Quantitative immunofluorescence mapping reveals little functional coclustering of proteins within platelet α-granules

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Platelets are small anucleate blood cells that aggregate to seal leaks at sites of vascular injury and are important in the pathology of atherosclerosis, acute coronary syndromes, rheumatoid arthritis, cancer, and the regulation of angiogenesis. In all cases, platelet aggregation requires release of stored proteins from α-granules. However, how proteins with potentially antagonistic functions are packaged within α-granules is controversial. One possibility is the packaging of functional agonists and antagonists into different α-granule populations. By quantitative immunofluorescence colocalization, we found that pair-wise comparisons of 15 angiogenic-relevant α-granule proteins displayed little, if any, pattern of functional coclustering. Rather, the data suggested a Gaussian distribution indicative of stochastic protein delivery to individual granules. The apparent physiologic paradox raised by these data may be explained through alternate mechanisms, such as differential content release through incomplete granule fusion or dampened and balanced regulatory networks brought about by the corelease of antagonistic factors. (Blood. 2011;118(5):1370-1373)

Introduction

α-Granules, the major storage and secretory organelle of human platelets,1 contain hundreds of proteins.2 The apparently conflicting functions of the proteins stored in α-granules raises the important question of how release of opposing activities is physiologically balanced. An attractive proposal resolving this paradox is that functionally antagonistic (eg, proangiogenic and antiangiogenic) factors are packaged into different α-granule populations,3,4 which are preferentially released in response to different stimuli. Electron tomography of thick plastic and cryosections provides evidence for both morphologic and molecular heterogeneity in the α-granule population.5 The major α-granule class by tomography consists of a large ovoid granule containing an electron dense core and eccentrically localized von Willebrand factor (VWF). VWF can be recognized morphologically as long, tubular strands with a characteristic diameter in electron tomograms.6 Morphologically, long, tubular α-granules are also present.7 These are reported to be a separate class of α-granules composing approximately 16% of the total. Remarkably, these are found in only about half the platelet population. In no case is the section examined sufficiently thick to encompass the entire organelle2; and hence, the morphologic record to date is based on inferences from organelle fragments. In sum, there are qualitative data but little to no quantitative data on which to assess the coclustering of α-granule proteins into possible distinct granule populations in whole platelets.

Here, we applied the quantitative, whole platelet approach of protein codistribution mapping based on 3-dimensional (3D), confocal fluorescence microscopy datasets to test for the presence of distinct α-granule populations in human platelets.6,8 Our expectation was that quantitative pair-wise comparisons of 15 α-granule stored proteins would identify sets of α-granule proteins exhibiting high colocalization indices (ie, a strong indication of distinct α-granule populations) and would reveal preferential clustering of physiologically synergistic, α-granule proteins. Instead, little, if any, patterns of coclustering were apparent by quantitative fluorescence microscopy. These results raise the possibility that there are either many individual α-granule populations or a major population of large granules in which proteins are differentially segregated in a zonal manner. We favor the later interpretation as the simplest explanation of the data.

Methods

Purification of resting state platelets

Freshly drawn, citrated human blood was fixed immediately with room temperature paraformaldehyde and platelets then purified by centrifugation.9 All experiments were approved by the University of Arkansas for Medical Sciences Institutional Review Board.

Antibodies used, immunostaining, spinning disk confocal microscopy, 3D-SIM, and image processing

Supplemental Figure 1 contains the pertinent data (available on the Blood Web site; see the Supplemental Materials link at the top of the online article).

Results and discussion

Based on visual, nonquantitative fluorescence microscopy, proangiogenic and antiangiogenic α-granule proteins appear to distribute to separate α-granule populations in human platelets.5,8 However, to test definitively this hypothesis, quantitative data are required.

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To test quantitatively protein coclustering, we used antibodies to 15 different human α-granule proteins and quantified 28 different pair-wise comparisons (Figures 1–2). Proteins were stratified for proangiogenic versus antiangiogenic properties (Figure 1) or megakaryocyte synthesized versus endocytized (supplemental Figure 1) based on the literature with proangiogenic and antiangiogenic functionalities color-coded as green and red, respectively. All

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results were corrected for a small pixel shift and normalized against positive and negative controls.

As shown in Figure 1A through L, visually by confocal microscopy, α-granule content proteins showed considerable variation in their codistribution patterns whether viewed in XY (columns 1-3) or XZ projections (column 4) with thrombospondin and platelet factor 4 showing extensive codistribution (high), fibrinogen and thrombospondin showing less (medium), and fibrinogen and plasminogen showing little codistribution (low). The number of structures labeled appeared constant from pairing to pairing. When examined qualitatively at the 8-fold higher voxel resolution of 3D structured illumination microscopy (3D-SIM), a resolution approximately 2 times better than that of an α-granule, platelets stained for fibrinogen and VWF showed, as expected, little overlap (Figure 1M, 2X higher magnification; Figure 1M’). However, strikingly, we did observe the occurrence within apparently continuous structures of adjacent immunofluorescence zones that were either red or yellow or green and red (Figure 1M’ arrows), suggestive of distinct zones of protein packaging within an individual α-granule. When compared quantitatively by confocal microscopy (Figure 1N-P), there was no obvious clustering of the 13 α-granule content proteins based on proangiogenic versus antiangiogenic function (green vs red labeling of the pairs). Indeed, there was no obvious cooccluding across the entire set of pair-wise comparisons (Figure 1N). Rather, the data suggested a Gaussian distribution indicative of stochastic protein delivery to α-granules of proteins present in limited amounts (Figure 1O). Consistent with previous studies, VWF appeared to show little intermixing with other α-granule content proteins in multiple pair-wise comparisons. VWF is known to self-polymerize and would be expected to contribute a considerable variation in the concentration per unit volume of any given protein within an α-granule. Finally, to control for the possibility of donor-to-donor variation, we prepared platelets from 5 donors and determined the extent of codistribution of a fibrinogen and endostatin pairing. In all cases, the quantitative result was approximately 25% codistribution with no statistically significant variation being noted (Figure 1P).

We expected at the resolution of confocal microscopy that every α-granule content protein would be associated with membrane proteins known to localize to α-granules. As shown in Figure 2A through L, this frequently was not the case. Visual pair-wise comparisons of VEGF with CD40L (also known as CD154), fibrinogen with p-selectin, and fibrinogen with VAMP8 (a v-SNARE protein involved in membrane fusion) showed that many content positive staining areas were membrane protein marker negative. Because α-granule membrane proteins are also associated with the membranes of other organelles (ie, dense granules), to obtain a quantitative assessment for colocalization, we chose to score for the frequency of α-granule content proteins associated with the marker membrane protein rather than making a pixel-by-pixel comparison. Quantitatively, we found that approximately 50% of the content-stained areas were also positive for the membrane protein. By electron tomography, we found that the frequency of dense granules in human platelets relative to α-granules is low, < 10% (B.S., J.K., and C. Gilpin, unpublished data 2010). Hence, we consider that membrane protein signal is predominantly from α-granules. There is probably significant clustering of these proteins within the granule membrane.

In conclusion, we propose that the simplest interpretation of our quantitative data are that α-granule content proteins are packaged into distinct zones, perhaps in a manner similar to VWF within large, relatively homogeneous α-granules in humans. Electron tomography points to such a population being the major α-granule population in humans. Furthermore, we suggest that examples

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**Figure 2. Granule membrane proteins display a limited codistribution with α-granule content proteins.** (A-L) Qualitative comparisons of the distributions of VEGF versus CD40L (membrane protein, A-D), fibrinogen versus p-selectin (membrane protein, E-H), and fibrinogen versus VAMP8 (membrane protein, I-L). Images are maximum intensity projections of confocal image stacks. (M) Quantification of the limited codistribution. Microscope, Zeiss Axiovert 200M (Carl Zeiss); Objective lens, Zeiss planapochromat 100×/1.40NA oil objective; Imaging medium, buffered Mowiol containing 1% N-propylgallate as anti-fade reagent; Camera QImaging Retiga EXi (QImaging); Image acquisition software, iVision-Mac (Biovision Technologies) Version 4.0.16; Image deconvolution and colocalization software, Huygens Professional (Scientific Volume Imaging) Version 3.6. All pairings are quantified for a minimum of 30 individual platelets, averaged, and presented as the mean ± SEM.
from other systems may give models to resolve the apparent physiologic paradox raised by copackaging within α-granules of proteins with conflicting function. One possibly instructive example is the chromaffin granule in which the proteins, copackaged within the same granule, can be differentially released by kiss-and-run exocytosis.\textsuperscript{13-15} A second and alternative rationale comes from Caenorhabditis elegans where the copresence of agonists and antagonists are important physiologic regulators of the differentiation process by dampening and balancing activated signaling responses.\textsuperscript{16} By analogy, dampening and balancing of angiogenic responses may be a significant regulatory mechanism of platelets.

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**References**


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**Authorship**

Contribution: J.K. drew blood, performed experiments, analyzed data, and prepared figures; P.C. and B.S. collected 3D-SIM micrographs; P.C. aligned the 2-color channels in these images; S.S. did p-selectin experiments and prepared figures; and B.S. designed experiments, analyzed data, and wrote and edited the manuscript.

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