Pharmacologic inhibition of hepcidin expression reverses anemia of chronic inflammation in rats

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Anemia of chronic inflammation (ACI) is the most frequent anemia in hospitalized patients and is associated with significant morbidity. A major underlying mechanism of ACI is the retention of iron within cells of the reticuloendothelial system (RES), thus making the metal unavailable for efficient erythropoiesis. This reticuloendothelial iron sequestation is primarily mediated by excess levels of the iron regulatory peptide hepcidin downregulating the functional expression of the only known cellular iron export protein ferroportin resulting in blockade of iron egress from these cells. Using a well-established rat model of ACI, we herein provide novel evidence for effective treatment of ACI by blocking endogenous hepcidin production using the small molecule dorsomorphin derivative LDN-193189 or the protein soluble hemojuvelin-Fc (HJV.Fc) to inhibit bone morphogenetic protein-Smad mediated signaling required for effective hepcidin transcription. Pharmacologic inhibition of hepcidin expression results in mobilization of iron from the RES, stimulation of erythropoiesis and correction of anemia. Thus, hepcidin lowering agents are a promising new class of pharmacologic drugs to effectively combat ACI. (Blood. 2011; 118(18):4977-4984)

Introduction

Anemia of chronic inflammation (ACI), also termed anemia of chronic disease, is the most frequent anemia in hospitalized patients and develops in subjects suffering from diseases with associated immune activation, such as infections, autoimmune disorders, cancer and end stage renal disease.1-2 A major cornerstone in the pathophysiology of ACI is iron limited erythropoiesis, caused by iron retention within macrophages.1,3-6 Cytokines and most importantly the acute phase protein hepcidin promote macrophage iron retention by increasing erythrophagocytosis and cellular iron uptake and by blocking iron egress from these cells.5,7-10

The primarily liver derived peptide, hepcidin, exerts regulatory effects on iron homeostasis by binding to ferroportin, the only known iron export protein, thereby leading to ferroportin degradation and subsequently to inhibition of duodenal iron absorption and macrophage iron release.5,6,11,12 The crucial role of hepcidin for the development of macrophage iron retention, hypoferremia and ACI is underscored by the observations that mice overexpressing hepcidin develop severe anemia,7,13 that macrophage iron retention and hyperferritinemia are positively associated with hepcidin formation5,14 and that injection of LPS into healthy volunteers results in hepcidin production and hyperferrremia.15

The expression of hepcidin in hepatocytes is regulated by multiple signals.16 Iron overload induces the formation of bone morphogenetic proteins (BMPs)17 and activates phosphorylation of Smad1/5/8 phosphorylation,17-20 which forms a transcriptional activator complex with Smad4 to stimulate hepcidin transcription.21-23 In mice, BMP6 appears to play a major role in hepcidin regulation, as BMP6 knock out mice have hepcidin deficiency resulting in systemic iron overload.24,25 Hemojuvelin (HJV) or HFE2, a membrane bound GPI-anchored protein26,27 acts as a BMP coreceptor and promotes hepcidin transcription.21 In contrast, a soluble form of HJV (sHJV) blocks BMP6 and inhibits hepcidin expression.28

The inflammation mediated activation of hepcidin is mainly transmitted via the IL-6-inducible transcription factor Stat3.29-31 In addition, Stat3 signaling is influenced by BMP dependent Smad activation, but not vice versa, indicating that the BMP/Smad pathway is able to modulate the IL-6 inducible Stat3 pathway.22,23 Current available treatment strategies for ACI with erythropoiesis stimulating agents (ESAs), intravenous iron or packed red blood cell transfusions have either a limited success rate in some patients, or harbor potential hazards including risk of infections, mortality, iron overload or recurrence of cancer.1,3,32-35 Thus, novel strategies to treat ACI, which negatively impacts on the quality of life and cardiac performance of patients, are urgently needed.

Because of the central role of hepcidin in the regulation of iron metabolism, inhibition of its biologic activity could be a promising new approach for the treatment of ACI. A recent study in a mouse model of anemia associated with inflammation demonstrated that an anti-hepcidin antibody, in combination with ESA therapy, was effective in ameliorating anemia. However, neither the ESAs nor...
the anti-hepcidin antibody when applied alone resulted in correction of anemia.35

Here, we have used an alternative approach to block the biologic activity of hepcidin by inhibiting its expression in the liver using small molecule and biologic BMP inhibitors, and studied the therapeutic effectiveness of this strategy in a well-established rat model of ACI. We provide compelling evidence that inhibiting BMP signaling can successfully treat ACI by lowering hepcidin production, with subsequent mobilization of iron from the RES, leading to successful stimulation of erythropoiesis without the need to add ESAs.

Methods

Animals

Female Lewis rats, aged 8-10 weeks, (Charles River Laboratories) were kept on a standard rodent diet (180mg Fe/kg, C1000 from Altromin). The animals had free access to food and water and were housed according to institutional and governmental guidelines in the animal facility of the Medical University of Innsbruck with a 12 hour light-dark cycle and an average temperature of 20°C ± 1°C. Design of the animal experiments was approved by the Austrian Federal Ministry of Science and Research (BMWF-66.011/0600-II/10b/2010 and BMWF-66.011/0601-11/10b/2010).

Female Lewis rats were inoculated on day 0 with a single intraperitoneal injection of Group A Streptococcal Peptidoglycan-Poly saccharide (PG-APS; Lee Laboratories) suspended in 0.85% saline with a total dose of 15μg threomannose/g body weight. Three weeks after PG-APS administration, animals were tested for the development of anemia and randomized into groups with similar Hb levels. Rats which developed anemia (> 2g/dL drop from baseline range) were designated ACI rats.

For short-term treatment experiments, ACI rats were treated with a single intravenous injection of vehicle (2% 2-hydroxypropyl-β-cyclodextrin [Sigma-Aldrich] in PBS, pH 7.4; n = 5), a single intraperitoneal injection of LDN-193189 (3 mg/kg37; n = 6) or a single intravenous injection of soluble human hemojuvelin extracellular domain dimer fused with immunoglobulin Fc on position S398 (HJV.Fc; 20 mg/kg21; n = 6). Rats were killed 6 and 24 hours after application, respectively. HJV.Fc protein was provided by Ferrumax Pharmaceuticals Inc. LDN-193189 was administered intraperitoneally 6 hours after the injection of HJV.Fc (25 μg/mL; 166nM) or LDN-193189 (500nM) then 12 hours later cells were harvested and used for RNA preparation. For preparation of nuclear cell extract cells were seeded as described above and put on FCS-free medium (Williams E Medium with Glutamax; Gibco) 12 hours before stimulation. Thirty minutes before stimulation with BMP6 (25 ng/mL; 0.69nM, final concentration) hepatocytes were pretreated with HJV.Fc (25 μg/mL; 166nM) or LDN-193189 (500nM) and 30 minutes later cells were harvested and used for nuclear cell extract preparation.

RNA preparation from tissue, reverse transcription and TaqMan real-time PCR

Total RNA was prepared from freshly isolated rat tissues. Four micrograms of RNA were used for reverse transcription and subsequent TaqMan real time PCR for the gene of interest as previously described.40 The following TaqMan PCR primers and probes were used:

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<th>Primer/Probe Name</th>
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<tr>
<td>IL12A</td>
<td>5'-GGGACATCTGGGCTCTTATCT-3'</td>
</tr>
<tr>
<td>IL12B</td>
<td>5'-TCAGTCCAAGGCTGTCAG-3'</td>
</tr>
<tr>
<td>IL12D</td>
<td>5'-CCATGCCAAGGCTGCAG-3'</td>
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<tr>
<td>FAM-CGGCAACAGACAGACAGACAGACACCCATTC-BHQ1</td>
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Western blotting

Cytosolic protein extracts were prepared from freshly isolated tissue and Western blotting was performed as previously described.45 Anti-ferritin antibody (2 μg/mL; Dako), anti-ferroporin antibody41 or anti-actin (2 μg/mL; Sigma-Aldrich) were used as described.40

Nuclear extracts were prepared from freshly isolated tissue using a commercially available kit (NE-PER, Thermo scientific). Western blotting was performed as previously described for cellular extracts.42 Stat3-antibody (final concentration 0.1 μg/mL, phospho-Stat3(Ser727)-antibody (0.1 μg/mL), phospho-Smad1/5/8-antibody (0.1 μg/mL; all 3 from Cell Signaling Technology Inc), Smad1-antibody (0.1 μg/mL from Acris Antibodies) and TATA binding protein (1TBP18; final concentration 0.1 μg/mL from Abcam) were used as described.42

Data analysis

Statistical analysis was carried out using SPSS Version 17.1 software package (SPSS Inc). The Kolmogorov-Smirnov test was used to test for normality distribution. Calculations for statistical differences between various groups were carried out by ANOVA technique and Bonferroni
Results

LDN-193189 and HJV.Fc block both BMP6-mediated Hamp mRNA induction and Smad1/5/8 phosphorylation in primary rat hepatocytes in vitro

To study the effects of the small molecule BMP inhibitor LDN-193189 and the biologic BMP inhibitor HJV.Fc on Hamp mRNA expression in rats, we first examined their effects on primary rat hepatocytes in vitro. Addition of BMP6 (25 ng/mL; 0.69 nM) to cells resulted in significantly increased Hamp mRNA expression and Smad1/5/8 phosphorylation in primary rat hepatocytes (Figure 1B) but did not influence Stat3 phosphorylation.

LDN-193189 and HJV.Fc administration inhibit liver Hamp mRNA expression and Smad1/5/8 phosphorylation in vivo in a rat model of ACI

Next, we investigated the effect of LDN-193189 and HJV.Fc on Hamp mRNA expression in vivo using a well-established rat model of ACI. Anemia was induced by injection of group A streptococcal peptidoglycan-polysaccharide (PG-APS) resulting in a chronic inflammatory state and persistence of inflammatory anemia for many weeks. Liver Hamp mRNA expression was significantly increased (P = .029) in anemic rats 7 weeks after administration of PG-APS (supplemental Figure 1A, available on the Blood Web site; see the Supplemental Materials link at the top of the online article), which was paralleled by increased phosphorylation of Stat3 and Smad1/5/8 in livers of ACI rats compared with control animals (supplemental Figure 1B). As seen in supplemental Figure 1C, serum iron levels were significantly decreased (P < .001) in ACI rats when compared with controls. This was mainly because of iron retention within macrophages as reflected by increased ferritin and decreased ferroportin protein expression in the spleen of ACI rats (supplemental Figure 1D). Importantly, there was a significant reduction of hemoglobin levels in ACI rats 3 weeks after administration of PG-APS compared with control rats and anemia persisted for at least another 28 days (supplemental Figure 1E).

Because rats were anemic at day 21 after PG-APS administration (supplemental Figure 1E) we used this time point to start our investigations on the biologic effects of modulators of hepcidin expression. Therefore, 21 days after PG-APS administration we injected anemic rats with a single dose of LDN-193189, HJV.Fc protein or vehicle and examined Hamp mRNA expression, Smad1/5/8 and Stat3 phosphorylation in the liver at 6 hours and 24 hours. Three weeks after PG-APS administration, Hamp mRNA, as expected, was highly elevated in ACI rats compared with control rats (Figure 2A; P = .0013). A single injection of either LDN-193189 (Figure 2B; P < .001) or HJV.Fc (Figure 2C; P < .05) significantly reduced liver Hamp mRNA expression at 6 and 24 hours, respectively, after administration compared with ACI rats injected with vehicle. This effect was paralleled by markedly reduced Smad1/5/8 phosphorylation after LDN-193189 administration (Figure 2D; P = .001) and HJV.Fc (Figure 2F; P < .05) treatment compared with vehicle treated ACI rats (Figure 2D). While HJV.Fc had no effect on Stat3 phosphorylation (Figure 2I), LDN-193189 transiently increased Stat3 phosphorylation (Figure 2H; P < .05) at the 6 hours time point, an effect which was not seen with prolonged treatment (Figure 3C).

LDN-193189 and HJV.Fc administration mobilize iron and improve anemia in vivo in rats suffering from ACI

Because both LDN-193189 and HJV.Fc were able to significantly reduce Hamp mRNA expression in vivo after injection of a single dose, we proceeded to study the effect of these hepcidin lowering...
agents over a longer time period (4 weeks) to determine whether these agents were able to treat ACI by counteracting hepcidin-mediated iron retention within the RES. First, we treated anemic rats at 3 weeks after PG-APS administration with LDN-193189 or vehicle. Rats received intraperitoneal injections every second day for the next 4 weeks. We measured hemoglobin levels every week, and after 4 weeks, we harvested livers, spleens and sera for further analysis. LDN-193189 treatment significantly reduced liver Hamp expression (Figure 3A; \( P = 0.0013 \)) compared with ACI rats receiving vehicle injections for 4 weeks. In parallel, liver Smad1/5/8 phosphorylation was markedly reduced in LDN-193189 treated ACI rats compared with ACI animals receiving vehicle injections (Figure 3B; \( P = 0.005 \)). Of note, liver Stat3 phosphorylation was not significantly different between the LDN-193189 treated and vehicle treated groups (Figure 3C).

Interestingly, LDN-193189 treatment resulted in a significant increase of serum iron levels compared with vehicle treated controls (Figure 3D; \( P = 0.005 \)). This increase was paralleled by elevated protein levels of the iron exporter ferroportin in the spleen and by reduced splenic levels of the iron storage protein ferritin (Figure 3E). All these changes are consistent with iron mobilization from the spleen in rats treated with LDN-193189 compared with
vehicle treated rats. Most importantly, the administration of LDN-193189 resulted in a significant increase in hemoglobin levels in ACI rats, which was observed as early as 3 weeks after the start of treatment (Figure 3F; \( P / H_11005 .007 \)).

Although LDN-193189 efficiently blocks transcriptional activity of the BMP type I receptors ALK2 and ALK3 with greater potency and specificity than dorsomorphin,43 a recent paper has demonstrated that dorsomorphin and LDN-193189 not only inhibit BMP-mediated Smad but also p38 and Akt signaling,46 suggesting that LDN-193189 may have significant off-target effects which could potentially affect hepcidin expression.

Therefore, we also tested a different type of BMP inhibitor, HJV .Fc protein, which mediates its effect through an entirely different mechanism of action to inhibit BMP signaling. HJV .Fc protein has been shown to sequester BMP ligands in a selective manner,28 and thus may be more specific in its suppression of hepcidin expression compared with LDN-193189. We induced anemia in rats with PG-APS injection and then, 3 weeks later, we began treatment with either HJV .Fc protein or vehicle by intravenous injection twice a week for an additional 4 weeks. We measured hemoglobin levels every week, and after 4 weeks we harvested livers, spleens and sera for further analysis.

At the end of the treatment period, we observed a trend toward lower \( \text{Hamp} \) mRNA levels (Figure 4A) and significantly decreased Smad1/5/8 phosphorylation (Figure 4B; \( P < .001 \)) in ACI rats that received HJV .Fc protein compared with ACI rats treated with vehicle. Importantly, treatment with HJV .Fc protein significantly improved hypoferremia (Figure 4D; \( P < .001 \)) that was paralleled by increased ferroportin and decreased ferritin protein levels in the spleen (Figure 4E). Strikingly, HJV .Fc protein treatment significantly increased hemoglobin levels in ACI rats as early as 21 days (\( P < .05 \)) after treatment initiation compared with animals receiving vehicle control (Figure 4F).

**Discussion**

ACI is associated with significant morbidity and poor quality of life.1-4 Hence, correction of the anemia may improve clinical outcomes of these patients. As it is often difficult to correct the underlying disease, anemia treatment has been focused on the application of ESAs to increase hemoglobin levels. However, this approach does not address the major cause of iron dysregulation, is ineffective in a significant number of patients, and may pose a significant risk of serious cardiovascular events and death to patients suffering from ACI based on recent clinical trials.33-35 Therefore, there is a need for safer alternative strategies for the treatment of ACI.
Increased hepcidin levels in ACI are the root cause of decreased macrophage ferroportin levels and consequent iron retention in the RES, leading to an iron restricted anemia. Therefore, targeting hepcidin and reducing its effects on ferroportin might represent an effective strategy for the treatment of ACI. It has recently been reported that a combination therapy of anti-hepcidin antibody and ESA treatments can correct anemia in a murine model of anemia of inflammation. However, when used as monotherapy, neither the anti-hepcidin antibody nor the ESA were effective in correcting hemoglobin levels in this anemia model.

We have shown in previous studies that dorsomorphin, a small-molecule inhibitor of BMP type I receptors, or HJV.Fc protein, a direct BMP6 antagonist, are each able to inhibit hepcidin formation and to mobilize iron in vitro and in vivo in rodents. We have also demonstrated that these compounds can block hepcidin induction by inflammatory cytokines in vitro, and in rodent models of Salmonella-induced and noninfectious enterocolitis in vivo. These data are consistent with other studies showing that an intact BMP6-Smad pathway is required for hepcidin induction by the inflammatory pathway via IL6/Stat3.

We therefore speculated that these compounds would be effective in reversing anemia in ACI. We chose the PG-APS rodent model of ACI because it is the only known rodent model for a long persisting chronic anemia which resembles all the typical features of ACI in humans, in which the development of ACI is linked to increased hepcidin formation. In PG-APS injected rats a chronic anemia is induced within 3 weeks, which is sustained for several months. Thus, this model was ideal for us to test the hypothesis that the lowering of hepcidin will promote iron mobilization and will increase hemoglobin levels. Of note, the recovery of hemoglobin back to the baseline normal levels at 4 weeks with either LDN-193189 or HJV.Fc was on par if not faster than the results reported by Coccia et al using darpoepoietin in this same ACI model.
While this manuscript was under preparation Steinbicker and colleagues published the effects of LDN-193189 in a mouse model of acute inflammation induced anemia using repetitive turpentine injections\(^9\) which is different from the rat model used in our study which resembles chronic anemia reflecting the features of ACI. In agreement with our data presented herein, Steinbicker and colleagues also showed a partial reversal of anemia. However, we in addition present data on the molecular mechanisms underlying these observations. We include data on the effects of 2 hepcidin modulating agents, LDN-193187 and SHJV, on SMAD phoshorylation, hepcidin synthesis, ferroportin expression, body iron homeostasis and mobilization and most importantly on the successful and sustained reversal of anemia using repeated measurements over time.

Similar results were obtained using 2 different types of inhibitors of BMP signaling with 2 distinct mechanisms of action. This indicates that there is a high likelihood that the correction of anemia observed in the PG-APS rat model of ACI was not because of an off target effect of either inhibitor. Interestingly, hepatic phosphorylated Smad1/5/8 levels were increased in our ACI rat model compared with control animals. This suggests that the inhibition of the BMP/Smad pathway has directly contributed to the hepcidin-lowering effects of LDN-193189 and HIV.Fc in this ACI model.

Because blockade of iron release from the RES is the primary pathophysioligic reason for the anemia seen in ACI, logic dictates that relief of this blockade would be an effective treatment for ACI. Our results support the novel hypothesis that hepcidin lowering agents will promote the release of iron from RES stores and will be an effective treatment for ACI.

Although Stat3 phosphorylation was not altered in ACI rats receiving LDN-193189 or HIV.Fc for 4 weeks, modulation of hepcidin expression may impact on the degree of inflammation in subjects suffering from ACI, because changes of hepcidin levels as well as manipulation of iron availability have been shown to affect immune response pathways.\(^{50,51}\) Nonetheless, it will be of utmost importance to prospectively investigate the effects of pharmacologic iron mobilisation and reversal of anemia on the course of the disease underlying ACI.

Acknowledgments

This study was supported by a grant from the Austrian research funds (FWF P-19664; TRP-188, G.W.), research funds from the Medical University of Innsbruck (MFI 2007-416, I.T.) and a grant from the OENB (14182, I.T.). J.L.B. was supported by National Institutes of Health grants K08 DK075846 and R01 DK087727, and the Satellite Dialysis Young Investigator grant from the National Kidney Foundation. H.Y.L. was supported by National Institutes of Health grants R01 DK069533 and R01 DK071837.

Authorship

Conflict-of-interest disclosure: H.Y.L., J.L.B., T.M., P.G., and G.W. have ownership interest in start-up company Ferrumax Pharmaceuticals, which has licensed technology from the Massachusetts General Hospital. The remaining authors declare no competing financial interests.

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1146-1155.


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