Hemolytic uremic syndrome–associated Shiga toxins promote endothelial-cell secretion and impair ADAMTS13 cleavage of unusually large von Willebrand factor multimers

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Shiga toxin 1 (Stx-1) and Stx-2 produced by enterohemorrhagic *Escherichia coli* cause the diarrhea-associated hemolytic uremic syndrome (HUS). This type of HUS is characterized by obstruction of the glomeruli and renal microvascularity by platelet-fibrin thrombi, acute renal failure, thrombocytopenia, microvascular hemolytic anemia, and plasma levels of von Willebrand factor (VWF)–cleaving protease (ADAMTS13) activity that are within a broad normal range. We investigated the mechanism of initial platelet accumulation on Stx-stimulated endothelial cells. Stx-1 or Stx-2 (1-10 nM) stimulated the rapid secretion of unusually large (UL) VWF multimeric strings from human umbilical vein endothelial cells (HUVECs) or human glomerular microvascular endothelial cells (GMVECs). Perfused normal human platelets immediately adhered to the secreted ULVWF multimeric strings. Nanomolar concentrations (1-10 nM) of the Shiga toxins were as effective in inducing the formation of ULVWF-platelet strings as millimolar concentrations (0.1-20 mM) of histamine. The rate of ULVWF-platelet string cleavage by plasma or recombinant ADAMTS13 was delayed by 3 to 10 minutes (or longer) in the presence of 10 nM Stx-1 or Stx-2 compared with 20 mM histamine. Stx-induced formation of ULVWF strings, and impairment of ULVWF-platelet string cleavage by ADAMTS13, may promote initial platelet adhesion above glomerular endothelial cells. These processes may contribute to the evolution of glomerular occlusion by platelet and fibrin thrombi in diarrhea-associated HUS. (Blood. 2005; 106:4199-4209) © 2005 by The American Society of Hematology

**Introduction**

The hemolytic uremic syndrome (HUS) is a predominantly renal thrombotic microangiopathy associated with glomerular microvascular platelet adhesion/aggregation and fibrin polymer formation. The consequences are acute renal failure (sometimes accompanied by dysfunction of other organs), thrombocytopenia, and microangiopathic hemolytic anemia.1,12

HUS frequently occurs following an episode of hemorrhagic colitis/diarrhea. Among the offending microbes are *Shigella dysenteriae* serotype 1 or, more frequently, certain enterohemorrhagic serotypes of *Escherichia coli* (O157:H7).3-7 These bacteria produce the exotoxins Shiga toxin (Stx; made by S dysenteriae) or Stx-1 and Stx-2 (made by enterohemorrhagic *E coli* serotypes).8-10 The several Shiga toxins are composed of one A subunit (~33 kDa) and 5 B (binding) subunits (~7.7 kDa each; AB5).10

Toxin B subunits mediate Stx attachment to membrane globotriosylceramide receptors (Gb3, or CD77).10,11 Stx-1 and Stx-2 are nearly identical, whereas Stx-1 and Stx-2 are only 53% to 56% homologous.1,12 The *E coli* serotypes that produce Stx-2 may be more likely to cause HUS in humans.6-9

The injection of single bolus doses of 100 ng/kg of either Stx-1 or Stx-2 leads to HUS in baboons.13-15 Four divided 25 ng/kg doses of Stx-2, but not of the Stx-1, will also induce the syndrome in these primates.13

Gb3 is associated with cholesterol and ganglioside GM1 in mobile lipid membrane “rafts”16 and may be most effectively expressed on the surfaces of human renal endothelial, mesangial, and tubular cells. Similar Gb3 receptors are also present in the membranes of other human cells, including colonic and cerebral microvascular endothelial cells, monocytes, neutrophils, and platelets.10,11,17-22 GM1 molecules are receptors for cholera toxin, which is also composed of one A and 5 B subunits (AB5) that are structurally distinct from the Shiga toxins. (See “Materials and methods” for National Institutes of Health accession numbers for primary amino acid sequences.) *Vibrio cholera* toxin binding to GM1 receptors activates adenylyl cyclase through a G-protein pathway.23-25

Infection of the terminal ileum and colon by enterohemorrhagic *E coli* O157:H7 induces a “cytokine storm.” Microbial H7 flagellin stimulates colonic output of interleukin 8 (IL-8), other C-X-C chemokines, and granulocyte colony-stimulating factor (G-CSF), thereby inducing neutrophil production, attraction, and activation.1,2-28 Stx-1 and Stx-2 attach to monocytes/macrophages and renal cells and stimulate the release of tumor necrosis factor α...
(TNF-α), IL-1, and IL-6. These latter 3 cytokines up-regulate the membrane expression of GB3 in renal, cerebral, and other microvascular endothelial cells by promoting the synthesis of enzymes responsible for the production of GB3 molecules. Additional Stx molecules then attach to the increased number of GB3 receptors in glomerular, and sometimes other, endothelial-cell membranes. It is likely that the relatively specific renal toxicities of Stx-1 and Stx-2 are the result of their transport via cells in the bloodstream to GB3 receptors concentrated in the membranes of glomerular endothelial (and other renal) cells.

The precise explanation for the common observation of glomerular “hyaline” thrombus formation in HUS is not established. Thrombosis has been observed atop glomerular endothelial cells in renal biopsy and autopsy specimens. The endothelial cells in HUS may be swollen, usually remain attached to the underlying basement membrane, sometimes have a widened subendothelial space, and are not accompanied by vessel wall inflammation. Capillary lumina are often narrowed or completely obstructed.

Fibrin is detectable in many to most of the occlusive glomerular thrombi found in postmortem renal sections of patients with HUS or baboons injected with Stx. For example, in a retrospective autopsy study of 31 patients registered at the Johns Hopkins Hospital (Baltimore, MD) as HUS between 1960 and 1999, fibrin was frequently found. Staining for platelets using antibodies to “factor VIII” (presumably von Willebrand factor [VWF]) was, however, done only in a “minority of cases” and could have been negative if any platelets present had extruded their α-granules.

Whether fibrin formation is a primary or secondary phenomenon in HUS is unknown. Unlike the thrombocytopenia (often severe) of Stx-associated HUS, clotting studies are variable in these patients. Fibrinogen levels have been reported to be elevated in HUS, and fibrinogen survival was found to be normal in 2 infants studied 7 days after the onset of HUS symptoms. Heparin therapy in patients, or prophylaxis in a baboon model of Stx-HUS, has been ineffective in preventing development of the syndrome. The administration of hirudin to 3 greyhounds with Stx-induced HUS, or baboons injected with Stx, has been ineffective in preventing development of the syndrome.

Platelet adhesion, and subsequent aggregation, above Stx-stimulated renal glomerular microvascular endothelial cells may contribute to, or possibly even initiate, the formation of platelet-fibrin thrombi characteristic of the thrombotic microangiopathy in Stx-induced HUS. There are relatively few reports of detailed morphologic examination of renal biopsy specimens obtained during HUS episodes. Elegant examples include the electron microscopic studies of biopsies from 6 children with HUS by Courtecuisse et al and the detailed study by Habib et al (including electron microscopy) of biopsy samples from 28 patients with the syndrome. The works of Courtecuisse et al, in 1967, and Habib et al, in 1982, were published before the relationship between Stx and HUS was recognized. Nevertheless, these investigators observed that platelets, often numerous and in contact with endothelial cells, could partially or completely occlude the lumina of glomerular capillaries.

Thrombocytopenia, often progressive, accompanies the evolution of acute renal failure in Stx-induced HUS. It is, therefore, reasonable to suggest that platelet adhesion and aggregation contribute to the partial-complete obstruction of regions of the renal glomerular microcirculation in HUS. In one study of 4 infants with HUS examined 3 to 6 days after the appearance of symptoms, platelet lifespan was shortened in all patients. Thrombocytopenia, glomerular and peritubular capillary platelet microthrombi (observed by electron microscopy) and fibrin, and acute renal failure have also been observed in the baboon model of Stx-induced HUS.

In one study of 4 patients who died of Stx-associated HUS, fibrin (but not VWF antigen) was detected in increased quantity in the glomerular thrombi of 3 patients. Both VWF antigen and fibrin were increased in the arterial and arteriolar thrombi from the fourth patient. The level of VWF expression in the glomerular capillary walls of these patients was not reported. In the baboons that developed HUS after injection of 4 divided doses of 25 ng/kg Stx-2, however, VWF antigenic expression was increased postmortem in glomerular and, especially, peritubular capillary walls. Furthermore, in the greyhound model of Stx-induced HUS, there was impressive accumulation of unusually large VWF (ULVWF) forms in the plasma of the 2 animals studied within 2 days of Stx injection.

Plasma VWF-cleaving metalloprotease (ADAMTS13) activity levels are usually ample in Stx-induced HUS compared with the absent or severely reduced levels in most patients with thrombotic thrombocytopenic purpura (TTP). Failure of ULVWF-platelet string cleavage as a result of absent or severely reduced plasma ADAMTS13 activity is characteristic of the congenital and acquired autoantibody-mediated types of TTP. In contrast to these types of TTP, plasma levels of ADAMTS13 in Stx-associated HUS are not usually absent or severely reduced.

We have investigated the effects of Stx-1 and Stx-2 on ULVWF multimeric string secretion and on ADAMTS13-mediated string cleavage, using both human umbilical vein endothelial cells (HUVECs) and glomerular microvascular endothelial cells (GMVECs).

Materials and methods

Endothelial-cell cultures

HUVECs. Endothelial cells were obtained from human umbilical veins. Umbilical cords were washed with phosphate buffer (140 mM NaCl, 0.4 mM KCl, 1.3 mM NaH2PO4, 1.0 mM Na2HPO4, 0.2% glucose, pH 7.4) and then infused with a collagenase solution (0.02% in phosphate-buffered saline [PBS]; Invitrogen, Carlsbad, CA) for 30 minutes at room temperature. The cords were rinsed with 100 mL phosphate buffer, and eluates containing endothelial cells were centrifuged at 250g for 10 minutes. The cell pellets were resuspended in Medium 199 (Invitrogen) supplemented with 10% to 20% heat-inactivated fetal bovine serum (FBS), 3% penicillin-streptomycin-neomycin (PSN), and 0.2 mM l-glutamine. The endothelial cells were seeded on 35-mm culture dishes or 35-mm glass coverslips coated with 1% gelatin and grown until confluent (5-7 days). The HUVECs used in most experiments were primary or passage 1 cells (additional passages 2-4 were studied only by flow cytometry).

GMVECs. GMVECs (passage 2) were purchased from the Applied Cell Biology Research Institute (Kirkland, WA). The cells were initially from decapsulated glomeruli isolated from normal human kidney cortical tissue and were more than 95% positive for cytoplasmic VWF and E-selectin by immunofluorescence. They were induced to proliferate according to the manufacturer’s instructions in cell systems–certified (CS-C) complete medium containing PSN. Most experiments with GMVECs used cells with passage numbers 3 to 5 seeded onto gelatin-coated 35-mm culture dishes or 35-mm glass coverslips. Passage 6 GMVECs, as well as passage 4 cells, were studied using flow cytometry.

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Gb3 (CD77) on HUVECs and GMVECs. HUVECs and GMVECs were detached by 5 mM EDTA (ethylene-diaminetetraacetic acid), treated with 0.2% paraformaldehyde at 4°C and 0.2% Tween 20 at 37°C, blocked with 10% human serum/PBS, incubated with either IgM mouse anti-Gb3 (CD77)–fluorescein isothiocyanate (FITC) or irrelevant mouse IgM–FITC (as control), and analyzed by flow cytometry (Becton Dickinson FACScan, San Jose, CA). Table 1 shows that about 30% to 60% of HUVECs and GMVECs were positive for Gab3 (CD77). The flow cytometry data are also shown in Figure 1. Burkitt lymphoma cells (GA-10; American Type Culture Collection, Manassas, VA) were used as positive controls (data not shown).62

Stimulation of endothelial cells. To evaluate the capacity of HUVECs and GMVECs to secrete ULVWF multimeric strings, the HUVECs and GMVECs were stimulated for 10 minutes with 0.1 to 20 nM histamine (Sigma-Aldrich, St Louis, MO), 1 to 10 nM purified Stx-1,20,64 1 to 10 nM recombinant Stx-2 (Calbiochem, San Diego, CA), or 30 to 6000 nM cholera toxin (Calbiochem). Purified Stx-1, suspended in PBS, migrated as 2 bands (30-kDa A subunit and 7.5-kDa B subunits) under reducing conditions. According to the manufacturer, recombinant Stx-2 migrated as 2 bands (30-kDa A subunit and 7.2-kDa B subunit). Purified Stx-1 and recombinant Stx-2 in concentrations as low as 10^{-11} M for 10 to 20 minutes stimulated HUVECs to secrete more than 25 ULVWF multimeric strings (3 experiments). To obtain consistently more than 100 ULVWF strings per 20 continuous fields, we used 10^{-9} to 10^{-8} M (1-10 nM) Stx-1 and Stx-2 in the design of subsequent experiments.

Purified Stx-1 may be contaminated by traces of lipopolysaccharide (LPS; undetectable by standard polyclaramide gel electrophoresis), because this substance is difficult to exclude or remove. It is not known if recombinant Stx-2 also contains traces of LPS undetectable by gel electrophoresis. Consequently, in association with the experiments reported in “Results,” we also determined that the direct effect of 1 mg/mL LPS to HUVECs induced the release of only a modest number (11%-30%) of very short ULVWF strings. These results were in contrast to the extremely long ULVWF strings secreted by HUVECs and GMVECs in response to a wide range of Stx concentrations (or to millimolar concentrations of histamine). Additional evidence against any important contribution by LPS to our results on Stx-2–induced secretion of long ULVWF multimeric strings by HUVECs is described in the second paragraph of “Results.”

To stimulate the release of soluble VWF enriched in ULVWF forms, confluent HUVECs were washed with PBS and incubated with a serum-free M199 medium containing 10 µg/mL insulin, 5 µg/mL transferrin, 3% PSN, and 1% glutamine for 48 to 72 hours. The cultured cells were then treated with 0.1 mM histamine or 10 nM Stx-1 or Stx-2 for 10 minutes at 37°C. After incubation, the serum-free medium was collected and centrifuged at 150,000 g for 15 minutes at 24°C to obtain PRP. Platelet and plasma preparations

Human blood was drawn from unmedicated healthy donors. Approval was obtained from the Baylor College of Medicine and Rice University Institutional Review Boards for these studies. Informed consent was provided according to the Declaration of Helsinki. To obtain washed platelets, blood was drawn into acid-citrate-dextrose anticoagulant (ACD; 85 mM sodium citrate, 111 mM glucose, and 71 mM citric acid, 10% vol/vol) containing 0.05 µg/mL antithrombin 3. The blood was centrifuged at 150 g for 15 minutes at 24°C to obtain a platelet-rich plasma (PRP), which was then centrifuged at 900 g for 10 minutes to separate platelet pellets. The platelet pellets were washed once with a CGS buffer ([Tyrode], 138 mM sodium chloride, 5.5 mM glucose, 12 mM sodium bicarbonate, 2.9 mM potassium chloride, and 0.36 mM sodium phosphate dibasic, pH 7.4). Washed platelets were resuspended in Tyrode buffer equivalent to original PRP volume.

For studies using PRP as the source of ADAMTS13, blood was drawn into 3.8% sodium citrate and centrifuged at 150 g for 15 minutes at 24°C to obtain PRP.

Fluorescent microscopy studies under flow

ULVWF strings secreted from endothelial cells were examined by fluorescence microscopy (Nikon Diaphot TE300, Garden City, NY). HUVECs and
GMVECs were grown to confluence on 35-mm round glass coverslips coated with 1% gelatin. The cells were stimulated with either 0.1 mM histamine, 1 nM Stx-1, or 1 nM Stx-2 for 3 minutes at 37°C. The cells were stained and washed directly in the flow chamber (GlycoTech, Rockville, MD) with Tyrode buffer at 0.2 mL/min (60 s⁻¹ shear rate). ULVWF strings were stained with polyclonal rabbit anti-human-VWF IgG and secondary Alexa Fluor 488 F(ab')₂ anti-IgG (Molecular Probes, Eugene, OR) or anti-IgG-HTIC (Vector Labs, Burlingame, CA). Cell nuclei were detected with either 1 nM DAPI (4',6-diamidino-2-phenylindole di-lactate) or 20 μg/mL propidium iodide. For Gb3 (CD77) blocking studies, mouse monoclonal anti–human-CD77 was used at 50 ng/mL (BD Pharmingen, San Diego, CA). Images were taken with a SensiCamQE CCD camera (Cooke, Romulus, MI) and IP Lab software version 3.9.4r4 (Scanalytics, Fairfax, VA) using a ×100 objective (×1000 magnification), aperture 1.3, with appropriate fluorescent filters. In some fluorescent studies the HUVECs were fixed at 0.1 mL/min with 1% paraformaldehyde in PBS and permeabilized with 0.1% Triton-X.

**Parallel-plate perfusion assay of ULVWF-platelet string formation and cleavage**

The formation and cleavage of ULVWF-platelet strings secreted from stimulated endothelial cells was studied under flow in a parallel-plate flow chamber system (GlycoTech) and observed by phase-contrast microscopy using adherent platelets or anti-VWF beads by phase-contrast microscopy using adherent platelets or anti-VWF beads. The points of endothelial-cell anchorage of the ULVWF-platelet (or ULVWF-bead) strings, as well as the entire length of the ULVWF-platelet (or ULVWF-bead) strings floating above the endothelial cells were observed continuously during the experiments reported. The floating ends of the ULVWF-platelet (or ULVWF-bead) strings were not seen to double back and attach to endothelial cells in response to the Stxs, histamine, or any other agent tested. Furthermore, ULVWF-platelet (or ULVWF-bead) strings were anchored to the endothelial cells at only one site, regardless of whether the cell stimulant was Stx-1, Stx-2, or histamine.

The endothelial cells were stimulated for 10 minutes with histamine, Stx-1, Stx-2, or, in some control experiments, choler a toxin. In one set of experiments, histamine stimulation of ULVWF multimeric string secretion by HUVECs was followed by perfusion over the stimulated cells of PRP containing about 100% ADAMTS13 activity. The perfused PRP had been mixed with either buffer or an equal volume of Stx-1 or Stx-2. The quantification of ULVWF strings in 20 fields or repeated photographing of the same field began 2 minutes after the beginning of perfusion with PRP, and so 2 minutes in these experiments is the actual “0” point. The rate of cleavage of ULVWF-platelet or ULVWF–anti-VWF/bead strings was quantified by string counting and photographed at 1- to 2-minute intervals following the addition of ADAMTS13 activity in the normal PRP that had been mixed with either buffer, Stx-1 or Stx-2.

In another set of experiments using rhADAMTS13, HUVECs or GMVECs were stimulated for 10 minutes with either histamine, Stx-1, or Stx-2. The stimulated cells were then perfused with washed normal platelets in Ca²⁺/Mg²⁺-free Tyrode buffer throughout the total period of each run. No additional histamine, Stx-1, or Stx-2 was added to the perfusate of washed platelets in buffer. During the initial 2 minutes after the addition of the washed platelets in buffer to the previously stimulated HUVECs or GMVECs, the platelets adhered to the ULVWF strings. During the next 2 minutes, the ULVWF strings were quantified in 20 fields or photographed in a single field. Then, rhADAMTS13 was added to the washed platelets in buffer, and the perfusion was continued for another 10 to 15 minutes with string counting in 20 fields or photographing of the same field every 1 to 2 minutes.

**Static conditions.** The rhADAMTS13 activity was measured under static conditions using HUVEC supernatant containing VWF enriched in ULVWF as the substrate. This method was modified from Furlan et al.53,59,60 Stx-1, Stx-2, or buffer was mixed with rhADAMTS13. A final concentration of 1 mM Pefabloc was added to inhibit serine protease activity (Roche Labs, Indianapolis, IN). The samples were diluted (1:5) with low ion strength Tris (tris(hydroxymethyl)aminomethane)–saline also containing 1 mM Pefabloc, and activated for 5 minutes with 1 mM BaCl₂. The activated samples were then mixed at a ratio of 2:1 with supernatant containing VWF enriched in ULVWF. The mixture was dialyzed in 1.5 M urea for 24 hours at 37°C, and the reaction was stopped by the addition of 0.02 M EDTA. The samples were subjected to 10% PAGE. No additional histamine, Stx-1, or Stx-2 was added to the perfusate of washed platelets in buffer. During the initial 2 minutes after the addition of the washed platelets in buffer to the previously stimulated HUVECs or GMVECs, the platelets adhered to the ULVWF strings. During the next 2 minutes, the ULVWF strings were quantified in 20 fields or photographed in a single field. Then, rhADAMTS13 was added to the washed platelets in buffer, and the perfusion was continued for another 10 to 15 minutes with string counting in 20 fields or photographing of the same field every 1 to 2 minutes.

**Amino acid sequence comparisons**

The primary amino acid sequences of Stx-1 subunit A (accession no. CAA85370), Stx-2 subunit A (CAA85780), Stx-1 subunit B (CAAB85371), and Stx-2 subunit B (CAAB85371) showed no homology above 25% identity. The primary amino acid sequences of Stx-1 subunit A (accession no. CAA85370), Stx-2 subunit A (CAA85780), Stx-1 subunit B (CAAB85371), and Stx-2 subunit B (CAAB85371) were used to design a dynamic alignment for each set of sequences. The amino acid sequences of Stx-1 subunit A (accession no. CAA85370), Stx-2 subunit A (CAA85780), Stx-1 subunit B (CAAB85371), and Stx-2 subunit B (CAAB85371) served as the query sequences, and the dynamic alignment was performed using the software package ClustalW. The dynamic alignment was used to generate a phylogenetic tree using the neighbor-joining method. The phylogenetic tree showed that Stx-1 and Stx-2 are highly conserved in their primary amino acid sequences, with a maximum identity of 90% between Stx-1 subunit A (accession no. CAA85370) and Stx-2 subunit A (CAA85780) and a minimum identity of 60% between Stx-1 subunit A (accession no. CAA85370) and Stx-2 subunit B (CAAB85371).
Stx-2 subunit B (CAA85781), VWF (P04275), ADAMTS13 (CAC83682), and IL-6 (NP_000591) were aligned using the BLAST2P program at the National Center for Biotechnology Information (NCBI; http://www.ncbi.nlm.nih.gov/). Cholera toxin subunits A (AAM22586) and B (CAA53976) were compared with subunits A and B of Stx-1 and Stx-2 using the same program.

**Statistical analysis**

All experimental data were presented as mean plus or minus average deviation of data points from their mean.

**Results**

**ULVWF string secretion by HUVECs and GMVECs**

Unstimulated HUVECs and GMVECs (Figures 2-3) were packed with VWF granules (Figures 2A and 3C). Both endothelial-cell types secrete long ULVWF multimeric strings within 10 minutes after stimulation under flowing conditions by either millimolar concentrations (0.1-20 mM) of the known endothelial-cell VWF secretagogue, histamine,57,58 (Figure 2B) or nanomolar concentrations (1-10 nM) of Stx-1 or Stx-2 (Figures 2C-E and 3D).

A monoclonal antibody to Gb3 receptors (CD77) added before Stx stimulation completely blocked the secretion of ULVWF strings (Figure 2F), demonstrating that the process requires Stx–Gb3 binding. This result also indicates that there is little or no contribution to Stx-2–stimulated ULVWF string secretion by any contaminating LPS in recombinant Stx-2 under the conditions of these experiments.

The morphology of the GMVECs is shown in Figure 3A-B. In all experiments reported in “Results” a low flow rate was used because of the fragility of the GMVECs (passages 3-5), that is, their propensity to peel from coverslips under higher flow conditions. Experiments were all completed within 30 minutes. After 1 hour of exposure to 10 nM of either Stx-1 or Stx-2, more than 90% of the HUVECs remained viable, and there was no detectable alteration in GMVEC number or morphology (eg, no cell peeling or shrinkage [data not shown]). After 6 hours of exposure to 10 nM of either Stx-1 or Stx-2, 75% of HUVECs remained viable (data not shown).

**Platelet adherence to ULVWF strings above Stx-stimulated HUVECs and GMVECs**

Flowing normal platelets, formalinized platelets (with intact glycoprotein Ibα [GPIbα], but not αIIb-β3, receptors), or anti-VWF beads57 adhered as singlets and small clumps along the length of individual ULVWF strings secreted by HUVECs and GMVECs in response to 20 mM histamine or 1 to 10 nM Stx-1 or Stx-2 (Figure 4).

The ULVWF-platelet strings were quantified and photographed in real time using phase-contrast microscopy. Nanomolar concentrations (1-10 nM) of Stx-1 or Stx-2 induced the formation of as many ULVWF strings in 10 minutes as were induced by a millimolar concentration (20 mM) of histamine (Figure 5A). In separate experiments, small quantities of VWF enriched in ULVWF in soluble form could be detected within minutes in the supernatants of stimulated HUVECs (Figure 5B) or over the course of 24 to 48 hours in the supernatants of unstimulated HUVECs or GMVECs (Figure 3E).

Cholera toxin is an AB5 toxin analogous to Stx-1 and Stx-2 and binds to GM1 receptors in the membrane lipid “rafts” that also contain the Shiga toxin Gb3 receptors. Under identical flowing conditions, cholera toxin, in concentrations 30 to 6000-fold greater than Stx-1 or Stx-2, induced the output of only 10% to 20% as many ULVWF-strings from HUVECs and GMVECs as were induced by 10 nM Stx-1 or Stx-2 (data not shown).
Stx-mediated inhibition of ULVWF-platelet string cleavage by ADAMTS13

ADAMTS13 activity in normal citrated PRP was evaluated under flow by quantifying the persistence of ULVWF-platelet strings produced above HUVECs stimulated by 20 mM histamine. Cleavage of the histamine-induced ULVWF-platelet strings by ADAMTS13 was compared using normal PRP samples that had been mixed with either buffer or bovine serum albumin (BSA; as controls), Stx-1 or Stx-2, or EDTA, which is a known ADAMTS13 inhibitor53,57-61 (Figure 6A). After 2 minutes of flow (the first time point examined), ADAMTS13 cleavage of the ULVWF-platelet strings was impaired in PRP mixed with Stx-1, Stx-2, or EDTA.
The number of ULVWF-platelet strings that remained uncleaved by the ADAMTS13 in normal PRP was greater in the presence of Stx-1 or Stx-2 (10 nM) than in the presence of buffer after 2, 3, and 4 minutes of perfusion (n = 4–7).

In contrast to the irreversible inhibition of ADAMTS13 activity by EDTA, inhibition of ADAMTS13 by Stx-1 or Stx-2 became less pronounced as flow continued for an additional 2 (Figure 6B) to 6 minutes (not shown).

The rhADAMTS13 cleaved ULVWF-platelet strings secreted by HUVECs stimulated by 20 mM histamine in a reaction that was dose dependent (Figure 7A) and inhibited by EDTA (not shown). The ULVWF-cleaving protease activity of rhADAMTS13 in dilutions of 1:5 to 1:10 was similar to the activity in the citrated PRP obtained from 20 healthy donors.

In addition, rhADAMTS13 cleaved soluble VWF enriched in ULVWF forms (from endothelial-cell supernatant) under static conditions. These conditions include prolonged incubation (24 hours), low ionic strength, and the presence of barium and urea. Under these nonphysiologic conditions, neither Stx-1 nor Stx-2 (Figure 7B) inhibited the capacity of rhADAMTS13 to cleave soluble large and unusually large VWF forms (which, therefore, disappeared from the gel lanes) unless EDTA was also added to the mixture.

In contrast, there was delayed cleavage by rhADAMTS13 (1:10) of ULVWF-platelet strings formed in response to stimulation of HUVECs or GMVECs by 10 nM Stx-1 or Stx-2, compared with endothelial-cell stimulation by 20 mM histamine (Table 2; Figure 8). ULVWF-platelet string counting data in 20 contiguous fields over time, as well as examples of single-field photographs of ULVWF-platelet strings during these time periods, are shown for confluent HUVECs in Table 2 and Figure 8. For GMVECs, single-field photographs of ULVWF-platelet strings during similar time periods are shown. GMVECs in culture grow as “islands” composed of many cells, and the cell islands may not be completely confluent. It is more difficult to count quickly 20 fields of ULVWF-platelet strings secreted from noncontiguous stimulated cells.

The data shown in Table 2 and Figure 8 suggest that either Stx-1 or Stx-2 impairs the cleavage of ULVWF-platelet strings by interfering with normal human (plasma or recombinant) ADAMTS13 binding to, or cleavage of, ULVWF-platelet strings formed above stimulated endothelial cells. The inhibitory effect of the Stxs on ULVWF-platelet string cleavage by ADAMTS13 is more impressive using normal PRP than using normal platelets in buffer containing rhADAMTS13 (compare Figure 6 and Table 2).

One possible explanation for this difference is that other proteins in plasma (e.g., VWF) bind to plasma ADAMTS13 and delay or prevent some of the plasma ADAMTS13 molecules from gaining access to the ULVWF-platelet strings as readily as in the platelet-buffer-rhADAMTS13 system.69

Stx, which stimulates ULVWF string output via binding to Gb3, may interfere with ADAMTS13 cleavage by attaching to ULVWF strings as they are secreted from Stx-stimulated endothelial cells. This possibility is more likely than Stx attachment to rhADAMTS13 for the following reason. Stx-stimulated endothelial cells were perfused with washed platelets in buffer (containing no

| Table 2. Cleavage of ULVWF-platelet strings by rhADAMTS-13 |
|-----------------|-----------------|-----------------|-----------------|-----------------|
|                  | Before          | 2 min after     | 3 min after     | 4 min after     |
| Stx-1            | rhADAMTS-13    | rhADAMTS-13     | rhADAMTS-13     | rhADAMTS-13     |
| Histamine        | 119 ± 17.1     | 25 ± 12         | 3 ± 3           | 1 ± 1           |
| Stx-1            | 112 ± 28       | 34 ± 9          | 21 ± 7          | 12 ± 6          |
| Stx-2            | 122 ± 43       | 38 ± 15         | 24 ± 11         | 11 ± 4          |

The number of ULVWF-platelet strings secreted by HUVECs stimulated by 20 mM histamine or 10 mM Stx-1 or Stx-2 for 10 minutes prior to the experiment was quantified 2 minutes after beginning the perfusion of washed platelets in buffer over the previously stimulated cells. (No additional histamine or Stx was added to the washed platelet perfusate.) After counting the ULVWF strings, rhADAMTS13 was added to the washed platelets in buffer, and the perfusion was continued for another 10 to 15 minutes with string counting in 20 fields or photographing of the same field every 1 to 2 minutes.
additional Stx) for a total of 4 minutes between the end of the Stx stimulation period and the beginning of perfusion with washed platelets in buffer and rhADAMTS13. It would be reasonable to presume that little, if any, free Stx would be available to interact with added rhADAMTS13 under these experimental conditions.

Further explanation of the mechanism of this inhibition is not presently available. The answer is not obvious from sequence comparisons of the proteins involved. That is, there are no detectable homologies among the primary amino acid sequences of Stx-1, Stx-2, the domains of ADAMTS13, or the VWF monomeric subunit that would suggest competitive interactions among peptide portions of these molecules (NCBI; http://www.ncbi.nlm.nih.gov/).

Discussion

This study demonstrates that nanomolar concentrations of Stx-1 or Stx-2 stimulate the secretion of ULVWF multimeric strings from both HUVECs and GMVECs. The Stx-stimulation of glomerular endothelial cells may contribute to the elevated levels of VWF found in the plasma of most patients with diarrhea-associated HUS.70-74 In the baboon model of Stx-induced HUS, however, it was concluded that LPS was predominantly responsible for the elevated plasma levels of VWF antigen in the small number of animals studied.14

ULVWF strings remain attached to the endothelial cells via P-selectin molecules secreted concurrently with ULVWF from Weibel-Palade bodies.75 Normal platelets, formalinized platelets (with functional GPIbα-IX receptors), beads coated with anti-VWF or, as previously shown,57 CHO cells expressing GPIbα-IX complexes adhere to the ULVWF strings as the platelets, beads, or CHO cells flow through the “thicket” of secreted ULVWF strings. Attachment of platelets to the ULVWF strings is, therefore, mediated by ULVWF-GPIbα-IX binding. Extensive platelet attachment to ULVWF strings secreted by Stx-stimulated glomerular endothelial cells in vivo may explain the thrombocytopenia and acute thrombotic obstruction of the renal microvasculature in patients with HUS. Thrombocytopenia and intrarenal thrombosis are even more likely under the higher flow/shear conditions of the glomerular microcirculation. At higher in vitro levels of shear stress (20-40 dynes/cm²), activation of platelets attached to the ULVWF strings occurs and results in the formation of platelet aggregates.76

Exposure of endothelial cells in culture to Stx-1 or Stx-2 for more than 1 hour results in progressive cell injury and death. In contrast, exposure to nanomolar concentrations of these toxins for minutes (as described in this study) causes rapid and profuse secretion of ULVWF multimeric strings from HUVECs and GMVECs. The 1- to 10-nM concentrations of Stx-1 and Stx-2 used in most of our experiments are more than 1000-fold greater than the levels expected in the blood of baboons after the injection of 25 to 100 ng/kg13,14,32 or greyhounds after the injection of 30 to 50 ng/kg.49 The lower doses of Stx given to the baboons and dogs, however, would be expected to recirculate repeatedly bound to blood cells and in plasma. In contrast, our larger doses of Stx-1 or Stx-2 were added to cultured endothelial cells as a one-time in vitro

Figure 8. Stx-1 and Stx-2 inhibit ULVWF-platelet string cleavage by rhADAMTS13. Washed normal human platelets in Ca²⁺/Mg²⁺-free Tyrode buffer were perfused continuously over HUVECs (A-B) or GMVECs (C-D) that had been stimulated for 10 minutes with histamine (20 mM; A,C), Stx-1 (10 nM; B) or Stx-2 (10 nM; D). ULVWF-platelet strings formed during the initial 2 minutes were photographed in a single field in the next 2 minutes. Washed platelets in buffer containing rhADAMTS13 (1:10 dilution; no additional histamine or Stx) were then perfused over the endothelial cells, and the ULVWF-platelet strings were photographed repeatedly in the same microscopic field (original magnification × 400) at the time intervals shown. A vertical line indicates the addition of rhADAMTS13. Arrows indicate ULVWF-platelet strings that were cleaved by rhADAMTS13 in about 2 minutes during the perfusion of endothelial cells that had been stimulated previously by 20 mM histamine (A,C), but persisted for more than 3 to 5 minutes (> 10 minutes in many experiments) during the perfusion of endothelial cells that had been stimulated previously by 10 nM Stx-1 (B) or Stx-2 (D). Each of these photos is representative of 3 to 20 experiments.
exposure. In addition, the endothelial cells in our in vitro experiments were primary or passage 1 HUVECs and passage 3 to 5 GMVECs, and likely had some metabolic and structural compromise associated with their isolation and maintenance in tissue culture, compared to endothelial cells in vivo in the baboon and greyhound models of HUS. The secreted ULVWF strings induce the immediate adhesion of flowing platelets. The cleavage and elimination of the ULVWF-platelet strings by plasma ADAMTS13 (~100% activity) or by rhADAMTS13 (adjusted to ~100% activity) is delayed by several minutes in the presence of either Stx-1 or Stx-2. This vigorous ULVWF string secretion, ULVWF-platelet string formation, and the associated delay in ULVWF-platelet string cleavage may combine to initiate platelet adhesion above Stx-stimulated glomerular endothelial cells. These events may exceed the counteractive ULVWF-platelet string cleaving capacity of circulating ADAMTS13, even though the plasma levels of ADAMTS13 are usually normal (or only modestly reduced), and promote thrombotic microangiopathy, acute renal failure, and HUS.

The days of delay between the initial entrance of Stx into the bloodstream and the development of overt HUS in patients may be related to the cumulative processes of ULVWF-platelet adhesion and subsequent aggregation atop Stx-stimulated renal glomerular endothelial cells. The plasma ADAMTS13 activity in Stxs-associated HUS is not usually reduced. Our in vitro observations suggest that Stx-induced HUS may be associated with (1) increased, persistent ULVWF-platelet string formation atop Stx-stimulated glomerular endothelial cells and (2) modestly decreased rates of cleavage of ULVWF-platelet strings by plasma ADAMTS13 in the presence of Stx-1 or Stx-2.

The combination of these 2 factors (ie, points 1 and 2) may account for a continuous increase, over the course of days, in the number of glomeruli that become partially or completely obstructed by platelet (and/or platelet-fibrin) thrombi. When platelet production can no longer compensate for the putative intrarenal platelet deposition, then patients would be expected to develop thrombocytopenia of an extent that reflects the production/deposition disparity. When the function of a sufficient number of glomeruli becomes compromised by platelet, platelet-fibrin or, eventually, fibrin thrombotic occlusion, then patients would be expected to manifest signs of acute renal failure.

These effects of Stx-1 and Stx-2 are likely to be potentiated by the “cytokine storm” that accompanies enterohemorrhagic E. coli infection. We have shown previously that TNF-α, IL-8, and IL-6 (in complex with the soluble IL-6 receptor) all stimulate endothelial-cell secretion of ULVWF multimeric strings accompanied by the rapid adhesion of flowing platelets. Of these 3 cytokines, IL-6 has effects similar to Stx-1 and Stx-2 in that it both stimulates ULVWF multimeric string secretion (and platelet adherence) and impairs the rate of ULVWF-platelet string cleavage by ADAMTS13. The effects in vitro of the 2 Stxs and 3 cytokines on endothelial-cell ULVWF secretion and ULVWF-platelet string cleavage by ADAMTS13 are summarized in Table 3.

Both choler toxin and the Stxs are AB₅ toxins that bind to separate specific receptors in the lipid rafts of plasma membranes (Gb3 for the Stxs and GM1 for choler toxin). In vitro, choler toxin stimulated only about one tenth to one fifth as much ULVWF string secretion by endothelial cells as did Stx-1 and Stx-2 at 1000-fold lower concentrations. It is not known if any toxin other than Stx-1 and Stx-2 (at nanomolar-micromolar concentrations) is also capable of stimulating ULVWF string secretion by endothelial cells, or delaying ADAMTS13 cleavage of ULVWF-platelet strings.

Table 3. Summary of in vitro effects by Shiga toxins and cytokines associated with HUS on cultured endothelial-cell ULVWF string secretion and cleavage by ADAMTS-13

<table>
<thead>
<tr>
<th>Cytokine</th>
<th>ULVWF secretion</th>
<th>Inhibition of ADAMTS-13</th>
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<tbody>
<tr>
<td>TNF-α</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>IL-8</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>IL-6</td>
<td>Yes*</td>
<td>Yes</td>
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<tr>
<td>Stx-1</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Stx-2</td>
<td>Yes</td>
<td>Yes</td>
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</tbody>
</table>

*IL-6 stimulation of ULVWF string secretion requires the presence of soluble IL-6 receptor.

Only the Stxs may cause these effects in vivo, and predominantly in the glomerular microcirculation, because they are unique in being transported on monocytes and platelets through the bloodstream to congregate on glomerular endothelial Gb3 receptors.

The mechanism of this inhibitory effect by Stx-1, Stx-2, and IL-6 is not yet known. None of the 3 inhibits the ADAMTS13 cleavage of soluble VWF enriched in ULVWF forms during prolonged incubation with BaCl₂ and urea under static conditions. The Stxs cause a delay in ULVWF-platelet string cleavage by ADAMTS13 that is not detected when the interaction between soluble ULVWF and ADAMTS13 occurs over the course of many hours, in the presence of Ba²⁺, and under denaturing conditions.

Nishio et al recently reported that the VWF A1 domain exerts a negative influence on VWF cleavage by ADAMTS13. These investigators found that the binding of the VWF A1 domain to platelet GPIbα renders the adjacent VWF A2 domain more susceptible to proteolysis by ADAMTS13. Our evaluation of the rate of ADAMTS13 cleavage is based on the timed disappearance of strings of platelets adherent to ULVWF multimers. Stx-1 and Stx-2 impair ULVWF-platelet string cleavage by ADAMTS13 but not ADAMTS13 cleavage of soluble ULVWF in the presence of chemical additives. One possible explanation for these results is that some structural alteration in the VWF A2 domain, caused by platelet attachment to the VWF A1 domain, is required before Sttxs can interfere with ADAMTS13 cleavage of ULVWF-platelet strings. It is not yet known if Stx-1 and Stx-2 (and, perhaps, IL-6) delay ULVWF-platelet string cleavage by competitive inhibition of ADAMTS13, by affecting VWF A1-GPIbα interactions in a manner that maintains some of the negative A1 modulation on A2 cleavage, or by some other mechanism currently unknown.

Previous in vitro experiments under flowing conditions using dermal microvascular endothelial cells (and HUVECs) by Morigi et al demonstrated that Stx-1 induced the increased cell-surface exposure of α₅β₁, α₂β₃, P-selectin, and platelet endothelial-cell adhesion molecule 1. These investigators also found that VWF was of critical importance in platelet thrombus formation above the perfused endothelial cells. P-selectin contains a transmembrane domain that enables it to anchor secreted ULVWF multimeric strings to endothelial-cell membranes. The arginine-glycine-aspartate (RGD) region at amino acid residues 1744-1746 of mature VWF monomeric subunits binds to α₅β₁ and α₂β₃ integrins and may allow secreted ULVWF multimeric strings to fold over onto the surface of some Stx-stimulated endothelial cells under flowing conditions and induce platelet adhesion.

Our in vitro results are compatible with in vivo observations in a primate model of Stx-induced HUS. Pysher et al found in
baboons that the single intravenous injection of 100 ng/kg Stx-1 caused increased VWF expression in glomerular and peritubular capillaries and increased circulating levels of TNF-α, IL-8, and IL-6. The intravenous injection of 4 doses of 25 ng/kg Stx-2 into the animals was associated with increased IL-6 levels. The outcome in the baboons given injections of either Stx-1 or Stx-2 was glomerular thrombotic microangiopathy and HUS.13,14 Our in vitro results are also compatible with the findings by Raife et al.29 that injection of 30 to 50 ng/kg into greyhounds induced the rapid appearance of ULVWF forms in dog plasma and symptoms of HUS.

Our in vitro experiments could not distinguish important differences between the actions of directly added Stx-1 and Stx-2 at 1 to 10 nM. Both stimulate endothelial-cell ULVWF secretion and delay ADAMTS13 cleavage. Furthermore, either intravenous Stx-1 or Stx-2 is capable of inducing HUS in baboons and greyhounds.13,14,32,49 These findings together suggest that the reported greater propensity for HUS in individuals exposed to Stx-2, as opposed to Stx-1, may be explained by events at the portal of entry for the Stxs. For example, there is increased efficiency of transcolonic transport of Stx-2 into the circulation of humans. The signals transduced rapidly by Stx-1 or Stx-2 attachment to GB3 to stimulate ULVWF multimeric string secretion are unknown. Candidates include nuclear factor κB (NF-κB), activator protein 1 (AP-1),78 and several protein kinases.79 Ishii et al.78 reported that the generation of NF-κB and AP-1 activates the tissue factor promoter region of chromosome 1 and increases cell exposure of tissue factor. Up-regulation of tissue factor on cultured human proximal tubular epithelial cells has also been reported recently.41 Binding and activation of factor VII would then be expected to lead to the thrombin generation and fibrin polymer formation that contribute to the intrarenal thrombi in HUS.1,2,41 The thrombin generation (and fibrin formation) may be potentiated by Stx disruption of the interaction between thrombin and thrombomodulin and consequent interference with the protein C/S coagulation control pathway.80,81

As the thrombotic lesions progress, Stx-stimulated ULVWF string secretion, along with ADAMTS13 inhibition, may continue to induce platelets to accumulation in the HUS lesions.

In summary, we have described profuse HUVEC and GMVEC secretion of ULVWF multimeric strings, rapid adherence of flowing platelets to the ULVWF strings, and delayed ADAMTS13 cleavage of the ULVWF-platelet strings in the presence of Stx-1 or Stx-2. The effects described may initiate ULVWF-mediated platelet adhesion and thrombus formation above Stx-stimulated glomerular endothelial cells in diarrhea-associated HUS, even with plasma ADAMTS13 levels within the normal range. These in vitro findings may help to explain the elevated plasma VWF, thrombocytopenia, and acute renal failure in these patients.

References


Hemolytic uremic syndrome–associated Shiga toxins promote endothelial-cell secretion and impair ADAMTS13 cleavage of unusually large von Willebrand factor multimers

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