48	9.96 × 10 ⁻¹²	.36	0.26-0.48		362	22.3	42	5.4	0.32	0.21-0.48	1.98 × 10 ⁻⁶		28	21.5	2	1.8	0.01-0.89		0.04			
Q2 (6.80- 7.32)	491	20.0	152	10.1	0.56-0.94	.016	.73	0.56-0.94		322	19.8	73	9.3	0.67	0.47-0.95	.023		26	20.0	11	9.8	0.34-3.69		.86			
Q3 (7.32-7.77)	477	19.4	218	14.6	—	—	Ref	—		318	19.6	113	14.4	Ref	—	—		26	20.0	11	9.8	—		—			
Q4 (7.77-8.28)	466	19.0	315	21.0	1.31-2.08	1.9 × 10 ⁻⁵	1.65	1.31-2.08		303	18.6	181	23.1	1.65	1.22-2.23	.001		23	17.7	24	21.4	0.94-8.26		.06			
Q5 (8.28-11.31)	482	19.6	733	48.9	2.94-4.51	1.07 × 10 ⁻³²	3.64	2.94-4.51		321	19.7	374	47.8	3.29	2.49-4.35	6.98 × 10 ⁻¹⁷		27	20.8	64	57.1	2.74-21.0		9.8 × 10 ⁻⁵			
Continuous					2.28-2.80	4.40 × 10 ⁻⁹⁴	2.49	2.28-2.80						2.46	2.19-2.76	1.79 × 10 ⁻⁵³								2.67 × 10 ⁻⁹			
PRS (median)	7.50		8.25							7.49		8.23						7.55		8.43							
c-statistics					0.78-0.80		0.79	0.78-0.80						0.791	0.77-0.81									0.82-0.90			

*Quintiles based on 7983 controls.
 †Adjusted for age, sex, socioeconomic status, and study.

Table 4. Association between PRS and GEC CLL/MBL risk compared with GEC controls

PRS (range)‡	Controls (N = 83)		CLL (N = 135)		CLL vs controls*			Controls (N = 58)		MBL (N = 95)		MBL vs controls†		
	N	%	N	%	OR§	95% CI	P	N	%	N	%	OR§	95% CI	P
Q1 (4.32-6.80)	12	14.5	2	1.5	0.2	0.03-1.14	.07	7	12.1	2	2.1	0.42	0.06-2.87	.38
Q2 (6.80-7.32)	10	12.0	12	8.9	1.45	0.41-5.09	.57	8	13.8	6	6.3	1.11	0.24-5.11	.89
Q3 (7.32-7.77)	15	18.1	15	11.1	Ref	—	—	12	20.7	11	11.6	Ref	—	—
Q4 (7.77-8.28)	15	18.1	24	17.8	2.03	0.69-5.94	.20	10	17.2	19	20.0	3.15	0.85-11.7	.09
Q5 (8.28-11.31)	31	37.3	82	60.7	3.51	1.39-8.86	.008	21	36.2	57	60.0	4.36	1.45-13.1	.009
Continuous					2.44	1.65-3.62	9.00×10^{-6}					2.30	1.44-3.67	.001
PRS (median)	7.96		8.47					7.90		8.40				
c-statistics					0.798	0.74-0.85						0.773	0.70-0.85	

Ref, reference.

*CLLs and controls are from unrelated families.

†MBLs and controls are from unrelated families.

‡Quintiles based on 7983 controls from NHL GWAS.

§Adjusted for age, sex, socioeconomic status, and study.

controls was 8.43 and 7.55, respectively, and in the non-FH (FH⁻) CLL cases and controls, the median PRS was 8.23 and 7.49, respectively (supplemental Figure 3). Although we did not observe a significant interaction between FH and PRS ($P = .21$), we observed differences in effect size when considering a continuous PRS variable in the model; a 3.79-fold (CI, 2.44-5.87) increased risk among the FH⁺ group compared with a 2.46-fold (CI, 2.19-2.76) increased CLL risk among the FH⁻ group (Table 3). We evaluated the effect of other CLL risk factors on the association of the PRS with CLL risk and found little to no evidence of confounding or effect modification; all interaction P values were $>.10$ (supplemental Table 3).

To validate the PRS association, we used an independent replication sample of unrelated CLL cases and controls from the GEC Consortium. As part of the eligibility requirement within GEC, all individuals have a FH of CLL. The median PRS was 8.47 and 7.96 in the cases and controls, respectively. The PRS distribution by recruitment site was consistent for controls, especially for recruitment sites with >15 individuals, whereas for CLL it was less stable across recruitment sites (supplemental Figure 4). We validated the PRS association with CLL risk (continuous PRS effect: OR, 2.44; CI, 1.65-3.62; $P = 9.0 \times 10^{-6}$) (Table 4), and the discrimination ability was comparable to that of the InterLymph data (Table 4; c-statistic = 0.80; CI, 0.74-0.85). Because of the limited number of unrelated controls from the GEC Consortium, we also compared the GEC CLL cases to a separate set of 1267 Mayo controls (Table 5). The distribution of the PRS among the Mayo controls was strikingly similar to that of the InterLymph controls and controls from the NHL GWAS (supplemental Figure 4), with a median PRS = 7.59. We again observed a strong association with PRS (continuous PRS effect: OR, 3.02; CI, 2.49-3.65; $P = 7.8 \times 10^{-30}$) and good discrimination (c-statistic = 0.78; CI, 0.74-0.81). Finally, there was good concordance between the published log OR for the 41 CLL SNPs and the observed log OR from the analyses using the GEC CLL cases and Mayo controls (Pearson's correlation

$\rho = 0.53$, $P = 3.6 \times 10^{-4}$; supplemental Figure 5; supplemental Table 2).

We next evaluated the association of the PRS on risk of MBL using the GEC Consortium data. The median PRS in the MBLs was 8.40 compared with that of 7.90 in the controls. The PRS distribution by recruitment site with $N > 15$ individuals was fairly consistent for MBL (supplemental Figure 4B). Similar to CLL risk, we found a significant association between PRS and risk of MBL (continuous PRS effect: OR, 2.30; CI, 1.44-3.67; $P = .001$) (Table 4). When we compared the MBL with the Mayo controls, we also observed a significant association (continuous PRS effect: OR, 2.81; CI, 2.18-3.61; $P = 9.8 \times 10^{-16}$) with a 4.34-fold (CI, 2.21-8.50) increased risk of MBL between Q5 vs Q3 quintiles (Table 5; Figure 1B).

We next compared the PRS distributions between the GEC controls and the Mayo controls. The GEC controls are from CLL families and therefore have an elevated risk of CLL because of their strong FH of CLL. Because of the positive FH status of the GEC controls, we hypothesized that the PRS distribution among the GEC controls would be higher than that of the Mayo controls (unknown for FH status). As hypothesized, we observed a higher median PRS in GEC controls (median = 8.09) compared with the Mayo controls (median = 7.59). This finding was significant ($P = 3.0 \times 10^{-7}$; Table 5).

Discussion

This is the first study to identify and validate a highly significant association of the combined effects of 41 known common susceptibility loci with CLL risk. The PRS in our study had high discriminatory value with a c-statistic of 0.79 in the InterLymph data and 0.78 in the GEC validation data. These values are higher than any discrimination among values of PRS of other nonhematological cancers.^{16,37-39}

Table 5. Association between PRS and GEC CLL/MBL/controls risk compared with Mayo Clinic controls

PRS (range)*	Mayo controls (N = 1267)		GEC controls (N = 144)		GEC MBL (N = 95)		GEC CLL (N = 201)		GEC CLL (N = 201) vs Mayo controls		GEC MBL (N = 95) vs Mayo controls		GEC Controls (N = 144) vs Mayo controls				
	N	%	N	%	N	%	N	%	ORT†	CI	P	ORT†	CI	P			
Q1 (4.32-6.80)	228	18.0	18	12.5	2	2.1	3	1.5	0.14	0.04-0.46	.001	0.19	0.04-0.85	.03	0.86	0.45-1.67	.66
Q2 (6.80-7.32)	261	20.6	16	11.1	6	6.3	19	9.5	0.76	0.40-1.43	.39	0.49	0.18-1.35	.17	0.67	0.34-1.32	.25
Q3 (7.32-7.77)	230	18.2	21	14.6	11	11.6	23	11.4	Ref	—	—	Ref	—	—	Ref	—	—
Q4 (7.77-8.28)	265	20.9	28	19.4	19	20.0	32	15.9	1.21	0.68-2.13	.52	1.50	0.70-3.23	.3	1.16	0.64-2.09	.63
Q5 (8.28-11.31)	283	22.3	61	42.4	57	60.0	124	61.7	4.47	2.76-7.24	1.20×10^{-9}	4.34	2.21-8.50	1.90×10^{-5}	2.38	1.41-4.03	.001
Continuous									3.02	2.49-3.65	7.79×10^{-30}	2.81	2.18-3.61	9.75×10^{-16}	1.66	1.37-2.02	3.00×10^{-7}
PRS (median)	7.59		8.09		8.40		8.51										
c-statistics									0.779	0.74-0.81		0.774	0.73-0.82		0.635	0.58-0.69	

*Quintiles based on 7983 controls from NHL GWAS.

†Adjusted for age and sex.

Both FH status and PRS retained significance in a multivariate model and were robust to the inclusion of other environmental risk factors. The fact that FH is still significant suggests that more CLL loci may be identified to account for all of the observed familial risk. We also observed that modeling FH and PRS together (c-statistic = 0.80) did not improve discrimination beyond that of PRS alone (c-statistic = 0.79), but a significant improvement was observed over modeling FH alone (c-statistic = 0.70). When PRS was stratified by FH status, we observed stronger effects among the FH⁺ group compared with that of the FH⁻ group, but a formal test of interaction was not statistically significant. This was a limitation of our study. The lack of significant interaction observations may be due to sample size, the extent of missing FH data, or our definition of FH status, which was self-reported and not validated using medical records. As such, larger sample sizes or a more refined FH definition that is specific to FH of CLL may tease out the joint effects of FH and PRS. Alternatively, the effect of FH may diminish as more CLL susceptibility loci are identified and included in the PRS.

Our study also clearly demonstrated a strong genetic contribution to MBL risk. We may now consider age, FH of CLL, and CLL PRS as risk factors for MBL. Studies are showing that MBL is an important clinical phenotype,⁴⁰ especially for those with high-count MBL (ie, those with an absolute clonal B-cell count >0.5 × 10⁹ cells/L). Specifically, in addition to increased risk of CLL, individuals with high-count MBL have a greater risk of hospitalizations from infections⁴¹ and may have greater risk of non-hematological cancers⁴² than controls. Although 93% of the MBL were low-count MBL, they are at greater risk of progression to CLL because of their strong FH of CLL. Moreover, although not all of these MBL from CLL families will progress to CLL, our PRS findings may also provide insight into identifying those individuals with MBL who may be at greater risk of progressing to CLL. Future studies will be needed to validate this hypothesis. However, we note that it is currently premature to apply a screening test using the PRS because there are no existing clinical guidelines (treatment or preventive treatment) for newly diagnosed MBL, especially for low-count MBL. Furthermore, the natural history of low-count MBL is understudied.

Our study also demonstrated an enrichment of common, low-risk inherited variants among members with a strong family history of CLL, suggesting that low-risk variants play a role in CLL families with 2 or more members with CLL. This is supported by our findings that the distribution of the PRS among GEC controls from CLL families is significantly different from that of the Mayo controls. We note that the Mayo controls had unknown FH status of CLL or hematological malignancies in general. Given that a positive FH status of CLL is rare, this limitation is unlikely to change the results of our findings. We also observed this effect when validating the PRS with GEC CLL cases and controls in that the effect size was attenuated when using GEC controls compared with Mayo controls.

In summary, we have shown and validated that a combined score of known CLL inherited common variants is a strong predictor of CLL risk with high discrimination, which lends support for the need to further evaluate its potential for clinical utility. Because the PRS does not account for all of the familial risk, more CLL loci may be identified. We further showed that the PRS also predicted risk of MBL, suggesting that the PRS provides a

continuum of risk from controls to MBL to CLL. Future prospective research studies will be needed to evaluate whether those MBL with high PRS will progress to CLL compared with those MBL with low PRS. Furthermore, druggable targets or other effective means of preventing progression to MBL and to CLL will need to be developed before targeted surveillance using the PRS to be realized in clinical practice.

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Authorship

Contribution: All authors wrote the manuscript; G.K., N.J.C., M.L., P.L.C., T.G.C., C.H., D.R., K.G.C., A.M., J.C., K.C., S.J.C., J.J.S., N.E.K., J.R.C., N.C., and S.L.S. analyzed and/or interpreted the data; N.J.C., C.M.V., S.d.S., J.B.W., Y.B., D.C., H.H., B.G., H.-O.A., P. Boffetta, M. Maynadie, J.M., P.L.C., A.D.N., D.R., K.G.C., A.M., M.G., K.C., R.K.S., J.J.S., C.F.S., J.F.L., J.R.C., N.C., and S.L.S. collected and assembled the data; and G.K., N.J.C., S.d.S., T.G.C., A.D.N., K.C., J.R.C., N.C., and S.L.S. conceived and designed the study.

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Footnotes

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Association of polygenic risk score with the risk of chronic lymphocytic leukemia and monoclonal B-cell lymphocytosis

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