Lenalidomide in non-Hodgkin lymphoma: biological perspectives and therapeutic opportunities

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**Introduction**

Lenalidomide is an immunomodulatory drug (IMiD) that has been studied extensively in non-Hodgkin lymphoma (NHL). There have been a multitude of preclinical and clinical studies that have helped define the role of lenalidomide in NHL.

**Mechanisms of action**

The most prominent mechanisms of action of lenalidomide in lymphoid malignancies appear to be immunomodulatory, antiproliferative, and antiangiogenic (Figure 1).

**Immunomodulatory**

Elegant preclinical studies showed that T-cell immune synapse dysfunction in follicular lymphoma (FL) can be “repaired” with lenalidomide. Tumor-infiltrating T cells from FL patients had significant reduction in formation of the F-actin immune synapse vs healthy donor cells. Lenalidomide reversed these abnormalities by enhancing the immune synapse, an important healthy donor cells. Lenalidomide reversed these abnormalities by enhancing the immune synapse, an important

**Antiproliferative effects**

A significant discovery in the mechanism of lenalidomide was identification of the importance of cereblon (encoded by the CRBN gene). Ito et al first showed that CRBN was required for the teratogenic effects of thalidomide leading to downregulation of fibroblast growth factor.

Subsequent research has shown that silencing of CRBN diminishes

**Antiangiogenic**

Reddy et al showed that lenalidomide diminishes angiogenesis (decreased microvessel density) in NHL xenograft models. Related data in MCL mouse models revealed that lenalidomide inhibited tumor growth and dissemination by depleting monocytes and macrophages associated with lymphangiogenesis.

The online version of this article contains a data supplement.

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Clinical data

Phases 1, 2, and 3 clinical trials have defined the safety and efficacy of lenalidomide in multiple NHL subtypes including MCL, FL, DLBCL, and T-cell lymphoma (Table 1).42-46

Mantle-cell lymphoma

Relapsed/refractory. In a single-agent study (NHL-002)39 of relapsed/refractory aggressive NHL histologies, the overall response rate (ORR) of lenalidomide in MCL was 53%, with 14% complete remission (CR) (Table 1). Mature follow-up of NHL-002 showed a median duration of response (DOR) of 13.7 months.28 Eve et al treated 26 relapsed/refractory MCL cases with maintenance lenalidomide in responding patients to lenalidomide induction (Table 1).28 In NHL-003, 57 relapsed/refractory MCL patients had an ORR of 42%.27 Collectively, adverse effects (AEs) were primarily hematologic, with 5% of patients having thromboembolic events. Notably, the risk of thromboembolism in NHL does not differ from the risk in multiple myeloma. Longer-term follow-up of NHL-003 (median 20 months) showed a DOR of 16.3 months and progression-free survival (PFS) of 8.8 months in this heavily pretreated group of patients.47 Second malignancies were noted in 4 of 57 patients (2 shortly after starting lenalidomide). Continued follow-up of this and other lenalidomide studies are needed to examine the risk of second cancers and other late effects.

A prospective, single-arm, phase 2 International clinical trial (EMERGE, MCL-001) of 134 bortezomib-resistant, relapsed/refractory MCL patients showed meaningful clinical benefit across multiple prognostic groups to single-agent lenalidomide.30 Grade 3-4 AEs were similar to prior trials (43% neutropenia, 28% thrombocytopenia, 11% anemia). Grade 3 nonhematologic AEs included 7% fatigue, 6% diarrhea, and 5% dyspnea. These data led to Food and Drug Administration approval of lenalidomide in June 2013 for MCL patients whose disease relapsed or progressed after 2 prior therapies, one of which included bortezomib.

In an update to MCL-001, median time to CR was 4.1 months and median overall survival (OS) was 20.9 months.48 Dose reductions or interruptions as a result of AEs occurred in 40% and 58% of patients, respectively, and the average lenalidomide dose intensity was 20 mg per day. In addition, lower Ki67 levels (<30%) appeared to correlate with improved CR, DOR, and OS.

Untreated. There are ongoing clinical trials incorporating lenalidomide into treatment paradigms for untreated MCL (supplemental Tables 1 and 2, available on the Blood Web site). Jerkeman et al evaluated lenalidomide combined concurrently with bendamustine and rituximab (BR) in newly-diagnosed older MCL patients.23 The phase 1 study identified an unexpected high rate of grade 3-4 allergic reactions and cutaneous toxicity, and there were 3 treatment-related deaths (Table 1). The study was amended to omit lenalidomide from cycle 1 (ie, starting cycle 2). Ruan et al presented data using lenalidomide combined with rituximab for first-line treatment of MCL.24 Treatment was well tolerated with grade 3-4 toxicities of 39% neutropenia, 13% thrombocytopenia, 7% anemia, 23% rash, and 7% tumor flare. Preliminary efficacy data were promising (Table 1).

Follicular lymphoma

Relapsed/refractory disease. NHL-001 documented the single-agent efficacy of lenalidomide for relapsed/refractory indolent NHL (Table 1)33; ORR was modest, but responding patients had durable remissions. Tuscano et al reported results with lenalidomide and rituximab in relapsed/refractory indolent NHL half of whom were rituximab-refractory (Table 1).34 In addition, UPenn published results of a carefully planned and well-done phase 2 study in rituximab-refractory FL and MCL showing that lenalidomide had activity as a single-agent and that lenalidomide/rituximab combination therapy may overcome rituximab resistance.35 There is an ongoing phase 3 trial (the “AUGMENT” study) evaluating lenalidomide combined with rituximab vs single-agent lenalidomide in relapsed/refractory indolent NHL (supplemental Table 2).

Untreated patients. Fowler et al evaluated lenalidomide and rituximab in 110 untreated FL patients.31 Responses were high, and at completion of therapy, most patients demonstrated molecular response. There are several ongoing randomized studies examining lenalidomide as part of frontline therapy for FL patients. This includes a randomized phase 2 study examining lenalidomide therapy after immunochemotherapy induction (the “BIONIC” trial) and a phase 3 study comparing the efficacy of rituximab plus lenalidomide vs rituximab plus chemotherapy in untreated FL (the “RELEVANCE” trial) (supplemental Figure 1).
Table 1. Lenalidomide clinical study results in lymphoma

<table>
<thead>
<tr>
<th>Series/Author</th>
<th>Year</th>
<th>No. patients</th>
<th>Arms</th>
<th>Conclusions†</th>
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<tbody>
<tr>
<td>Mantle cell: untreated</td>
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<td>Phase 1/2</td>
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<tr>
<td>Jerkeman et al23*</td>
<td>2011</td>
<td>12</td>
<td>BR + lenalidomide (dose escalated) induction; len maint 10-15 mg, d 1-21 × 5 mo</td>
<td>Lenalidomide MTD 10 mg d 1-14; (cycle 1 tox: allergic/cutaneous), ORR 100%, CR 90% 2-y PFS 74%, 2-y OS 87%</td>
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<tr>
<td>Ruan et al24*</td>
<td>2013</td>
<td>38</td>
<td>Lenalidomide (20 mg d 1-21 q 28 d) + rituximab; len maint 10 mg, d 1-21 until PD</td>
<td>ORR 84%, 53% CR DOR: NR; 2-y PFS 84%</td>
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<tr>
<td>Mantle cell: relapsed/refractory</td>
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<td>Phase 1/2</td>
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<tr>
<td>Wang et al25</td>
<td>2012</td>
<td>52</td>
<td>Lenalidomide (dose escalated)</td>
<td>Lenalidomide MTD 20 mg, ORR 57%, CR 36%, DOR 19 mo, PFS 11mo, OS 24 mo</td>
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<tr>
<td>Habermann et al26</td>
<td>2009</td>
<td>15</td>
<td>Lenalidomide (25 mg d 1-21 q 28 d)</td>
<td>ORR 53%, CR 20% DOR 13.7 mo, PFS 5.6 mo</td>
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<tr>
<td>Witzig et al27 (NHL-003)</td>
<td>2011</td>
<td>57</td>
<td>Lenalidomide (25 mg d 1-21 q 28 d)</td>
<td>ORR 42%, CR 21% DOR: NR, PFS 7.7 mo</td>
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<tr>
<td>Zeja et al28</td>
<td>2012</td>
<td>33</td>
<td>Lenalidomide (25 mg d 1-21 q 28 d) + dexamethasone</td>
<td>DOR 18 mo, PFS 12 mo, OS 20 mo</td>
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<tr>
<td>Eve et al29</td>
<td>2012</td>
<td>26</td>
<td>Lenalidomide (25 mg d 1-21 q 28 d) × 6 cycle; then len maint</td>
<td>ORR 31%, CR 8% DOR 22 mo, PFS 3.9 mo; maint len PFS 14.6 mo</td>
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<tr>
<td>Goy et al30 (MCL-001)</td>
<td>2013</td>
<td>134</td>
<td>Lenalidomide (25 mg d 1-21 q 28 d) (all pts pretreated with bortezomib)</td>
<td>ORR 28%, CR 8%, DOR 17 mo, PFS 4.0 mo, OS 19 mo</td>
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<td>Indolent NHL: untreated</td>
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<td>Phase 2</td>
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<tr>
<td>Fowler et al31</td>
<td>2014</td>
<td>50 FL, 30 MZL, 30 SLL</td>
<td>Lenalidomide (20 mg d 1-21 q 28 d)</td>
<td>ORR 98%, PFS 89%</td>
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<td>Indolent NHL: relapsed/refractory</td>
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<td>Phase 2</td>
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<tr>
<td>Witzig et al (NHL-001)26</td>
<td>2009</td>
<td>22</td>
<td>Lenalidomide (20 mg d 1-21 q 28 d)</td>
<td>ORR 27% DOR: NR (=17 mo), PFS 4.4 mo</td>
</tr>
<tr>
<td>Tuscano et al32</td>
<td>2014</td>
<td>22 FL</td>
<td>Lenalidomide (20 mg d 1-21 q 28 d) + rituximab</td>
<td>PFS (all) 12.4 mo</td>
</tr>
<tr>
<td>Chong et al33</td>
<td>2015</td>
<td>30 FL, 14 MCL, 4 SLL, 2 MZL (all rituximab-refractory)</td>
<td>Lenalidomide 10 mg daily (five 28-d cycles) and 4 wk rituximab (cycle 3)</td>
<td>ORR with len: 30%; after len + ritux: 63% DOR len + ritux: 25 mo, PFS 22 mo</td>
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<td>Aggressive B-cell NHL: untreated</td>
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<td>Phase 2</td>
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<tr>
<td>Reddy et al34*</td>
<td>2013</td>
<td>43 DLBCL</td>
<td>Maint lenalidomide (25 mg d 1-21) vs lenalidomide (20 mg d 1-21) + rituximab</td>
<td>len vs len + ritux: 2-y PFS: 90% vs 86% 2-y OS: 95% vs 81%</td>
</tr>
<tr>
<td>Vitolo et al35 (REAL-07)</td>
<td>2014</td>
<td>45 DLBCL</td>
<td>Lenalidomide (15 mg d 1-14) + R-CHOP</td>
<td>CR 86%, PR 6% 2-y PFS 80% 2-y OS 92%</td>
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<tr>
<td>Nowakowski et al36</td>
<td>2014</td>
<td>60 DLBCL</td>
<td>Lenalidomide (25 mg d 1-10) + R-CHOP</td>
<td>ORR 98%, CR 80%, EFS 59% OS 78%</td>
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<tr>
<td>Aggressive B-cell NHL: relapsed/refractory</td>
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<td>Phase 1/2</td>
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<tr>
<td>Feldman et al37</td>
<td>2014</td>
<td>16 DLBCL</td>
<td>Lenalidomide (dose escalation) + RICE; then maint len 25 mg d 1-21 q 28 d × 12 mo</td>
<td>MTD: 25mg d1-4 q 14 d ORR 73%, CR 60%</td>
</tr>
<tr>
<td>Wernick et al38 (NHL-002)</td>
<td>2008</td>
<td>5 FLG3, 26 DLBCL, 3 TL</td>
<td>Lenalidomide (25 mg d 1-21 q 28 d)</td>
<td>ORR: FL 60%, DLBCL, 19% TL 33% PFS (all) 4 mo</td>
</tr>
<tr>
<td>Hernandez et al39</td>
<td>2011</td>
<td>23 DLBCL, 23 GCB, 17 non-GCB</td>
<td>Lenalidomide (25 mg d 1-21 q 28 d)</td>
<td>ORR: Non-GCB: 53%, GCB 9% PFS 6.2 mo vs 1.7 mo OS 14 mo vs 13.5 mo</td>
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<tr>
<td>Witzig et al30 (NHL-003)</td>
<td>2011</td>
<td>19 FLG3, 108 DLBCL, 33 TL</td>
<td>Lenalidomide (25 mg d 1-21 q 28 d)</td>
<td>ORR: FL 42%, DLBCL 28%, TL 45% PFS: FL 8.9 mo, DLBCL 2.7 mo, TL 5.4 mo</td>
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</table>

AITL, angioimmunoblastic T-cell lymphoma; autoSCT, autologous stem cell transplantation; CHOP, cyclophosphamide, doxorubicin, oncovin, and prednisone; CR, complete remission; d, days; DLBCL, diffuse large B-cell lymphoma; FL, follicular lymphoma; FLG3, follicular lymphoma grade 3; GCB, germinal center B-cell; ICE, ifosfamide carboplatin, etoposide; Len, lenalidomide; maint, maintenance; MF, mycoses fungoides; mo, months; MZL, marginal zone lymphoma; NR, not reached; ORR, overall response rate; OS, overall survival; PD, progressive disease; PFS, progression-free survival; PR, partial remission; PTCL NOS, peripheral T-cell lymphoma not otherwise specified; pts, patients; R, rituximab; rel/ref: relapsed/refractory; SLL, small lymphocytic lymphoma; TCL, T-cell lymphoma; TL, transformed lymphoma; yr, year.

*Indicates abstract data.
†All survival times are medians, unless otherwise specified.
Table 1. (continued)

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<th>Conclusions†</th>
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<tr>
<td>Zinzani et al43</td>
<td>2013</td>
<td>23 DLBCL</td>
<td>Lenalidomide (20 mg d 1-21 q 28 d) + rituximab</td>
<td>ORR 35%, DOR 32 mo</td>
</tr>
<tr>
<td>Wang et al42</td>
<td>2013</td>
<td>4 FLG3, 32 DLBCL, 9 TL</td>
<td>Lenalidomide (20 mg d 1-21 q 28 d) + rituximab</td>
<td>ORR: FL 25%, DLBCL 28%, TL 56%; DLBCL: PFS 2.8 mo, OS 10.2 mo, TL: PFS 4.3 mo, OS 11.5 mo</td>
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<td>Aggressive T-cell NHL: relapsed/refractory</td>
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<td>Phase 2</td>
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<tr>
<td>Zinzani et al43</td>
<td>2011</td>
<td>10 PTCL NOS</td>
<td>Lenalidomide (25 mg d 1-21 q 28 d)</td>
<td>ORR 30%</td>
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<tr>
<td>Morschhauser et al44 (EXPECT)</td>
<td>2013</td>
<td>54 PTCL</td>
<td>Lenalidomide (25 mg d 1-21 q 28 d)</td>
<td>ORR 22%,</td>
</tr>
<tr>
<td>Querfeld et al45</td>
<td>2013</td>
<td>32 MF/Sézary</td>
<td>Initially lenalidomide 25 mg d 1-21; amended to 10 mg with incremental (5 mg) dose escalation</td>
<td>DOR 3.6 mo, PFS 2.5 mo (4.6 mo in AITL) ORR 28%, DOR 10 mo, PFS 8 mo, OS 43 mo</td>
</tr>
<tr>
<td>Toumishey et al46</td>
<td>2014</td>
<td>40 TCL</td>
<td>Lenalidomide (25 mg d 1-21 q 28 d)</td>
<td>Rel/ref PTCL: ORR 24%, DOR 5 mo, PFS 4 mo, OS 12 mo Untreated PTCL: ORR 50%, DOR 21 mo, PFS 4 mo, OS 12 mo</td>
</tr>
</tbody>
</table>

AITL, angioimmunoblastic T-cell lymphoma; autoSCT, autologous stem cell transplantation; CHOP, cyclophosphamide, doxorubicin, oncovin, and prednisone; CR, complete remission; d, days; DLBCL, diffuse large B-cell lymphoma; FL, follicular lymphoma; FLG3, follicular lymphoma grade 3; GCB, germinal center B-cell; ICE, ifosfamide carboplatin, etoposide; Len, lenalidomide; maint, maintenance; MF, mycoses fungoides; mo, months; MZL, marginal zone lymphoma; NR, not reached; ORR, overall response rate; OS, overall survival; PD, progressive disease; PFS, progression-free survival; PR, partial remission; PTCL NOS, peripheral T-cell lymphoma not otherwise specified; pts, patients; R, rituximab; rel/ref: relapsed/refractory; SLL, small lymphocytic lymphoma; TCL, T-cell lymphoma; TL, transformed lymphoma; yr, year.

†Indicates abstract data.

Aiolos, may serve as more functional biomarkers16 as well as down-correlation). The CRBN-associated transcription factors, Ikaros/IRF4, may be high, although serious AEs were seen in 54% of patients, with 6 deaths unrelated to progression. In addition single-agent studies, Toumishey et al reported results in untreated and relapsed/refractory PTCL,46 whereas Querfeld et al showed clinical activity in relapsed/refractory mycosis fungoides/Sézary syndrome (Table 1).45 In the latter study, tumor flare was seen in many patients, which prompted an amendment for lower initial lenalidomide dosing.

Untreated. There are limited data examining lenalidomide in the front-line setting for PTCL. A trial investigating the efficacy of lenalidomide combined with CHOP in AITL is ongoing, and another study is evaluating romidepsin and lenalidomide in untreated PTCL (supplemental Table 2).

Future directions

Biomarkers

Clinical studies have examined potential biomarkers of lenalidomide efficacy.22,28,29,34 and pivotal studies are ongoing in distinct NHL subsets (eg, non-GC DLBCL). In relapsed/refractory MCL, Zaja et al showed that microvesSEL density, macrophage, and NK cell counts were altered with lenalidomide,28 and Ki67 is being studied as a biomarker.35 Despite breakthrough studies that identified CRBN as a critical lenalidomide target,9-12,49 there are challenges in its use as a biomarker (eg, messenger RNA/protein correlation). The CRBN-associated transcription factors, Ikaros/Aiolos, may serve as more functional biomarkers16 as well as downstream substrates (eg, IRF4 and MYC). Other potential lenalidomide-related biomarkers include components of PI3K signaling (eg, GSK3β)50 and the T-cell immune synapse with granzyme B expression.51,52

Unresected. The addition of lenalidomide to rituximab, cyclophosphamide, doxorubicin, oncovin, and prednisone (R2-CHOP) was evaluated in older, untreated DLBCL patients (Table 1).44 Efficacy appeared to be high, although ~70% of patients had grade 3-4 hematologic AEs. Nowakowski et al added modified lenalidomide to R-CHOP, which was well tolerated and it appeared to overcome the negative prognostic impact of the non-GC phenotype in DLBCL.45 A large, randomized phase 2 trial randomizing untreated DLBCL patients to R2-CHOP vs R-CHOP (supplemental Figure 1) and a similarly designed industry-led study (only ABC-type DLBCL; the ROBUST study) are underway.

The role of lenalidomide in the postchemotherapy setting is also being investigated as maintenance therapy alone or in combination with rituximab. Early results from a randomized phase 2 trial of lenalidomide ± rituximab in intermediate-high/high-risk DLBCL have been presented (Table 1).35

T-cell lymphoma

Relapsed/refractory. The EXPECT phase 2 trial studied patients with relapsed/refractory peripheral T-cell lymphoma (PTCL) treated with single-agent lenalidomide (Table 1).44 The majority of patients (85%) had angioimmunoblastic (AITL) and PTCL—not otherwise specified histologies. Efficacy was documented, although serious AEs were seen in 54% of patients, with 6 deaths unrelated to progression. In additional single-agent studies, Toumishey et al reported results in untreated and relapsed/refractory PTCL,46 whereas Querfeld et al showed clinical activity in relapsed/refractory mycosis fungoides/Sézary syndrome (Table 1).45 In the latter study, tumor flare was seen in many patients, which prompted an amendment for lower initial lenalidomide dosing.

Untreated. There are limited data examining lenalidomide in the front-line setting for PTCL. A trial investigating the efficacy of lenalidomide combined with CHOP in AITL is ongoing, and another study is evaluating romidepsin and lenalidomide in untreated PTCL (supplemental Table 2).
Novel combinations

In DLBCL cells, azacitidine and lenalidomide increased CRBN expression and enhanced cytotoxicity,\(^5\) whereas ibritumab and lenalidomide synergistically suppressed IRF4.\(^4\) In vitro FL and MCL studies confirmed synergistic activity with bortezomib and lenalidomide.\(^2\) In T-cell lymphoma models, romidepsin combined with lenalidomide resulted in increased oxidative stress and alteration of PI3K and MAP kinase/ERK-signaling pathways.\(^5\) Conversely, preclinical studies in CLL suggest that the PI3K\(_\alpha\) inhibitor, idelalisib, antagonizes the immune-modulating properties of lenalidomide.

It will be important to translate these findings in clinical studies to confirm efficacy as well as safety. The latter was highlighted in two phase 1 studies combining lenalidomide with the PI3K\(_\alpha\) inhibitor, idelalisib (and rituximab), where prohibitive toxicities suggestive of severe cytokine-release syndrome (eg, rash, fevers, hypotension) were seen.\(^5\) Other clinical studies combining lenalidomide with novel/targeted agents have shown good tolerability and encouraging efficacy,\(^5\) whereas additional novel combinatorial trials are underway (eg, obinutuzumab, romidepsin, everolimus, irbritumab) (supplemental Table 2).

In addition, translational studies of new cereblon-binding agents (eg, CC-122) are eagerly anticipated.\(^5\) CC-122 is a first-in-class, pleiotropic pathway modifier that binds cereblon and induces Aiolos and Ikaros degradation in DLBCL and T cells.\(^5\) In DLBCL, it results in depression of interferon-stimulated genes/proteins, ultimately resulting in apoptosis.\(^6\) Furthermore, CC-122 appears to have distinct activity from lenalidomide in part as it is active in both GC and non-GC DLBCL.\(^5\)\(^6\)

Conclusions

Owing to its unique immunomodulatory and antiproliferative activity, as well as its relative ease of use, lenalidomide has garnered clinical consideration in multiple NHL subtypes. Durable responses with manageable side effects have moved lenalidomide into the front-line setting of randomized clinical trials for various NHL subtypes. In addition, combinatorial therapy with novel/targeted therapeutic agents is of particular interest. Finally, continued understanding of the biological mechanisms and the associated variation of predictive biomarkers will be critical in optimally integrating lenalidomide into NHL treatment paradigms.

Authorship

Contribution: A.K. and A.M.E. designed research, performed research, analyzed data, and wrote the paper; M.C. designed research, performed research, and wrote the paper; and J.S. performed research and wrote the paper.

Conflict-of-interest disclosure: A.M.E. is on the advisory board and speakers bureau (with honorarium) for Celgene. The remaining authors declare no competing financial interests.

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References


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